

FACT SHEET PACT APP

PEDIATRIC TO ADULT CARE TRANSITION



Defense Health Agency

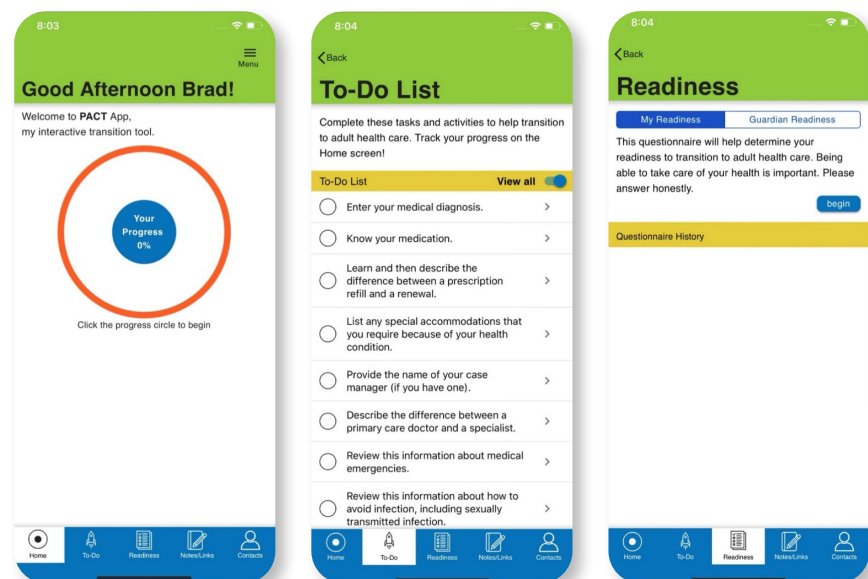
SOLUTION DELIVERY
DIVISION

The PACT mobile application helps youth make the transition from pediatric to adult care by providing information and resources that allow them to take responsibility for their health care.

As children get older, they normally assume the responsibility of managing medical appointments, filling out forms, and keeping track of medications. This change requires a systematic approach to assist them in gaining independent health care skills, preparing for an adult model of care, and transferring to new clinicians. This new app provides an organized process, ensuring that they have the necessary knowledge and information to continue to receive the care they need.

The PACT app was developed in partnership with health care staff at the Subspecialty Service of the Department of Pediatrics at Walter Reed National Military Medical Center and in collaboration with the Office of Command Communications at WRNMMC and with support from the Defense Health Agency's Web & Mobile Technology Program Management Office.

Download the PACT app for free from mobile app stores.



Citation: Pediatric to Adult Care Transition for Chronically Ill Patients: Introducing the PACT Mobile App JOJ Nurse Health Care. 2022; 12(3): 555837. DOI: 10.19080/JOJNHC.2022.12.555837

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Key Features

- ▶ User-created profiles that customizes information to the individual's needs
- ▶ To-Do checklists to help young patients manage their care
- ▶ Easy to read pie charts track learning progress, and motivate users to reach the goal of 100%
- ▶ In-app questionnaire helps users assess their readiness for adult care

Key Benefits

- ▶ Helps younger patients transition to adult care
- ▶ Provides younger patients with the information they need to continue to receive care as adults
- ▶ Teaches younger patients independence and responsibility



To view more DHA mobile applications, visit <https://mobile.health.mil>.