



# NAVAL SPECIAL WARFARE GROUP TWO



# U.S. SPECIAL OPERATIONS

## Task Organization



**CHIEF OF  
NAVAL  
OPERATIONS**



**SPECIAL OPERATIONS  
COMMAND  
(SOCOM)**



**NAVAL  
SPECIAL  
WARFARE  
COMMAND**



**ARMY  
SPECIAL  
OPERATIONS  
COMMAND**



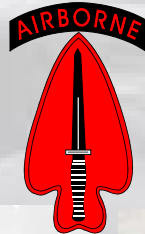
**AIR FORCE  
SPECIAL  
OPERATIONS  
COMMAND**



**MARINE CORPS  
SPECIAL  
OPERATIONS  
COMMAND**



**JOINT  
SPECIAL  
OPERATIONS  
COMMAND**





## NAVAL SPECIAL WARFARE GROUP TWO



East coast component of Naval Special Warfare Command (WARCOM),  
Navy service component of US Special Operations Command (USSOCOM)

Train, man, equip, and forward deploy qualified SEAL TEAMS under  
Theater Special Operations Command Components (TSOCs) of Regional  
Combatant Commands (CoCOMs) in support of Special Operations  
missions.

- SOCSOUTH
- SOCEUR
- SOCAF



# OUR HISTORY

## *Evolution of the Naval Special Warfare Community*



**Scouts & Raiders**  
Established  
in 1942, participate  
in WW II Pacific  
Campaign



**Navy Combat  
Demolition  
Units (NCDU)**  
Established in 1943,  
participate  
in D-Day Invasion



**Underwater Demolition  
Teams (UDT)**  
are established in 1944  
and participate in  
the WW II Pacific  
Campaign  
in the Marshall Islands



**UDTs**  
participate in the Korean War  
beginning in 1950



# The Establishment of the Navy SEAL

## An Historical Timeline



On January 1st 1962, President John F. Kennedy approved the commissioning of SEAL Teams ONE and TWO. On January 8th, SEAL Team ONE, at NAB Coronado, California, and SEAL Team TWO, at NAB Little Creek, Virginia, mustered for the first time. The commissioning of these units established the modern day SEAL TEAM and paved the way for participation in America's most critical engagements ever since.

Vietnam  
1960s & 70s



Apollo Mission  
Support  
1969



Grenada  
1983



Panama  
1989



Desert  
Storm  
1991



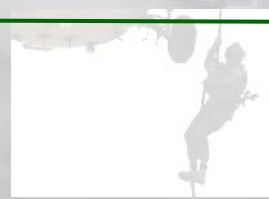
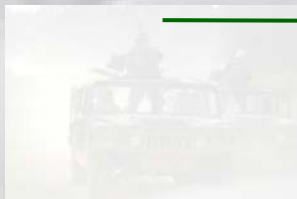
Bosnia  
1995



Afghanistan  
2001



Iraq  
2003





# OUR CORE SKILLS

## Mission Profile



DIRECT ACTION (DA)



COUNTERINSURGENCY (COIN)  
(VILLAGE STABILITY OPERATIONS)



FOREIGN INTERNAL  
DEFENSE (FID)



SPECIAL RECONNAISSANCE (SR)



# NAVAL SPECIAL WARFARE COMMAND

*Maritime Component of the U.S. Special Operations Command*



7000 ~ Active Duty Personnel

3,000 Operators (SEAL/SWCC)

