## **CREATIVE ACTIVITIES RESOURCE – DoD Patient Safety Program**

The activities provided below are suggestions to help guide your SAW commemorations from March 13-19, 2022. Whether you use these as a guide or develop your own activities, have fun participating in PSAW! Discuss photography and article needs with your public affairs representative well in advance of your event. Please tag all PAO-approved photos/articles shared on social media with #MHSPatientSafetyWeek or email to DHA.patientsafety@mail.mil. Also, please share the DHA PSAW video and other graphics and social media resources, available in the DHA PSAW Toolkit. For more information on the Patient Safety Program, visit the Patient Safety Program PSAW page on Health.mil.

Remember that all of the activities must meet current guidelines on safe social distancing requirements.

## Monday - March 14, 2022

Have a sports day and wear your team's jerseys or team colors. Use football or basketball terms to describe patient safety actions. Decorate the breakroom/hallways and use the terms below. For example:

- "Tackle" problems before they occur: Remind staff to always use two patient identifiers, confirm the correct procedure and site, and complete medication reconciliation forms.
- "Hand-off": Remind staff about proper hand-off communication.
- "Time outs": Involve the whole team in the surgical time out.
- "Get to the goal line": Focus on ways to meet Joint Commission's National Patient Safety Goal for medication safety, take extra care with patients who take blood thinners, and label all syringes and medication on and off areas where medicines and supplies are set up.
- "Safety": Address issues such as not recapping needles or passing instruments in the safe zone and ensuring alarms can be heard.
- "Defense": Remember proper hand hygiene as a good preventative measure.
- "Promote teamwork": Unsportsmanlike conduct is a penalty.

## Tuesday - March 15, 2022

Apply the popular KonMari Method to patient safety. This method trend uses various strategies to declutter and organize an environment. For example:

- Throughout the day, ask patients and/or staff to identify and document actions or clinic procedures
  they believe impede the path to patient care. Healthcare staff will then take these notes, discuss
  them as a healthcare team, and consider solutions that will alleviate the patient's concerns and
  "spark joy" for the patient and healthcare team.
- Organize materials in supply rooms, medical storage closets, or patient areas to create sterile, clean, and organized environments that "spark joy". Store items used most often within easy reach and place lesser used items on shelves or on the ground in clear containers.

## Wednesday - March 16, 2022

Hold an "Escape Room" where teams of 4-6 people use critical thinking skills and teamwork to solve puzzles and complete a mission about patient safety. Teams will have 25 minutes to solve puzzles and make the mock patient as safe as possible before they can escape the room. For example:

- Participants can sign up as teams or individuals using online or in-person sign-up sheets.
- Consider having the "Escape Room" open from 5:00am-2:00pm to ensure that night shift workers can participate in the event.
- Have two people or organizers oversee the "Escape Room" throughout the day.
  - o Teams can be multidisciplinary (e.g., social workers, physical therapists, MDs, CNAs, nursing students, quality and safety team).
  - o Participants can solve four puzzles and respond to hints and clues to escape the room.
- The "Escape Room" format will allow for different types of learning (auditory, visual, and kinetic), and participants can touch items and discuss openly.
- After each team completes the mission, teams should debrief with the "Escape Room" organizers.
  - Puzzle Example: Four antibiotics are running on four separate channels on an IV pump. The
    IV tubing has become tangled, causing two of the channels to malfunction and stop working.
    The team needs to determine which antibiotic orders to administer to the patient.

### Thursday - March 17, 2022

Play patient safety Bingo or Jeopardy! To play Bingo, print and distribute copies of the Bingo sheets below to patients or staff. To play Jeopardy, visit the <u>Jeopardy Labs website</u> to find a ready-to-go template or create your own sheet! Use categories such as patient identification, communication, infection, safety risks, and medication safety to write answers that participants must match with the correct questions.

