

Active Duty TRICARE Prime Remote Beneficiaries

Individual Medical Readiness and Deployment-Related Services
Provided by the Reserve Health Readiness Program





What is the Reserve Health Readiness Program?

The Reserve Health Readiness Program, known as RHRP, falls under the Department of Defense's Defense Health Agency and provides individual medical readiness and deployment-related services to all eligible DOD active component and reserve component service members, redeploying DOD civilians, and the Department of Homeland Security, U.S. Coast Guard and U.S. Coast Guard Reserve. RHRP ensures active duty service members across the nation and U.S. territories can be medically ready to deploy.

What services does the Reserve Health Readiness Program provide eligible TRICARE Prime Remote beneficiaries?

Through its nationwide network of civilian medical providers, the program supports scheduled in-clinic and virtual appointments to service members within a 50-mile radius of their home or place of business. Unit commanders can also coordinate medical readiness and deployment-related services in support of large unit events with at least 50 service members.

Covered services for TRICARE Prime Remote beneficiaries include:

- Periodic Health Assessment
- Mental Health Assessment
- Immunizations (except routine adult immunizations)
- Laboratory Services (for example: G6PD, Sickle cell trait, HIV)
- Audiology
- Vision Screening and Exams
- Women's Readiness
- Pre-Deployment Assessment
- Post-Deployment Health Reassessment
- Physical Exams

How does a TRICARE Prime Remote beneficiary access services?

It is highly recommended that beneficiaries create a Service Member Portal account before starting RHRP services.

- Visit <https://smp.qtc.com> to create an account. If a service member requests virtual support, a representative will reach out within two business days to schedule an appointment.
- Call the program's call center at 833-782-7477. The center is open Monday through Friday, 7 a.m. to 10 p.m. CT, and open Saturday from 7 a.m. to 3 p.m. CT. Service members may also schedule services through the program's call center.

Dental Services

The Reserve Health Readiness Program does not support dental treatment for TRICARE Prime Remote active duty beneficiaries as it is already a covered benefit through United Concordia Dental insurance plans. TRICARE Prime Remote active duty beneficiaries can update their dental readiness by filing a *Department of Defense Active Duty/Reserve/Guard/Civilian Forces Dental Examination Form* (DD Form 2813). This form can be submitted to RHRP for a historic records update through the Service Member Portal.

Service Member Portal

The Service Member Portal enables service members to view upcoming appointment dates and times, set calendar reminders, connect to map applications, update contact preferences, and upload documents. The portal can be accessed from any smart device.

To Register: <https://smp.qtc.com>

Service Component Portal

The Service Component Portal enables unit commanders, or a designated unit point of contact, to request a group event providing individual medical readiness and deployment-related services for the unit.

To Register: <https://scp.qtc.com>



CONTACT INFORMATION

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For comments or questions, email DHA.RHRP@Health.mil

Reserve Health Readiness Program Call Center

833-782-7477

Monday–Friday, 7 a.m. to 10 p.m. CT

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<https://Health.mil/RHRP>



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