WELL-WOMAN EXAM:
TRICARE covers Well-Woman Exams annually with no cost-shares or copayments.
Regular heart, cholesterol, and blood pressure screenings are also covered during Well-Woman and Health Promotion and Disease Prevention Exams.

3-D Mammograms: As of January 1, 2020, TRICARE covers Digital Breast Tomosynthesis (DBT), commonly referred to as 3-D Mammography, as a screening option for annual breast cancer screenings.

Services include:
- Mammograms (2-D and 3-D)
- Breast exams
- Pelvic exams
- Pap smears
- HPV DNA testing

Additional Testing and Services

Human Papilloma Virus (HPV) Vaccine:
TRICARE covers the HPV vaccine for children and young adults as recommended by the CDC. Recommended dosages of the vaccine vary by age:

- **9-14 years old**: two doses
- **15-26 years old**: three doses
* The first dose is routinely recommended for children age 11 or 12.

You can get the HPV vaccine at participating network pharmacies at no cost. To find a participating network pharmacy, visit [www.express-scripts.com](http://www.express-scripts.com) or call 1-877-363-1303.

Maternity and Prenatal Care:
TRICARE covers all services that are medically necessary to help you have a safe and healthy pregnancy:

- Prenatal care and services
- Labor and delivery
- Post-Partum care for up to 6 weeks

Assisted Reproductive Services:
TRICARE covers contraceptives if prescribed by a TRICARE-authorized provider:

- Prescription contraceptives
- Contraceptive diaphragms
- Surgical sterilization (Non-prescription) Emergency contraceptives

To learn more about what's covered, visit [www.tricare.mil/IsItCovered](http://www.tricare.mil/IsItCovered)