Health Record

What is the Department of Defense TOL Patient Portal Health Record?

The DoD TOL Patient Portal Health Record provides convenient access to personal health data retrieved from AHLTA, your military electronic health record, including:

- *Outpatient Medications
- *Allergies
- *Outpatient Problem Lists
- Outpatient Encounters
- *Laboratory Results (Chemistry/Hematology, Microbiology, and Anatomic Pathology results available within 4 days from certification date)
- *Radiology Results (Available within 3 days from exam date)
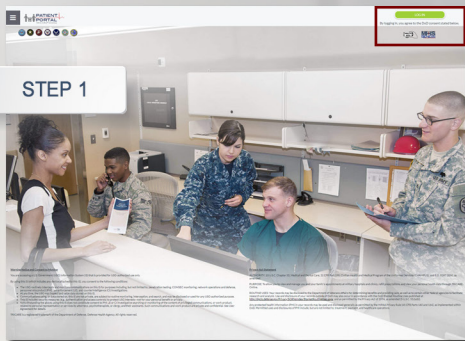- *Vital Signs
- AHLTA Immunizations

* DoD and VA data is available

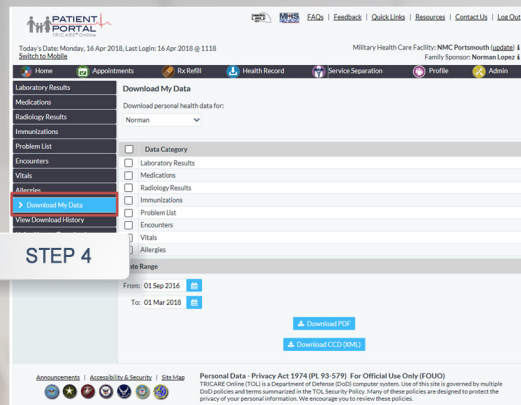## What are the benefits of the DoD TOL Patient Portal Health Record?

You can securely view, download, print and share lab results, radiology results, medication profile, allergy profile, encounters, problem lists, immunizations and vital signs, for yourself and your family members under the age of 12.

DoD TOL Patient Portal Health Record provides you access to a customizable report containing the last 30 years of your personal health data. You can choose to view, download, save, or print your personal health data in portable document format (.pdf), or (.xml) continuity of care document (CCD). The CCD allows you to share your data with family, care givers, DoD providers, non-DoD health care systems or providers, or to document data in your preferred personal health record.

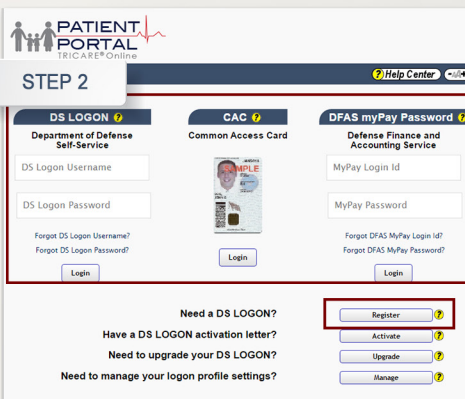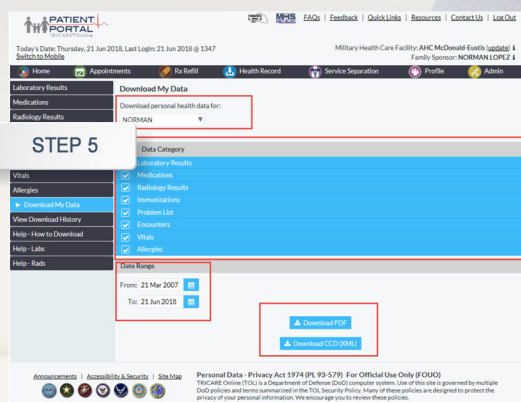# How do I download Health Record Data from the TOL Patient Portal?

STEP 1

STEP 2

STEP 3

STEP 4

STEP 5

STEP 6

1. Go to **www.TRICAREOnline.com** and click "Log in."

2. Log in with your **DS Logon Premium (Level 2), DoD CAC or DFAS myPay credentials.** If you do not have DS Logon credentials and would like to, click "**Register**."
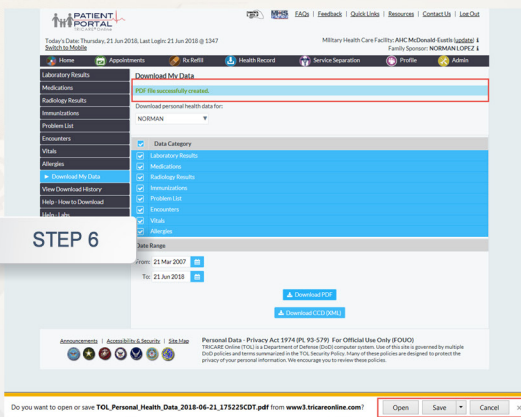
3. Click "**Health Record**" on the TOL Patient Portal home page to access your personal health data.

4. Select "**Download My Data**". Multiple data categories are available for download.

5. Specify the person, data types, date range and format to download your data.

6. You can open or save your downloaded PDF.

QUICK REFERENCE CODE LINK

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https://public.govdelivery.com/accounts/USMHSDHSS/subscriber/new

TOL PATIENT PORTAL CUSTOMER SERVICE

TOL Patient Portal Customer Service Available 24/7/365
1-(800) 600-9332

OCONUS Telephone Numbers located at "Contact Us"

Visit the TOL Patient Portal at www.TRICAREOnline.com

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