4,000 Support Personnel

1000 ~ Civilian Personnel

7000 ~ Reserve Personnel

Operators = <1% of Total Navy Manpower



# NAVAL SPECIAL WARFARE COMMAND



NSWG-1

NSWG-2

NSWG-3

NSWG-4

Development  
Group

NSWG-10

NSWG-18

NSWC

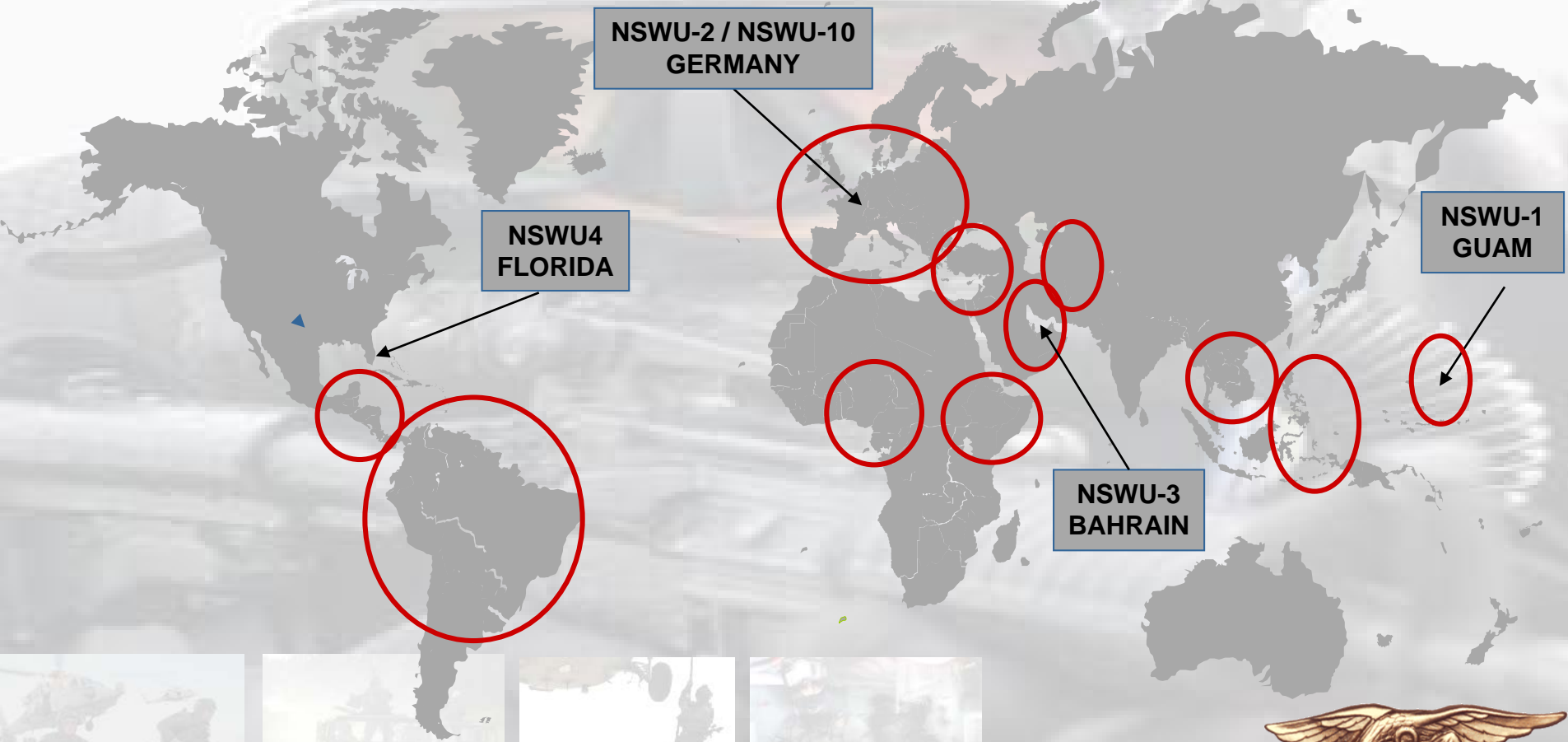






# FORCE LAYDOWN

*An Economy of Force, Deployed Globally*



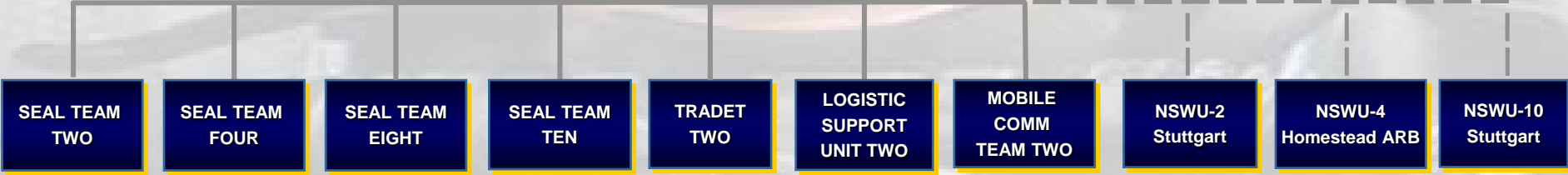
# NAVAL SPECIAL WARFARE GROUP TWO

Headquarters Element for East Coast based SEAL Teams



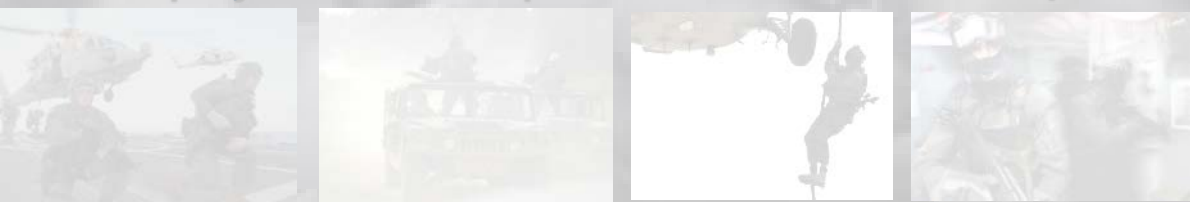
OPCON

ADCON



Deployable SEAL Squadrons

Operational and Logistics Support



# PEOPLE

## *Our greatest asset*

- **Mature and Highly educated**
  - Average Operator Age = 31
  - 30 % of enlisted force have Bachelor/Post-Graduate education
- **Specialized Training**
  - SEALs = ~1.5 years of training before joining the Teams
  - SWCCs = 6 months of training before joining the Teams
- **Experienced**
  - NSW squadrons deploy with senior officers/enlisted leaders to ensure sound decision making
- **Unconventional Mindset**
  - Mental Toughness, Cultural Awareness, Problem solvers





# OUR ETHOS

*The Core Values of the Community*

## Earn Your Trident Everyday



### **U.S. Navy SEAL Code**

- Loyalty to Country, Team and Teammate
- Serve with Honor and Integrity On and Off the Battlefield
- Ready to Lead, Ready to Follow, Never Quit
- Take responsibility for your actions and the actions of your Teammates
- Excel as Warriors through Discipline and Innovation
- Train for War, Fight to Win, Defeat our Nation's Enemies



