

# Understanding the **TRICARE**



## Change in Family Composition

### **BIRTH OF A CHILD (RETIREE-OVERSEAS)**

---

#### **Giving birth to a child is a Qualifying Life Event (QLE).**

You have **120 days** from your child's birth date to register your newborn in the **Defense Enrollment Eligibility Reporting System (DEERS)**. You don't need a Social Security number (SSN), but are required to have certificate of live birth and signed DD Form 1172-2. Once you have your child's SSN, be sure to update DEERS.

#### **Your newborn is not automatically enrolled!**

- ☑ Enrolling in a TRICARE plan is a separate step that must also be completed within 90 days of your child's birth date.
- ☑ You can enroll online, over the phone or through the mail, depending on where you live.

