The Core requirements for EWSC/ASSET+ are:

1. 21 hours of Online/Self-Paced Trauma Training Lectures to include:
   - War Wounds
   - Abdominal Urologic Gynecology Trauma
   - Vascular Trauma
   - Thoracic Trauma
   - Transfusion Medicine for Combat Trauma
   - REBOA
   - Traumatic Brain Injuries
   - Face and Neck Injuries
   - Eye Trauma
   - Field Critical Care
   - Amputations and Soft Tissue Injuries
   - Extremity Fracture Management
   - Pelvic Fracture Management
   - Field Critical Care
   - Enroute Care
   - Burn Injuries
   - Mass Casualty and Triage
   - Pediatric Trauma
   - Military Health Systems
   - Tactical Casualty Combat Care
   - Prolonged Field Care

2. 16 hours of Human Cadaver Lab to include training in the following areas:
   - **Neck and Upper Extremity**
     - Cricothyroidotomy
     - Right/Left Carotid Exposure
     - Right/Left Axillary Artery Exposure
     - Exposure of Esophagus in Neck
     - Exposure of Trachea in Neck
     - Expose Subclavian above Clavicle
     - Brachial Artery Exposure
     - Radial and ulnar artery exposure
     - Upper Extremity Fasciotomies
   - **Lower Extremities and Pelvis**
     - Femoral Artery Exposure Right/Left Groin
     - Popliteal Artery Exposure Right/Left Leg
     - Fogarty & Exposure and Shunting SFA Injury
     - Fasciotomy Lower Leg
     - Fasciotomy Thigh
     - Expose Iliacs in Retroperitoneum
     - Pelvic Packing
     - REBOA
   - **Chest**
     - Median Sternotomy
     - Rescucitative Thoracotomy
     - Extension to Clamshell
     - Cross Clamp Aorta
- Manage Cardiac Injury
- Pulmonary Tractotomy and Hilar Twist
- Resect Clavicle to Control Subclavian

- **Abdomen**
  - Trauma Laparotomy
  - Splenectomy
  - Supraceliac Control of Aorta
  - L to R Visceral Medial Rotation
  - Aorta Exposure to Root of Mesentery
  - R to L Visceral medial Rotation
  - Manage IVC Injury
  - Control Iliacs in Abdomen
  - Manage Liver Trauma
  - Ureteral Stenting/Repair

3. **5.5 hours of Skill Lab to include training in the following areas:**
   - External Fixation
   - Emergency C-Section and Post-Partum Hemorrhage Control
   - Decompressive Craniotomy
   - Lateral Canthotomy and Cantholysis