

MHS Video Connect empowers you to conveniently meet with your military hospital or clinic care team through secure, live video. You and your family can access care where and when is best for you.

## Ask your military care team about MHS Video Connect if:



You live far from military hospitals or clinics.



You find traveling for in-person treatment difficult.



You are too busy to attend in-person appointments regularly.



You have minor questions and do not require an in-person visit.

## What you will need



An email account so your provider can send you a link to join the virtual treatment room for your appointment.



Any web-enabled device with a camera, microphone, and speakers (computer, tablet, or smartphone) with internet access.

## Get started

Use your phone camera to scan the QR code to learn more.

