



OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE

1200 DEFENSE PENTAGON  
WASHINGTON, DC 20301-1200

JUN 6 2019

HEALTH AFFAIRS

MEMORANDUM FOR ASSISTANT SECRETARY OF THE ARMY (MANPOWER  
AND RESERVE AFFAIRS)  
ASSISTANT SECRETARY OF THE NAVY (MANPOWER  
AND RESERVE AFFAIRS)  
ASSISTANT SECRETARY OF THE AIR FORCE (MANPOWER  
AND RESERVE AFFAIRS)  
HEALTH AND SAFETY DIRECTOR OF THE COAST GUARD

SUBJECT: Memorandum to Establish 2020 Monthly Premium Rates for TRICARE  
Reserve Select, TRICARE Retired Reserve, TRICARE Young Adult, and the  
Continued Health Care Benefit Program

Calendar Year 2020 premium rates are established for TRICARE Reserve Select,  
TRICARE Retired Reserve, TRICARE Young Adult, and Fiscal Year 2020 premium rates for  
the Continued Health Care Benefit Program, as specified in the attachment. Please provide  
widest dissemination. This information can be found at [www.tricare.mil/trs](http://www.tricare.mil/trs), [www.tricare.mil/trr](http://www.tricare.mil/trr),  
[www.tricare.mil/tya](http://www.tricare.mil/tya), and [www.tricare.mil/chcbp](http://www.tricare.mil/chcbp).

A handwritten signature in black ink, appearing to read "Tom McCaffery".

Tom McCaffery  
Principal Deputy Assistant Secretary  
of Defense (Health Affairs)

Attachment:  
As stated

cc:  
Assistant Secretary of Defense (Manpower & Reserve Affairs)  
Surgeon General of the Army  
Surgeon General of the Navy  
Surgeon General of the Air Force

Attachment: Calendar Year 2020 Monthly Premium Rates for TRICARE Reserve Select (TRS), TRICARE Retired Reserve (TRR), and TRICARE Young Adult (TYA), and Fiscal Year Monthly Premium Rates for the Continued Health Care Benefit Program (CHCBP)

TRS premium rates are established annually on Calendar Year (CY) basis in accordance with title 10, United States Code (U.S.C), Section 1076d (10 USC 1076d) and title 32, Code of Federal Regulations, part 199.24 (32 CFR 199.24). The TRS monthly premiums for CY20 shall be the rates listed in the table below:

| Type of Coverage    | 2019 TRS<br>Monthly Rate | 2020 TRS<br>Monthly Rate | Change |
|---------------------|--------------------------|--------------------------|--------|
| TRS Member-only     | \$ 42.83                 | \$ 44.17                 | + 3.1% |
| TRS Member & family | \$ 218.01                | \$ 228.27                | + 4.7% |

TRR premium rates are established annually on a CY basis in accordance with 10 USC 1076e and 32 CFR 199.25. The TRR monthly premiums for CY20 shall be the rates listed in the table below:

| Type of Coverage    | 2019 TRR<br>Monthly Rate | 2020 TRR<br>Monthly Rate | Change |
|---------------------|--------------------------|--------------------------|--------|
| TRR Member-only     | \$ 451.51                | \$ 444.37                | - 1.6% |
| TRR Member & family | \$ 1,083.40              | \$ 1,066.26              | - 1.6% |

TYA premium rates are established annually on a CY basis in accordance with 10 USC 1110b and 32 CFR 199.26. The TYA monthly premiums for CY 2020 shall be the rates listed in the table below:

| Type of Coverage | 2019 TYA<br>Monthly Rate | 2020 TYA<br>Monthly Rate | Change |
|------------------|--------------------------|--------------------------|--------|
| TYA Select       | \$ 214.00                | \$ 228.00                | + 6.5% |
| TYA Prime        | \$ 358.00                | \$ 376.00                | + 5.0% |

CHCBP premium rates are established annually on a FY basis in accordance with 10 USC 1078a and 32 CFR 199.20. The CHCBP monthly premiums for FY20 shall be the rates listed in the table below:

| Type of Coverage | 2019 CHCBP<br>Monthly Rate | 2020 CHCBP<br>Monthly Rate | Change |
|------------------|----------------------------|----------------------------|--------|
| CHCBP Single     | \$ 1,453.00                | \$ 1,553.00                | + 6.9% |
| CHCBP Family     | \$ 3,273.00                | \$ 3,500.00                | + 6.9% |