



DEPARTMENT OF THE NAVY  
OFFICE OF THE CHIEF OF NAVAL OPERATIONS  
2000 NAVY PENTAGON  
WASHINGTON, DC 20350-2000

4730  
Ser N17/Ü070  
1 Sep 15

From: Director, Twenty-First Century Sailor Office (N17)  
To: U.S. Navy Survey Participant

Subj: 2015 DEPARTMENT OF DEFENSE SURVEY OF HEALTH RELATED BEHAVIORS AMONG  
ACTIVE DUTY PERSONNEL

1. If you have been randomly selected to participate in the 2015 Department of Defense (DoD) Health Related Behaviors Survey (HRBS) for Active Duty personnel, I strongly encourage you to support this vital effort by responding promptly when asked to complete the survey.
2. The RAND Corporation and ICF International, independent research organizations are conducting the HRBS on behalf of DoD. This survey is being conducted with randomly selected military members from all service branches.
3. The 2015 HRBS asks about health-related behaviors such as diet, exercise, stress, substance use, and other health issues related to readiness. Some of the questions are personal. To protect your privacy, the survey is anonymous. This means you do not provide your name or other personal identifiers on the survey. Neither DoD, the Navy, RAND, nor ICF will be able to link your individual survey responses with your name, other personal identifiers, or your military records.
4. The RAND Corporation and ICF will send you instructions via mail and email for accessing and completing the 2015 HRBS if you are randomly selected to participate. The survey will take about 40 minutes to complete. It can be completed on the web using a government computer during duty hours or a home computer with internet access.
5. Your participation in the 2015 HRBS is critical to assessing health-related readiness and for making program and policy decisions that sustain a healthy and ready force. Although your participation in the survey is entirely voluntary, I hope you will choose to support this vital effort by responding promptly if you are asked.
6. I want to thank you in advance for your time and participation in this important study effort.

Sincerely,

A handwritten signature in cursive script, reading "A. M. Burkhardt".

A. M. BURKHARDT  
Rear Admiral, U.S. Navy