THE 15 YEAR CAREGIVER AND FAMILY MEMBER STUDY SEEKS TO UNDERSTAND THE HEALTH AND SERVICE NEEDS OF CAREGIVERS OF SERVICE MEMBERS AND VETERANS WITH TBI.

DATA AS OF 2021: 551 CAREGIVERS

Demographics are included for both the TBI caregiver enrolled in the study as well as for the service member or veteran for whom care is provided.

CAREGIVER DEMOGRAPHICS

93% Female
Average Age: 40 years (20-70 years)
Race: 64% White; 2% Black; 13% Other
Education: 49% Bachelor’s Degree or Higher
Employment: 46% Employed
Relationship: 97% Married, Engaged, Cohabiting
Income: 35% <$60K; 35% 60K-74K; 23% $75K

CAREGIVER CHARACTERISTICS

93% Lives with the service member/veteran
69% Cares for 1+ children
60% Provides care 6 hours per day
56% Receives no help with caregiving duties
50% Has 1+ hour per day for self
49% Receives caregiver stipend

SERVICE MEMBER/VETERAN CHARACTERISTICS

93% Male
Average Age: 39 years
Average time since injury: 8 years

MILITARY HISTORY

20% Currently in the Military
7% Special Operations Forces
93% 1+ Combat Deployments
76% Combat Exposure
88% Service-connected Disability

TBI Type and Severity

Uncomplicated MILD: 70.3%
Moderate: 3%
Severe: 6%
Penetrating: 7%
Complicated MILD: 3.3%

*For research purposes, the 15-Year Study categorizes mild TBI in a manner that deviates from the VA-DOD definition. Complicated mTBI meets the clinical definition of mTBI, and in addition has an abnormal CT scan.

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HAPPY TO HELP!

HAVE SPECIFIC QUESTIONS? CONTACT US!
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Do you have questions about this fact sheet? Feedback? Email dha.TBICoEinfo@health.mil.