

FACT SHEET PAIN & OPIOID SAFETY

INFO FOR OPIOID USERS AND PRESCRIBERS

DHA
Defense Health Agency

SOLUTION DELIVERY
DIVISION

The Pain & Opioid Safety App provides education and assistance to patients suffering from chronic pain and opioid addiction; and provides support material for health care professionals, and medical prescribers.

Patients can use the app to track their pain levels between appointments and refer to the data during discussions with their providers. The app also provides answers to frequently asked questions by patients and includes Clinical Practice Guidelines for providers.

The Pain & Opioid Safety app was developed by the Web & Mobile Technology Program Management Office at the request of the National Capital Region Pain Initiative at the Walter Reed National Military Medical Center. WMT provides web and mobile solutions to the Defense Health Agency within the Department of Defense, and also the Department of Veterans Affairs.



Key Features

- ▶ Contains a FAQ section for patients
- ▶ Contains CPGs and Naloxone administration guidance for providers
- ▶ Free download available for iPhone and Android devices

Key Benefits

- ▶ Easy access to opioid and chronic pain management resources for patients and providers
- ▶ Allows patients to effectively and accurately communicate location of pain and pain levels
- ▶ Serves as a point of reference for opioid training for providers



To view more DHA's mobile applications, visit <https://mobile.health.mil>.