# A SEAL TEAM

*How the SEAL Team is organized*

**Approximately 240x Service Members**

**Led by a Navy SEAL Commander**

**3x SEAL TROOPS, 1 Support Troop**

**9x platoons (3 platoons per Troop)**

**SEAL Platoon = 3x Officers, 1x Chief,  
17x Enlisted Men**

**WEST COAST  
SEAL TEAMS  
1, 3, 5, 7**



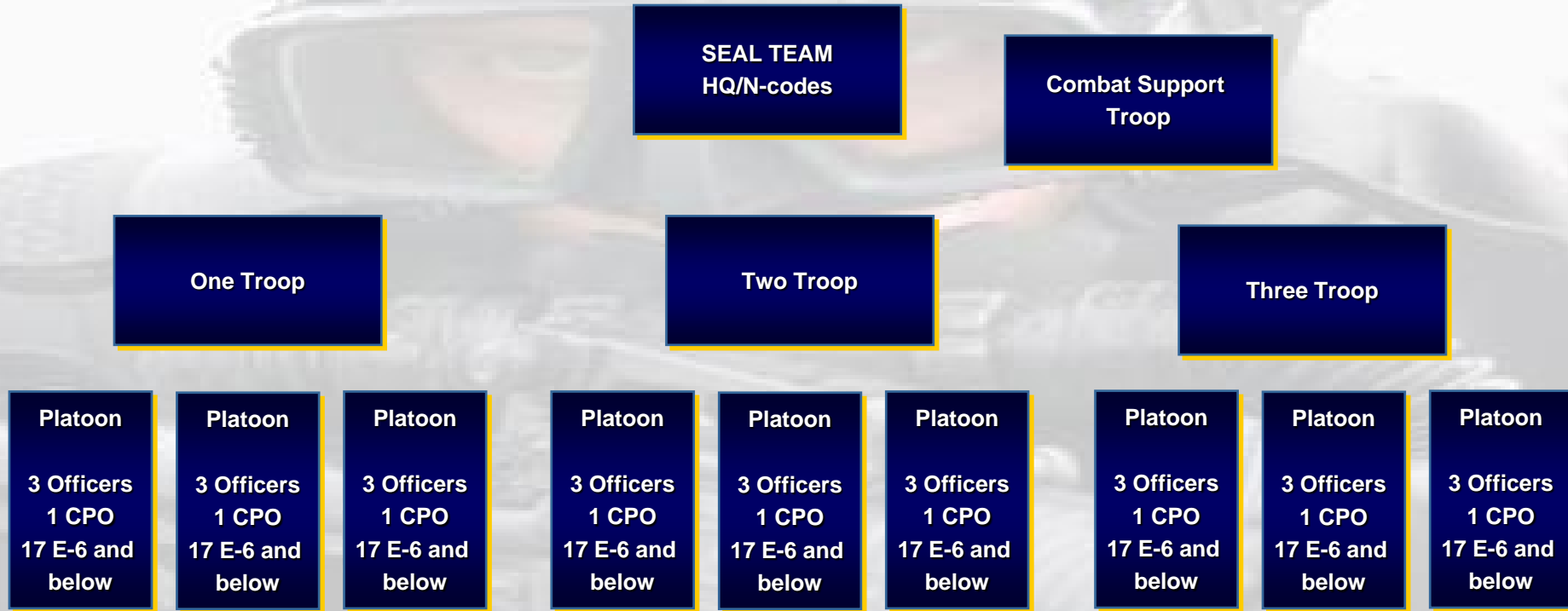
**EAST COAST  
SEAL TEAMS  
2, 4, 8, 10**





# THE SEAL TEAM

## The Command Structure – ST-2



# THE SEAL TEAM

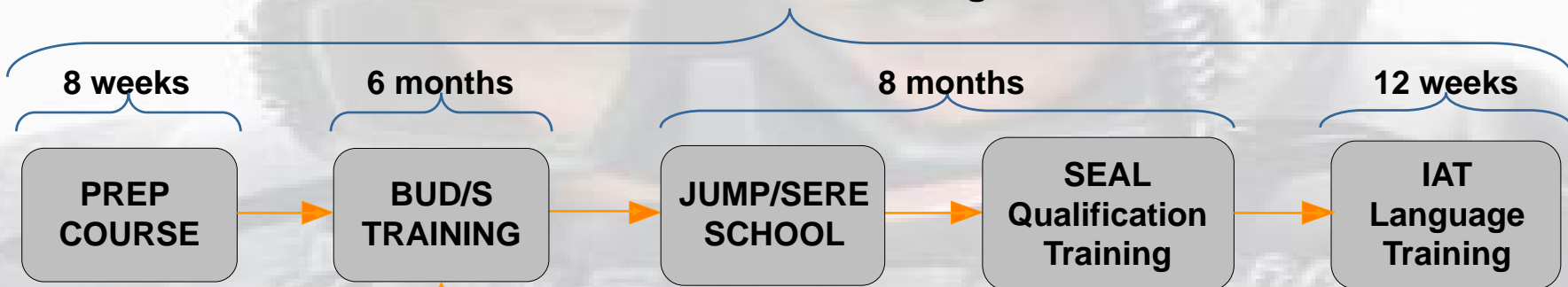
## The Command Structure – ST-2



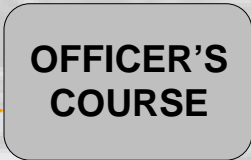
# THE SEAL TRAINING PIPELINE

*The making of a Navy SEAL*

19 months total training time



6 months



# Inter-Deployment Training Cycle (IDTC)



## PROFESSIONAL DEVELOPMENT

### Individual Skills:

- LREC, Jumpmaster, RSO, Dive Supervisor, etc.
- Professional Military Education (Irregular Warfare Seminar, JSOU Joint Ops Certificate ...)
- Pre-ULT collective skills



