TRICARE Prime® & TRICARE Select® Open Season Key Messages

- Now is the time to review your and your family members’ current health plans, consider your needs for 2023, and learn about your coverage choices.
- Enrollment changes made during TRICARE Open Season will go into effect on Jan. 1, 2023.

If you’re eligible to take part in TRICARE Open Season, you have three choices:

**Stay in your plan:** If you want to stay in your current TRICARE health plan, you don’t have to take any action. You’ll continue in your current health plan through 2023—or as long as you’re eligible.

**Enroll in a plan:** If you’re eligible for TRICARE Prime or TRICARE Select but not enrolled, you can enroll in a plan now.

**Change plans:** If you’re already enrolled in a TRICARE Prime option or TRICARE Select, you can switch health plans and switch between individual and family enrollment.

Visit the TRICARE website for more information: Go to [www.tricare.mil/openseason](http://www.tricare.mil/openseason).

**TRICARE Open Season doesn’t apply to beneficiaries enrolled in the following premium-based plans:**

- TRICARE Retired Reserve
- TRICARE Reserve Select
- TRICARE Young Adult
- TRICARE For Life
- Continued Health Care Benefit Program (CHCBP)

Note: You can only purchase CHCBP coverage within 60 days of loss of eligibility for TRICARE.

Outside of TRICARE Open Season, you may only change plans if you experience a TRICARE Qualifying Life Event (QLE). Learn about QLEs at [www.tricare.mil/lifeevents](http://www.tricare.mil/lifeevents) or download the TRICARE Qualifying Life Event Fact Sheet at [www.tricare.mil/publications](http://www.tricare.mil/publications).