## Deployment Health Assessments

U.S. Armed Forces

May 2011

(Data through April 2011)

Armed Forces Health Surveillance Center

Report Date: May 08, 2011

## Update: Deployment Health Assessments, U.S. Armed Forces, May 2011

Since January 2003, peaks and troughs in the numbers of pre- and post-deployment health assessment forms transmitted to the Armed Forces Health Surveillance Center generally corresponded to times of departure and return of large numbers of deployers. Between April 2006 and April 2011, the number of post-deployment reassessment (PDHRA) forms per month ranged from 15,600 to 46,900 (Table 1, Figure 1).

During the past 12 months, the proportions of returned deployers who rated their health as "fair" or "poor" were 8-10% on post-deployment health assessment questionnaires and 10-13% on PDHRA questionnaires (Figure 2).

In general, on post-deployment assessments and reassessments, deployers in the Army and in reserve components were more likely than their respective counterparts to report health and exposure-related concerns (Table 2, Figure 3). Both active and reserve component members were more likely to report exposure concerns three to six months after, compared to the time of return from deployment (Figure 3).

At the time of return from deployment, soldiers serving in the active component were the most likely of all deployers to receive mental health referrals; however, three to six months after returning, Army reservists were as likely as active component soldiers to receive mental health referrals (Table 2).

Finally, during the past three years, reserve component members have been more likely than active component service members to report "exposure concerns" on postdeployment assessments and reassessments (Figure 3).

**Table 1.** Deployment-related health assessment forms, by month, U.S. Armed Forces, May 2010-April 2011

	Pre-deploy assessn DD279	nent	Post-deplo assessn DD279	nent	Post-deployment reassessment DD2900			
	No.	%	No.	%	No.	%		
Total	385,937	100	395,130	100	318,902	100		
2010								
May	38,517	10.0	35,574	9.0	23,202	7.3		
June	31,330	8.1	46,040	11.7	25,419	8.0		
July	30,511	7.9	48,345	12.2	23,628	7.4		
August	38,298	9.9	38,970	9.9	31,900	10.0		
September	33,351	8.6	28,785	7.3	28,405	8.9		
October	27,533	7.1	27,905	7.1	27,089	8.5		
November	24,008	6.2	29,796	7.5	30,190	9.5		
December	31,834	8.2	30,588	7.7	24,740	7.8		
2011								
January	41,353	10.7	24,766	6.3	28,229	8.9		
February	28,233	7.3	25,323	6.4	25,923	8.1		
March	31,983	8.3	32,109	8.1	28,019	8.8		
April	28,986	7.5	26,929	6.8	22,158	6.9		

**Figure 2.** Proportion of deployment health assessment forms with self-assessed health status as "fair" or "poor", U.S. Armed Forces, May 2010-April 2011

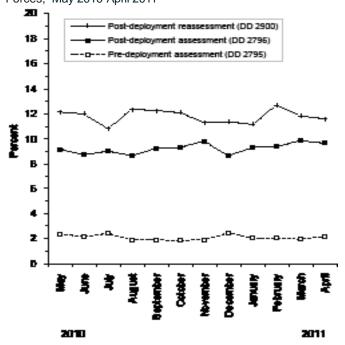
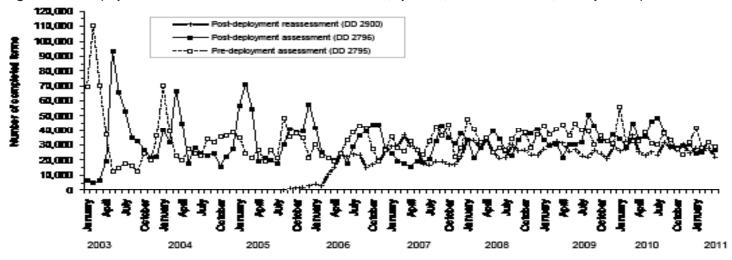


Figure 1. Total deployment health assessment and reassessment forms, by month, U.S. Armed Forces, January 2003-April 2011



**Data Source: Defense Medical Surveillance System** 

**Table 2.** Percentage of service members who endorsed selected questions/received referrals on health assessment forms, U.S. Armed Forces, May 2010-April 2011