UNCLASSIFIED

## UNIT LEVEL TRAINING

### Collective Skills:

- Land Warfare / SR
- SOUC / Assaults
- Maritime Ops / Combat Swimmer
- VBSS / GOPLAT
- Air Operations



## TASK GROUP INTEGRATION TRAINING

### Advanced Collective Skills:

- Tailored to Mission and AO
- Joint Ops & Battlestaff
- Field Training Exercises (FTX)
- Final Battle Problem

1 x HQ element (NSWRON TG)

3 x Task Units (SEAL Troop)

- 1 x Cross Functional Troop
- 1 x NSW Communication Det
- 1 x NSW CSS Det
- 1 x EOD Det
- Mobilized Reserves (CS/CSS)





# SEAL Medics



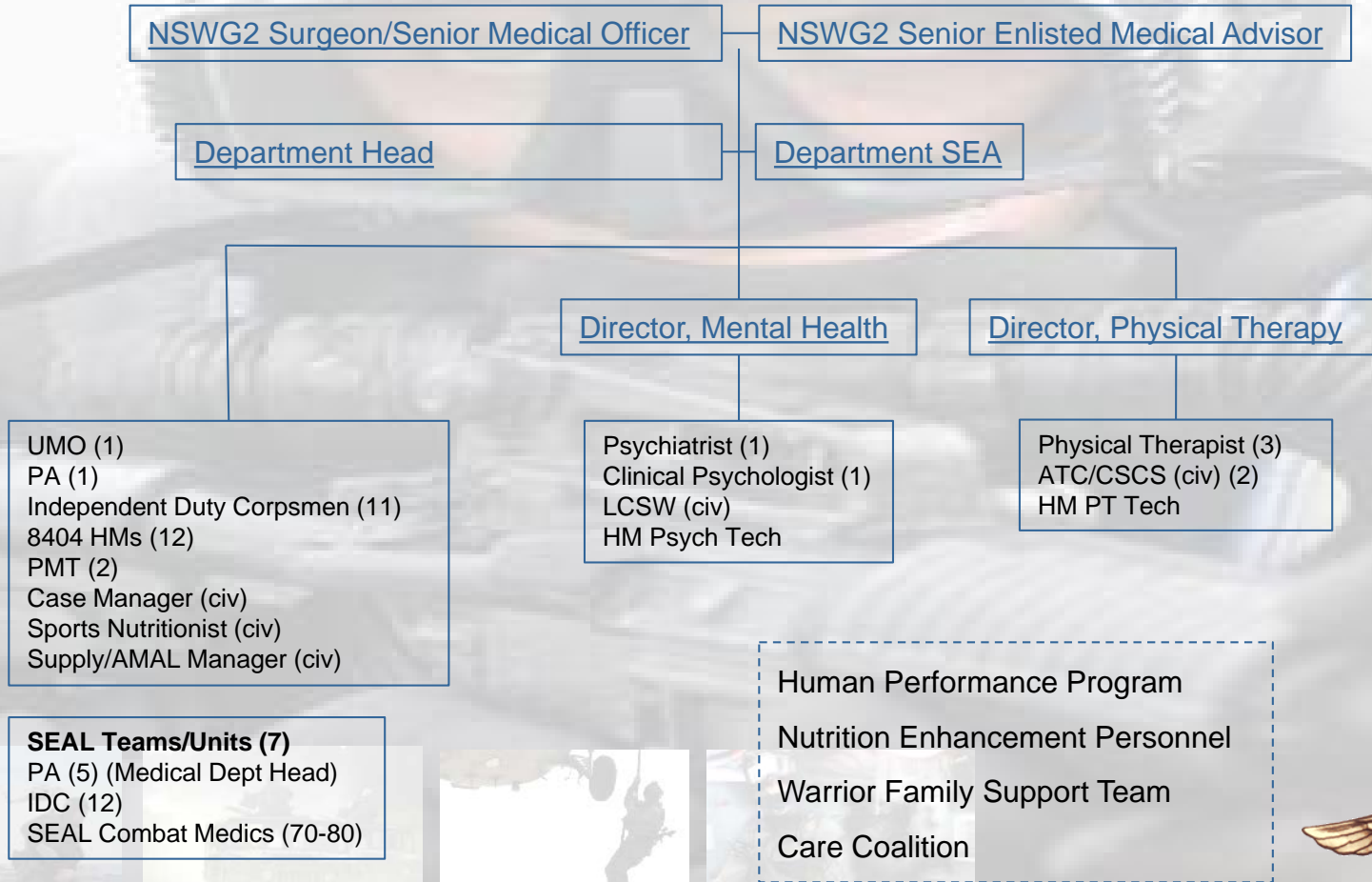
- Special Operations Combat Medic (SOCM) – the SOCOM standard for combat medic
- Special Operations Tactical Medics (SOTM) – NSW organic combat medic pipeline
  - Blends Tactical Combat Casualty Care (TCCC), National EMS Standards and NSW culture
  - Produces a Trauma Focused and Tactically Capable primary SOF combat medic tailored for NSW operational forces and mission