### Friday - March 18, 2022

Ask a small healthcare team (2-3 people) to dress as purple monsters. This team will walk around the facility questioning staff about which types of personal protective equipment should be worn when preventing exposure to blood and bodily fluids.

#### \*Additional Activities\*

- Host a "Quality and Patient Safety Fair." A senior staff member can dress up as a train conductor and hop on and off the train as they explain the components of clinical excellence.
- Use "Safety Sam/Samantha" (a CPR mannequin) and pretend he/she is brought to the hospital after a car accident. The mannequin should be placed in a makeshift hospital room, and staff must name at least five things that were missed or went wrong with Sam's care.
- Draw a picture of a patient area with 10 to 15 safety violations. Post it wherever learners are most likely to see it (e.g., bulletin boards, computer screens, hospital newsletter, etc.) Offer a prize (e.g.,

bag of Goldfish or gummy fish for a "good catch") for the first 10 nurses, or others as appropriate, who correctly identify the violations. Making a "contest" with a reward attached generates discussion and stimulates interest.

- Write a scenario involving a medication error. Ask nurses to respond by identifying the point(s)
  where the error could have been prevented. Include a variety of points, such as the order being
  transcribed incorrectly, mislabeling at the pharmacy, failure to check patient identifiers, etc.
- In addition, ask the nursing staff to come up with a creative scenario about error prevention. Come up with guidelines and make it a contest with members of the education council or other groups acting as judges.

## DoD Patient Safety Program Patient Safety Awareness Week, March 13-19, 2022 BINGO

#### Bingo Sheet #1

Clean Up Spills	Best Safety Practices	Infection Was Prevented	Level of Urgency	First Aid Kit Locations
Clearly Communicated	Oh No, Not the Scale!	Military Treatment Facility	Courteous Greeting	Received Patient Care Plan
Latex Free Gloves	Assessment	FREE	Question and Clarify	Nurse
Safety Concerns	Identified Patient Correctly by Name	Pharmacist	Active Participant in Care	Healthcare Team
Doctor	Discussed Safe Medicine Usage	Teamwork	Patient and Family	I Had a Great Visit Today!

Thank you for playing and participating in Patient Safety Awareness Week! #MHSPATIENTSAFETYWEEK

Patient Safety Awareness Week (PSAW) is a national education and awareness-building campaign to encourage all hospitals, clinics, and healthcare organizations to participate in the journey towards safer care and zero harm. For more information, visit the <a href="DoD Patient Safety Program">DoD Patient Safety Program</a> website.

# DoD Patient Safety Program Patient Safety Awareness Week, March 13-19, 2022 BINGO

### Bingo Sheet #2

Clean Up Spills	Level of Urgency	First Aid Kit Locations	Best Safety Practices	Infection Was Prevented
Clearly Communicated	Courteous Greeting	Received Patient Care Plan	Oh No, Not the Scale!	Military Treatment Facility
Latex Free Gloves	Question and Clarify	FREE	Assessment	Nurse
Safety Concerns	Active Participant in Care	Healthcare Team	Identified Patient Correctly by Name	Pharmacist
Doctor	Patient and Family	l Had a Great Visit Today!	Discussed Safe Medicine Usage	Teamwork

Thank you for playing and participating in Patient Safety Awareness Week!

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# DoD Patient Safety Program Patient Safety Awareness Week, March 13-19, 2022 BINGO

#### Bingo Sheet #3

First Aid Kit Locations	Clean Up Spills	Discussed Safe Medicine Usage	Infection Was Prevented	I Had a Great Visit Today!
Question and Clarify	Safety Concerns	Identified Patient Correctly by Name	Pharmacist	Active Participant in Care
Received Patient Care Plan	Clearly Communicated	FREE	Oh No, Not the Scale!	Courteous Greeting
Nurse	Latex Free Gloves	Assessment	Military Treatment Facility	Healthcare Team
Level of Urgency	Doctor	Best Safety Practices	Teamwork	Patient and Family

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