

# Understanding the **TRICARE**



## **Moving** (change of address)

### **MOVING (CHANGE OF ADDRESS)**

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**Moving (change of address) is sometimes  
a Qualifying Life Event (QLE).**

You **MUST** update the **Defense Eligibility Enrollment Reporting System (DEERS)** with your new address. Your move must be to a new ZIP+4 code, country, and/or city or region to be a QLE.

You have **90 days** from the date of your address change to change your health plan.

Your TRICARE® eligibility **doesn't change when you move**, but it may change your health plan options.

