

**90%**  
**OF ALL EYE**  
**INJURIES**  
CAN BE  
PREVENTED  
BY USING  
PROTECTIVE  
EYEWEAR

**S<sup>3</sup>** | SHIELDS  
SAVE  
SIGHT  
VISION CENTER OF EXCELLENCE

**VISION CENTER  
OF EXCELLENCE**  
vce.health.mil



# ON DUTY & OFF SHIELDS SAVE SIGHT

Do everything you can to shield your eyes against accidents.



**Wear appropriate safety eyewear or DoD-approved, APEL eye protection if you are...**

- » In training or as required by regulations, directives and orders
- » Doing work or working around those producing particles, slivers or flying debris
- » Spending time in an area with exposure to Ultraviolet Light (UV)



**Proactive eye safety serves you on and off duty. Remember to wear eye protection when...**

- » Doing chores that potentially produce slivers, particles or flying debris (e.g., hammering, grinding, shop work, lawn and garden work)
- » Playing sports (e.g., basketball, skiing, hunting, racquetball, etc.)
- » Using household cleaning products or other chemicals