# Medical Department





# Medical Department



## Deployment Health/Force Readiness

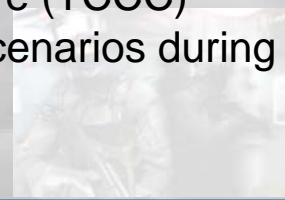
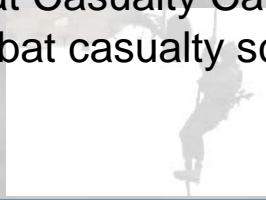
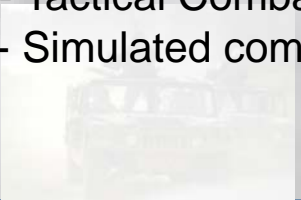
- Special Duty Physicals (SEAL, Diver, SWCC, MFF)
- Human Performance/Sports Medicine
- Traumatic Brain Injury (Warrior Care Clinic)
- Mental Health

## Cover High Risk Training

- Diving
- Parachuting/Rotary Wing Operations
- Live Fire and Explosive Training
- Desert, Jungle, Arctic, High Altitude Environments

## Maintenance of certification and medical operations training

- Tactical Combat Casualty Care (TCCC)
- Simulated combat casualty scenarios during tactical training





# Medical Department

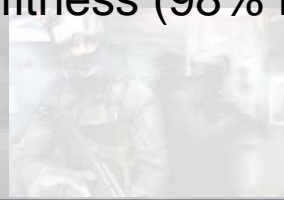
## Mental Health

### Services Available

- Individual and family therapy
- Psychiatric medication management
- mTBI screening and treatment
- Referrals to other services (sleep, pain, SARP, etc.)
- Post-deployment third location decompression
- Warrior Transition Program

### Embedded Assets

- Instrumental to health of force (trusted agents)
- Maximize mental health fitness (98% return to duty)





# Warrior Concussion Clinic at NMCP



- A comprehensive assessment and individualized treatment program designed for efficient concussion treatment and return to duty.
  - **Comprehensive Assessment:** A week long program where the service member is evaluated by 12 specialties to include neuropsychology, neurology, sleep medicine, optometry, family practice/internal medicine, ENT (otolaryngology), physical medicine and rehabilitation, audiology, mental health, occupational therapy, physical therapy, and speech & language pathology.
  - **Individualized Plan:** On the Friday of the assessment week the core team will meet with the patient and unit medical providers to discuss assessment findings and recommended course of treatment.
  - **Focused Treatment:** Anticipated length is four to five weeks. Patients will have a one-stop shop to schedule all care. Whenever possible appointments will be scheduled on the same day to lessen the impact of time away from family and work.
  - **Local:** The service member is expected to fully participate in scheduled appointments, but they will return to their home nightly.
  - **Target Audience:** The early to midcareer service member with concussion exposure who desires to return to duty.







# Challenges



- The SEAL medic is both an operator and a medic
- Clinical and advanced training for SEAL-medics and IDCs
- Dual mission of garrison sick-call versus combat trauma medicine
- Information technology for operational medicine





# QUESTIONS ?????



**Thank You!**

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