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SAVE
SIGHT
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WHEN THERE'S AN INJURY

3 STEPS TO SAVE SIGHT

Bystanders usually provide the first assistance on the scene in an emergency. Knowing how to properly respond to an eye injury can save sight.



STEP 1: SURVEY

Survey the situation. If the injury is from chemical exposure, immediately irrigate the eye copiously. Otherwise do not put anything on or in the eye, such as ointments or eye drops. Do not patch the eye.



STEP 2: SHIELD

Shield the eye. Use the rigid eye shield provided in the Individual and Joint First Aid Kits or anything that provides a hard cover over the eye, such as eye protective gear, ballistic glasses or goggles, or the bottom of a disposable cup (e.g., Styrofoam, plastic or paper). Do not put gauze under the shield.



STEP 3: SEEK

Seek care. Avoid actions that put pressure on the eye causing further injury to the eye. Try to prevent or avoid vomiting or straining.