FAQs for Reproductive Health Care

TRICARE pharmacy and medical benefit covers:

- birth control pill, patch, shot, and vaginal ring
- cervical cap
- diaphragm
- · foams, jellies, sprays, or sponges that need a prescription
- · Emergency contraceptives (e.g., Plan B or Ella)
- birth control implant
- · insertion, removal, and repositioning of an IUD (intrauterine device)
- vasectomy
- tubal ligation

TRICARE doesn't cover:

- condoms (including female condoms)
- foams, jellies, sprays, or sponges that don't need a prescription
- hysterectomy for the purpose of contraception
- reversal of vasectomy, unless it's medically necessary
- reversal of tubal ligation, unless it's medically necessary

Does TRICARE cover prescription birth control?

Yes. You may have to pay a copayment for pharmacy contraceptives—like birth control pills and patches—depending on where you fill your prescription. (Active duty service members don't have to pay for prescription drugs.)

TRICARE covers prescriptions through its pharmacy benefit.

- There's no cost to fill your prescriptions at a military pharmacy.
- If you use TRICARE Pharmacy Home Delivery, you have a copayment for a 90-day supply of most medications.
- If you fill a prescription at a retail network pharmacy, you may have a copayment.
- If you fill a prescription at a non-network pharmacy, you'll pay the full price and will have to file a claim for reimbursement minus your cost-share.

Visit <u>www.tricare.mil/FillPrescriptions</u> for more information.

What emergency contraceptives are covered and where can I get them?

Military pharmacies and the TRICARE pharmacy benefit cover oral emergency contraceptives, such as Plan B One-Step and ella.

- Non-prescription emergency contraceptive. Plan B One-Step is available at military pharmacies or retail network pharmacies.
 - You don't need a prescription.
 - There's no copayment.
- You may buy it in many military exchanges, pharmacies, and other local retailers. You must file a claim for reimbursement.
- If you buy these from a non-network retail network pharmacy, you may file claims with the pharmacy contractor for possible reimbursement at the non-network retail pharmacy rate.
- Prescription emergency contraceptive. ella is available, with a prescription, at military or retail network pharmacies. You will pay a copayment at retail network pharmacies. (Active duty service members don't pay for any prescription drugs.)

At a retail network pharmacy, you (or a friend or partner picking up for you) must provide documentation of patient identity and TRICARE eligibility. This is generally a Uniformed Services ID card. The pharmacy needs this to process purchase as a TRICARE Pharmacy claim. Use the TRICARE Formulary Search Tool at www.esrx.com/tform to get cost information.

