Deployment Health Assessments

U.S. Armed Forces

April 2011

(Data through March 2011)

Armed Forces Health Surveillance Center

Report Date: April 29, 2011

Update: Deployment Health Assessments, U.S. Armed Forces, April 2011

Since January 2003, peaks and troughs in the numbers of pre- and post-deployment health assessment forms transmitted to the Armed Forces Health Surveillance Center generally corresponded to times of departure and return of large numbers of deployers. Between April 2006 and March 2011, the number of post-deployment reassessment (PDHRA) forms per month ranged from 15,600 to 46,900 (Table 1, Figure 1).

During the past 12 months, the proportions of returned deployers who rated their health as "fair" or "poor" were 8-10% on post-deployment health assessment questionnaires and 11-13% on PDHRA questionnaires (Figure 2).

In general, on post-deployment assessments and reassessments, deployers in the Army and in reserve components were more likely than their respective counterparts to report health and exposure-related concerns (Table 2, Figure 3). Both active and reserve component members were more likely to report exposure concerns three to six months after, compared to the time of return from deployment (Figure 3).

At the time of return from deployment, soldiers serving in the active component were the most likely of all deployers to receive mental health referrals; however, three to six months after returning, Army reservists were as likely as active component soldiers to receive mental health referrals (Table 2).

Finally, during the past three years, reserve component members have been more likely than active component service members to report "exposure concerns" on postdeployment assessments and reassessments (Figure 3).

Table 1. Deployment-related health assessment forms, by month, U.S. Armed Forces, April 2010-March 2011

	Pre-deploy assessm DD279	nent	Post-deplo assessr DD279	nent	Post-deployment reassessment DD2900			
	No.	%	No.	%	No.	%		
Total	385,459	100	398,547	100	320,215	100		
2010								
April	32,538	8.4	33,838	8.5	25,347	7.9		
May	38,507	10.0	35,569	8.9	23,185	7.2		
June	31,322	8.1	46,031	11.5	25,399	7.9		
July	30,498	7.9	48,336	12.1	23,598	7.4		
August	38,269	9.9	38,958	9.8	31,849	9.9		
September	33,241	8.6	28,764	7.2	28,358	8.9		
October	27,510	7.1	27,872	7.0	27,051	8.4		
November	24,006	6.2	29,722	7.5	30,111	9.4		
December	31,806	8.3	30,499	7.7	24,689	7.7		
2011								
January	41,222	10.7	24,703	6.2	28,105	8.8		
February	27,313	7.1	25,028	6.3	25,615	8.0		
March	29,227	7.6	29,227	7.3	26,908	8.4		

Figure 2. Proportion of deployment health assessment forms with self-assessed health status as "fair" or "poor", U.S. Armed Forces, April 2010-March 2011

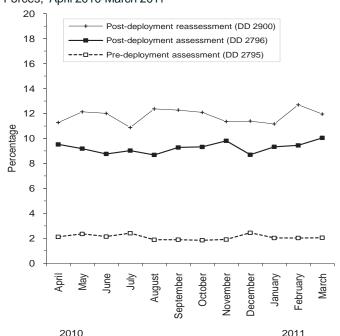
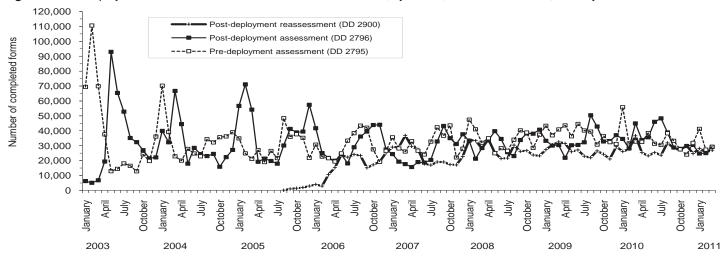


Figure 1. Total deployment health assessment and reassessment forms, by month, U.S. Armed Forces, January 2003-March 2011



Data Source: Defense Medical Surveillance System

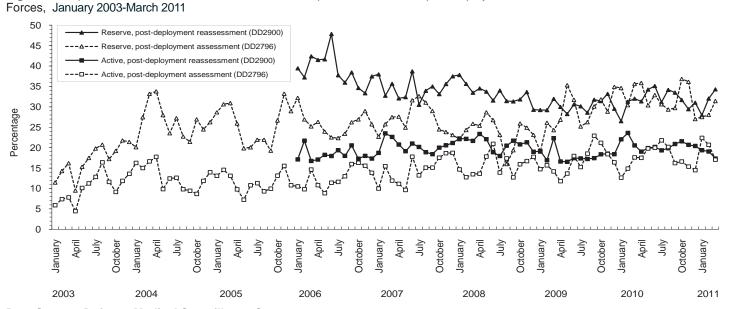
Table 2. Percentage of service members who endorsed selected questions/received referrals on health assessment forms, U.S. Armed Forces, April 2010-March 2011

