

Psychological Health

**RESOURCE CENTER**

**24/7**

**866-966-1020** Toll Free

*Psychological Health Information and Resources*

## **Do You:**

- Have questions about combat stress, depression or psychological health concerns?
  - Know someone having difficulty reintegrating into civilian life?
  - Need clinical guidance for treating warriors?
- 

## **Available To:**

- Service Members
- Veterans
- Educators
- Support Personnel

- Families and Friends
  - Military Leaders
  - Clinicians
  - Clergy
  - Researchers
  - Deployed Government Civilians
- 

## **Features:**

- Available globally 24/7
- Experienced health resource consultants
- Free, confidential calls
- Multilingual assistance available

**866-966-1020** Toll Free  
**resources@phcoe.org**  
**realwarriors.net**  
**health.mil/intransition**  
**health.mil/phrc**



Psychological Health  
Center of Excellence