U.S. Coast Guard

Suicide Prevention Program

John Reibling, LCSW, CG EAP Mgr
Team Coast Guard

- 44,178 Active Duty
- 8,611 Civilians
- 8,109 Reservists
- 36,692 Auxilarists

Honor, Respect, Devotion to Duty
<table>
<thead>
<tr>
<th>CY</th>
<th>EOY CT</th>
<th>Suicides</th>
<th>AD Rate per 100K</th>
</tr>
</thead>
<tbody>
<tr>
<td>2001</td>
<td>39,119</td>
<td>4</td>
<td>10.23</td>
</tr>
<tr>
<td>2002</td>
<td>40,789</td>
<td>6</td>
<td>14.71</td>
</tr>
<tr>
<td>2003</td>
<td>43,671</td>
<td>7</td>
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<tr>
<td>2004</td>
<td>42,906</td>
<td>7</td>
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<tr>
<td>2005</td>
<td>43,199</td>
<td>3</td>
<td>6.94</td>
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<tr>
<td>2006</td>
<td>42,756</td>
<td>3</td>
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<td>2007</td>
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<tr>
<td>2008</td>
<td>43,734</td>
<td>2</td>
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<tr>
<td>2009</td>
<td>43,399</td>
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CG Suicide Prevention Program

Goals

• Empower all to recognize signs and react
• Reduce stigma
• Protect those who seek treatment
1. Command Climate
2. Crisis Response (includes AF medical standards)
3. Limit on Command Access to Mental Healthcare Info
4. Notification and Hand-off in Criminal Investigations
5. Postvention
6. Reporting
7. Training
Related Issues/Concerns

- Difficulty monitoring MH care in “white” spaces
- Limited MH Surveillance – Reserves & AD
- No Reintegration Program
- Impact of MH Diagnoses on Careers
- No Resilience-Building Skill Training available
- No Personal Financial Management Program
- Limited Outreach/Programs for Family Members
- No required trainings other than All-Hands
Semper Paratus

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All Threats, All Hazards, Always Ready