



IS YOUR FAMILY CYBERFIT?

It's never too early for parents and their kids to learn online safety



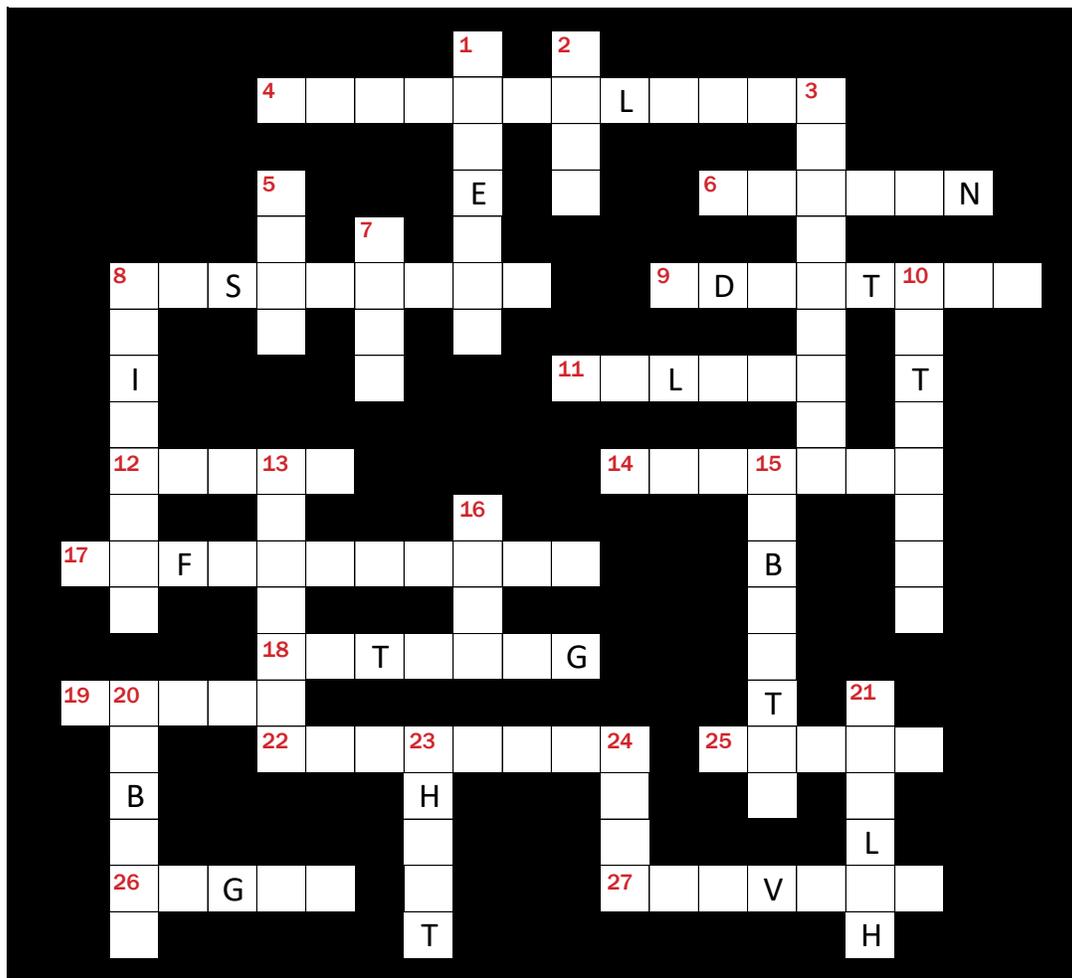
HERE ARE SOME ONLINE TIPS TO KEEP EVERYONE IN YOUR FAMILY SAFE ONLINE IN CYBERSPACE.

- Avoid sharing your personal and health information online.
- Never tell your name, family names, address or your favorite places over the internet.
- Make sure your online friends are people you really know. Don't talk to strangers online.
- Create a strong password and don't share it to login safely.
- Lock your cell phone and computer when you're not using them.
- Keep your name private online. Make up a screen name that's not your real one.
- Don't be caught by someone who is phishing. Only open emails and click on links that are authentic.
- Don't put up with cyberbullies. Block, ignore or report them.
- Be careful using public Wi-Fi. Not all of them are safe.
- Whenever possible, use websites that start with HTTPS. The "S" on the end means they're secure.
- Fitness wearables and apps can track and record your health and personal information. You can change their settings to keep your information more secure.
- Smart toys and electronics can respond to you. Learn how to use them to keep your information safe.
- Everyone can learn online, but kids should tell a parent or teacher if they see something they don't like.

Use these online tips to fill out the crossword puzzle on the back.



EMPOWER YOURSELF TO PROTECT YOUR INFORMATION.
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ACROSS

4. Report them if they harass you
6. Make up a __ name that's not your real name
8. Change them often and don't share them
9. Protect yours when online
11. Don't share your personal information there
12. Website addresses start with these letters when they're safe and encrypted
14. Use this to access and surf the internet
17. Protect personal and health _____ in cyberspace
18. What should you tell a stranger online?
19. Toys and electronics that respond to you
22. You can change these to make your mobile phone and apps more secure
25. How often should you give personal information online?
26. Enter a website with a user name and password
27. Keep your name and family names ____ online

DOWN

1. Only connect online with the ones you know
2. Search the internet
3. Danger! Don't talk to them.
5. Don't _____ it online if you don't want it shared
7. _____ your computer when you're not using it
8. Some emails can trick you into sharing information
10. Cyberspace connection
13. Tell your _____ if something on the internet makes you uncomfortable
15. Secure ones start with "HTTPS:"
16. Connect to public _____ only when needed
20. _____ phones
21. Fitness wearables and apps record this information
23. Protect your personal and health information from this
24. Block cyberbullies



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