



DEPARTMENT OF THE ARMY
OFFICE OF THE SURGEON GENERAL
5109 LEESBURG PIKE
FALLS CHURCH, VA 22041-3258

SEP 28 2011

REPLY TO
ATTENTION OF

Executive Office


Dear Soldier:

You have been selected to participate in the 2011 DoD Survey of Health Related Behaviors Among Active Duty Military Personnel. I would like to strongly encourage you to join with other Service Members to participate in the Department of Defense (DoD) ongoing Lifestyle Assessment Program (DLAP).

The survey asks you about health-related behaviors such as diet, exercise, stress, drug, alcohol, and tobacco use. These behaviors affect short- and long-term well-being and greatly influence Soldier readiness. The results of this survey will assist DoD in developing and enhancing programs that help Soldiers improve their health through adopting healthy behaviors.

In a survey such as this, each person who participates represents thousands of other service personnel. Your responses to the questions on the survey are completely anonymous. Neither the data collection contractor nor the DoD will be able to associate any responses with you individually, nor will they be able to track the answers back to you. For us to have useful data, it is very important that you provide complete and accurate responses to the questions asked. Please support this vital effort by responding promptly when you are asked to complete the survey.

Sincerely,


Eric B. Schoomaker, M.D., Ph.D.
Lieutenant General, US Army
The Surgeon General and
Commanding General,
US Army Medical Command