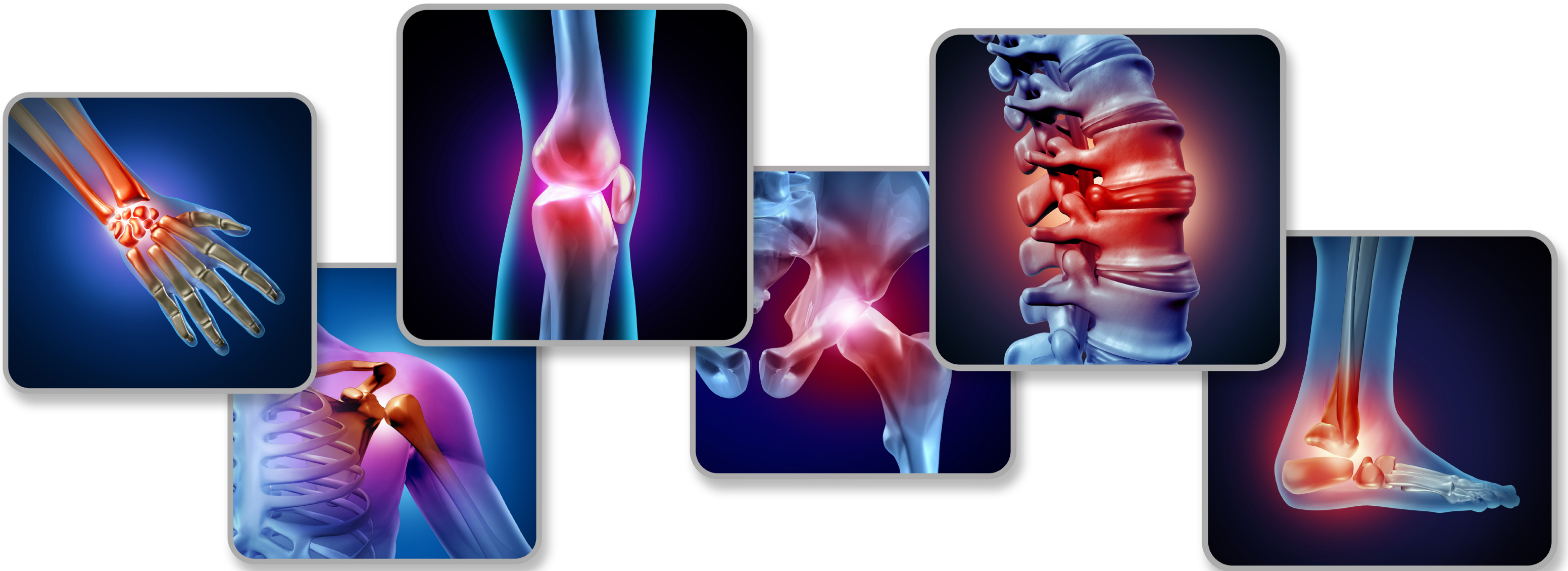


APPROACHING PAIN MANAGEMENT WITH PRIMARY CARE



Use an integrated approach to treat acute and chronic pain in primary care.



Give Patients the Tools to Self-Manage

Work with patients on new, effective self-management practices for pain and injury rehabilitation.



Work with Primary Care Pain Champions

Collaborate with pain champions to improve team delivery and impact of non-pharmacological treatments for pain.



Include Patient Centered Medical Home Team Members

Team up with Behavioral Health Consultants, Clinical Pharmacists, and pain management clinics to care for patients with acute and chronic pain.



To learn more about Ready Reliable Care, visit the website at health.mil/ReadyReliableCare or scan the QR code:

