

EDUCATION AND TRAINING TIPS & TRICKS

WHAT MAKES GREAT TRAINING?

Great trainers must be able to adjust the delivery of their training in order to meet the needs of their learners. Trainers that are knowledgeable, enthusiastic and utilize humor, tend to have successful training sessions. There are many things you can incorporate to ensure your training is successful.

Make Training Memorable!

ASSESS YOUR TRAINING

The best way to assess your training program, is to get feedback from those who attend your training sessions. Once you obtain the feedback make sure you review it objectively. Remember, your goal is to ensure your training is great. Feedback can make the difference between having good, average and excellent training.



EXAMPLES OF WHAT MAKES GREAT TRAINING

Adult learners share their perceptions about what great training means. Review the following to see if you are meeting the needs of your adult learners.

- It responded to my needs.
- I could see how it applied to me.
- There was a lot of participation.
- I was drawn in quickly.
- The explanations were clear and concise.
- I could relate to the examples.
- It applied to my job.
- I could ask questions at any time.
- I didn't feel stupid.
- I understood where I was going.
- There were lots of takeaways I could use.
- It helped me do my work better.
- The session was interactive.
- I could try out what was taught.
- I got feedback on how I did.
- There was warmth and humor.
- I learned a lot from the other participants.
- The materials were clear and useful.
- I felt respected.
- There was lots of two-way communication.
- There wasn't a lot of time wasted.
- The instructor "spoke my language."
- I felt I added value to the session.
- I learned a lot of useful stuff for me.

If you can check all the boxes, then you are well on your way to having a great training session.

Education and Training Request? Please submit your request at:
<https://info.health.mil/hco/phealth/edtrain/Pages/ETRF.aspx>

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