

Understanding the **TRICARE**



Change in Family Composition

CHILDREN BECOMING ADULTS

Children becoming adults is a Qualifying Life Event (QLE).

You have **90 days** after your child turns 21 to make changes to your TRICARE health plan.

Biological and adopted children can get TRICARE until their 21st birthday in most cases. There are some exceptions to the age limit. At age 21, your child may qualify for TRICARE Young Adult if they:

- ☒ Are age 21-26
- ☒ Remain unmarried
- ☒ Are adult dependent children

There are premiums for TRICARE Young Adult. If your child doesn't qualify to purchase TRICARE Young Adult, they can purchase the **Continued Health Care Benefit Program**.

