

# Have Low Back Pain?

You may qualify for three no-cost physical therapy visits through TRICARE's Low Back Pain and Physical Therapy Demonstration\*



## No Cost Physical Therapy for Back Pain

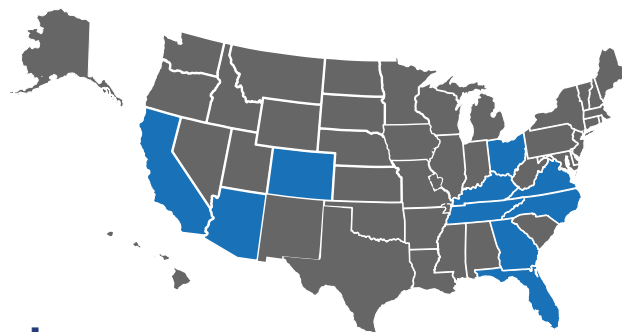
TRICARE will waive cost-shares for up to three covered physical therapy sessions for eligible beneficiaries in 10 states.

For more information, visit: [www.tricare.mil/lowbackpain](http://www.tricare.mil/lowbackpain)

### To be eligible, beneficiaries must:

- **Both live in and seek care in one of the following states:**

Arizona, California, Colorado, Florida, Georgia, Kentucky, North Carolina, Ohio, Tennessee, and Virginia



- **Have a primary diagnosis of low back pain**
- **Start new physical therapy treatment after January 1, 2021**

After the third covered physical therapy session with a waived cost share, beneficiaries will be responsible for standard cost-shares.

\* At the end of the demonstration, TRICARE will determine whether to expand the benefits to all states and territories. Demonstration ends December 31, 2023.

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