•	Army				Navy Air Force				Marine Corps All service members					nbers	
	Pre- deploy DD2795	Post- deploy DD2796	Reassess DD2900	Pre- deploy DD2795	Post- deploy	Reassess DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassess DD2900	Pre- deploy	Post- deploy DD2796	Reassess DD2900		Post- deploy DD2796	Reassess DD2900
Active component	n= 138,841	n= 139,951	n= 123,104	n= 15,760	n= 17,305	n= 16,487	n= 60,869	n= 53,469	n= 50,023	n= 34,935	n= 32,608	n= 31,308	n= 250,405	n= 243,333	n= 220,922
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
General health "fair" or "poor"	3.5	10.1	13.5	1.1	4.5	6.1	0.5	3.3	4.1	1.5	8.4	10.6	2.3	8.0	10.4
Health concerns, not wound or injury	10.7	26.3	24.9	3.0	12.0	15.0	1.8	5.7	11.2	2.3	13.3	20.5	6.9	19.0	20.4
Health worse now than before deployed	na	22.3	22.8	na	11.4	13.9	na	8.5	8.8	na	19.3	21.4	na	18.1	18.8
Exposure concerns	na	20.9	19.7	na	19.9	22.6	na	10.6	14.3	na	19.2	27.8	na	18.4	19.8
PTSD symptoms (2 or more)	na	10.1	11.2	na	5.7	8.5	na	2.5	3.0	na	9.5	12.0	na	8.1	9.3
Depression symptoms (any)	na	30.8	31.6	na	22.6	25.8	na	13.2	13.8	na	27.2	32.9	na	25.9	27.3
Referral indicated by provider (any)	4.9	36.0	31.0	3.4	20.4	18.3	2.0	13.7	7.6	2.1	25.3	30.2	3.7	28.6	24.7
Mental health referral indicated <sup>a</sup>	1.5	8.3	17.9	0.5	3.0	6.5	0.5	1.5	2.4	0.2	2.8	7.0	1.0	5.7	12.0
Medical visit following referral <sup>b</sup>	98.9	99.6	98.3	92.6	90.7	92.2	84.4	95.9	97.4	73.7	75.5	90.0	94.9	96.1	96.4
	Army			Navy		Air Force		Marine Corps		All service members					
	Pre- deploy DD2795	Post- deploy DD2796	Reassess DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassess DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassess DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassess DD2900	Pre-deploy DD2795	Post- deploy DD2796	Reassess DD2900
Reserve component	n= 57,112	n= 61,679	n= 68,365	n= 4,724	n= 4,832	n= 5,527	n= 15,048	n= 13,377	n= 16,101	n= 2,446	n= 2,401	n= 4,198	n= 79,330	n= 82,289	n= 94,191
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
General health "fair" or "poor"	1.0	11.8	17.0	0.4	9.5	10.2	0.3	5.5	5.4	1.0	11.7	9.0	8.0	10.7	14.2
Health concerns, not wound or injury	16.2	36.7	43.5	1.9	31.9	31.6	0.7	9.1	16.2	2.4	36.9	35.3	12.0	32.0	37.8
Health worse now than before deployed	na	26.2	32.0	na	22.7	20.8	na	14.1	11.7	na	33.7	24.6	na	24.2	27.5
Exposure concerns	na	32.4	34.8	na	46.4	36.5	na	15.7	20.9	na	23.9	31.2	na	30.3	32.4
PTSD symptoms (2 or more)	na	9.7	19.4	na	6.7	12.5	na	3.2	3.6	na	12.5	15.8	na	8.5	16.1
Depression symptoms (any)	na	29.4	34.1	na	26.9	25.6	na	15.8	14.4	na	38.7	25.5	na	27.4	29.8
Referral indicated by provider (any)	3.2	40.6	44.0	2.3	36.5	26.7	0.6	18.1	10.4	2.7	48.1	33.4	2.6	36.9	36.8
Mental health referral indicated <sup>a</sup>	0.4	5.1	17.9	0.2	3.3	9.2	0.1	1.2	2.3	0.3	4.9	12.3	0.3	4.4	14.5

<sup>&</sup>lt;sup>a</sup>Includes behavioral health, combat stress and substance abuse referrals. <sup>b</sup>Record of inpatient or outpatient visit within 6 months after referral.

83.5

98.1

40.6

Medical visit following referral<sup>b</sup>

40.9

83.5

94.5

67.6

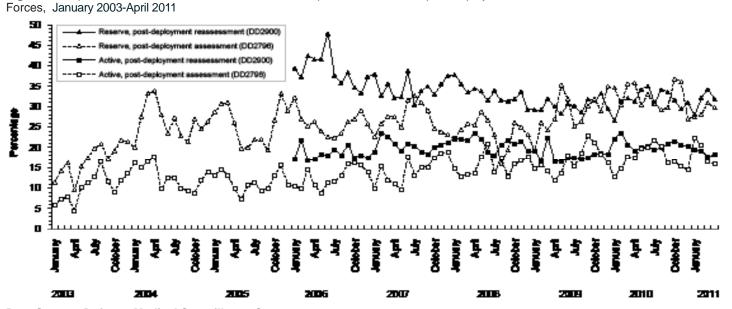


Figure 3. Proportion of service members who endorsed exposure concerns on post-deployment health assessments, U.S. Armed