Deployment Health Assessments

U.S. Armed Forces

January 2013

(Data through December 2012)

Armed Forces Health Surveillance Center

Update: Deployment Health Assessments, U.S. Armed Forces, January 2013

Since January 2003, peaks and troughs in the numbers of pre- and post-deployment health assessment forms transmitted to the Armed Forces Health Surveillance Center generally corresponded to times of departure and return of large numbers of deployers. Between April 2006 and December 2012, the number of post-deployment reassessment (PDHRA) forms per month ranged from 15,309 to 36,845 (Table 1, Figure 1).

During the past 12 months, the proportions of returned deployers who rated their health as "fair" or "poor" were 7-10 percent on post-deployment health assessment questionnaires and 10-13 percent on PDHRA questionnaires (Figure 2).

In general, on post-deployment assessments and reassessments, deployers in reserve components were more likely than their respective counterparts to report health and exposure-related concerns (Table 2, Figure 3). In general, active and reserve component members were more likely to report exposure concerns three to six months after, compared to the time of return from deployment (Table 2).

At the time of return from deployment, soldiers serving in the active component of the Army were the most likely of all deployers to receive mental health referrals; three to six months after returning, reservists in all services were more likely than their active component counterparts to receive mental health referrals (**Table 2**).

Finally, during the past three years, reserve component members have been more likely than active component service members to report "exposure concerns" on post-deployment assessments and reassessments (Figure 3).

Table 1. Deployment-related health assessment forms, by month, U.S. Armed Forces, January 2012-December 2012

	Pre-deploy assessm DD279	nent	Post-deplo assessn DD279	nent	Post-deployment reassessment DD2900			
	No.	%	No.	%	No.	%		
Total	323,014	100	293,146	100	277,272	100		
2012								
January	32,293	10.0	28,126	9.6	27,634	10.0		
February	31,483	9.7	20,278	6.9	26,473	9.5		
March	29,310	9.1	30,125	10.3	31,818	11.5		
April	28,275	8.8	27,609	9.4	33,923	12.2		
May	28,173	8.7	28,583	9.8	26,138	9.4		
June	21,430	6.6	25,526	8.7	20,601	7.4		
July	26,346	8.2	24,501	8.4	18,219	6.6		
August	31,203	9.7	24,779	8.5	22,170	8.0		
September	28,615	8.9	24,282	8.3	20,662	7.5		
October	25,516	7.9	23,903	8.2	18,682	6.7		
November	27,330	8.5	18,657	6.4	17,045	6.1		
December	13,040	4.0	16,777	5.7	13,907	5.0		

Figure 2. Proportion of deployment health assessment forms with self-assessed health status as "fair" or "poor," U.S. Armed Forces, January 2012-December 2012

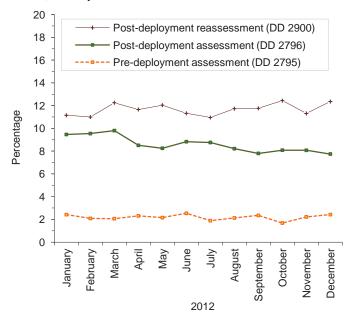
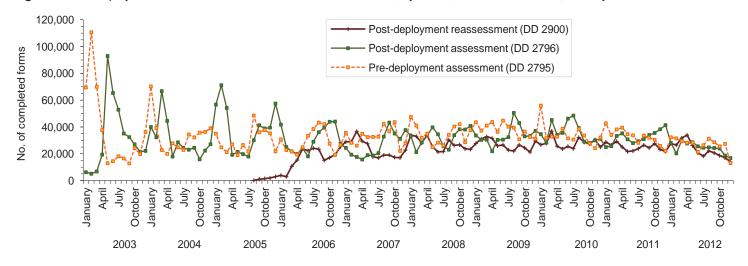


Figure 1. Total deployment health assessment and reassessment forms, by month, U.S. Armed Forces, January 2003-December 2012



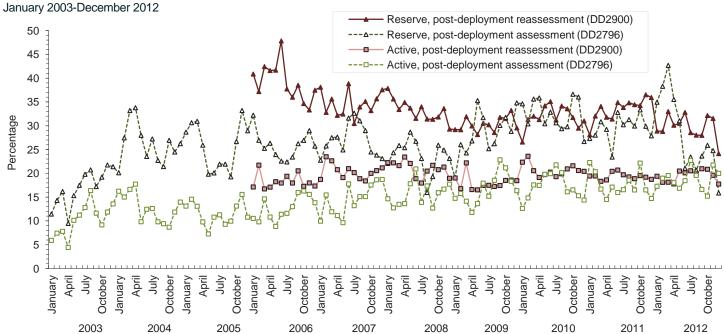
Data Source: Defense Medical Surveillance System