2.2.1			-												
		Army Navy			Air Force				Marine Corps			All service members			
	Pre- deploy DD2795	Post- deploy DD2796	Reassess DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassess DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassess DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassess DD2900	Pre-deploy DD2795	Post- deploy DD2796	Reassess DD2900
Active component	n= 143,500	n= 133,533	n= 130,033	n= 15,416	n= 16,124	n= 14,742	n= 59,509	n= 53,034	n= 51,146	n= 31,131	n= 32,204	n= 30,780	n= 249,556	n= 234,895	n= 226,701
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
General health "fair" or "poor"	3.5	10.0	13.6	1.1	4.6	6.0	0.5	3.4	4.1	1.5	8.5	10.5	2.4	7.9	10.4
Health concerns, not wound or injury	10.9	26.5	25.0	3.0	12.5	15.1	1.7	5.6	11.2	2.2	13.2	20.0	7.0	19.0	20.4
Health worse now than before deployed	na	22.1	23.0	na	11.9	13.8	na	8.4	8.8	na	19.4	21.0	na	18.0	18.8
Exposure concerns	na	21.5	20.0	na	20.1	22.6	na	10.2	14.3	na	19.5	26.8	na	18.6	19.9
PTSD symptoms (2 or more)	na	9.8	11.4	na	6.1	8.5	na	2.5	2.9	na	9.4	11.4	na	7.9	9.2
Depression symptoms (any)	na	30.6	31.9	na	22.8	25.7	na	13.3	13.7	na	27.6	32.3	na	25.8	27.3
Referral indicated by provider (any)	5.0	35.6	30.9	3.3	21.7	18.4	2.0	13.2	7.3	2.0	24.9	30.8	3.7	28.1	24.6
Mental health referral indicated ^a	1.4	8.4	17.8	0.5	3.2	6.4	0.5	1.5	2.4	0.2	2.6	6.5	1.0	5.7	11.8
Medical visit following referral ^b	99.1	99.7	98.6	92.3	91.9	92.6	85.3	96.5	98.5	68.8	81.6	92.9	94.9	97.1	97.0
	Army		Navy		Air Force		Marine Corps		All service members						
	Pre- deploy DD2795	Post- deploy DD2796	Reassess DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassess DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassess DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassess DD2900	Pre-deploy DD2795	Post- deploy DD2796	Reassess DD2900
Reserve component	n= 55,543	n= 70,636	n= 68,230	n= 4,788	n= 4,807	n= 5,324	n= 15,557	n= 14,216	n= 15,288	n= 2,264	n= 1,814	n= 5,919	n= 78,152	n= 91,473	n= 94,761
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
General health "fair" or "poor"	0.9	12.0	16.9	0.4	9.9	10.5	0.3	5.4	5.4	1.1	11.1	9.0	0.8	10.8	14.1
Health concerns, not wound or injury	17.4	36.7	43.4	2.0	32.5	32.1	0.6	9.5	16.0	2.1	34.5	35.4	12.7	31.9	37.6
Health worse now than before deployed	na	26.6	32.0	na	23.0	21.3	na	14.0	11.5	na	33.4	24.7	na	24.5	27.5
Exposure concerns	na	32.7	34.8	na	47.9	37.1	na	16.9	20.9	na	27.1	30.6	na	30.8	32.4
PTSD symptoms (2 or more)	na	10.0	19.1	na	6.8	12.9	na	3.2	3.5	na	12.8	14.9	na	8.8	15.9
Depression symptoms (any)	na	30.2	34.0	na	27.4	25.6	na	15.9	14.2	na	39.2	25.7	na	27.9	29.7
Referral indicated by provider (any)	3.2	39.7	43.0	3.1	36.4	26.7	0.5	17.8	10.1	2.6	46.8	34.1	2.6	36.1	35.9
Mental health referral indicated ^a	0.3	5.1	17.0	0.2	3.2	8.7	0.1	1.1	2.2	0.2	4.7	12.2	0.3	4.4	13.8

^aIncludes behavioral health, combat stress and substance abuse referrals. ^bRecord of inpatient or outpatient visit within 6 months after referral.

Medical visit following referral^b

Figure 3. Proportion of service members who endorsed exposure concerns on post-deployment health assessments, U.S. Armed



Data Source: Defense Medical Surveillance System