Table 2. Percentage of service members who endorsed selected questions/received referrals on health assessment forms, U.S. Armed Forces, January 2012-December 2012

	Army		Navy		Air Force		Marine Corps			All service members					
	Pre- deploy DD2795	Post- deploy DD2796	Reassessmt DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassessmt DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassessmt DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassessmt DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassessmt DD2900
Active component	n= 132,578 %	n= 98,162 %	n= 117,365 %	n= 10,946 %	n= 12,906 %	n= 15,462 %	n= 45,335 %	n= 42,548 %	n= 35,244 %	n= 25,402 %	n= 34,349 %	n= 35,208 %	n= 214,261 %	n= 187,965 %	n= 203,279 %
General health "fair" or "poor"	3.5	10.2	14.3	0.8	4.6	6.2	0.5	3.3	3.7	1.3	6.6	10.0	2.5	7.6	11.1
Health concerns, not wound or injury	13.5	26.0	24.9	2.5	13.4	16.3	2.3	6.9	11.1	2.3	14.9	20.3	9.2	18.8	21.1
Health worse now than before deployed	0.0	22.7	26.6	na	12.0	14.2	na	8.8	8.6	na	15.5	21.1	na	17.5	21.6
Exposure concerns	0.0	19.2	16.8	na	17.7	24.4	na	21.1	15.2	na	15.8	29.8	na	18.9	19.4
PTSD symptoms (2 or more)	0.0	12.1	14.3	na	5.9	9.1	na	2.5	3.0	na	6.3	11.6	na	8.5	11.5
Depression symptoms (any)	0.0	28.5	32.3	na	20.8	27.8	na	11.4	11.9	na	25.3	32.0	na	23.5	28.4
Referral indicated by provider (any)	4.7	40.1	23.5	2.3	22.8	18.4	1.8	19.4	9.0	2.5	25.5	21.1	3.7	31.5	20.2
Mental health referral indicated ^a	1.8	10.3	7.9	0.4	3.2	6.2	0.3	1.6	2.9	0.3	2.5	7.0	1.2	6.4	6.7
Medical visit following referral ^b	99.4	99.8	98.5	93.0	94.5	92.7	98.7	98.1	99.7	68.5	85.7	89.4	96.7	97.1	96.5
	Army		Navy		Air Force		Marine Corps		All service members						
	Pre- deploy DD2795	Post- deploy DD2796	Reassessmt DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassessmt DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassessmt DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassessmt DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassessmt DD2900
Reserve component	n= 40,910 %	n= 47,168 %	n= 50,759	n= 3,824	n= 3,219	n= 4,364	n= 12,700	n= 12,844	n= 11,419	n= 1,539	n= 2,338	n= 3,605	n= 58,973	n= 65,569	n= 70,147
			0/2	0/2	0/2	0/2			0/2	0/2	0/2	0/2			0/2
Conoral health "fair" or "poor"	0.8		14.0	%	%	%	%	%	%	%	%	%	%	%	%
General health "fair" or "poor"	0.8	11.2	14.9	0.2	6.7	9.6	% 0.3	% 5.1	4.8	0.7	8.8	12.6	0.6	9.7	12.8
General health "fair" or "poor" Health concerns, not wound or injury Health worse now than before deployed	0.8 10.1 0.0		,,,				%	%					%	%	
Health concerns, not wound or injury Health worse now than before	10.1	11.2 29.4	14.9 40.3	0.2	6.7 37.6	9.6 35.1	% 0.3 0.7	% 5.1 9.4	4.8 17.3	0.7	8.8 27.3	12.6 43.1	% 0.6 7.2	% 9.7 25.8	12.8 36.3
Health concerns, not wound or injury Health worse now than before deployed	10.1	11.2 29.4 24.9	14.9 40.3 30.0	0.2 1.1 na	6.7 37.6 21.0	9.6 35.1 23.8	% 0.3 0.7 na	% 5.1 9.4 13.2	4.8 17.3 11.7	0.7 1.8 na	8.8 27.3 25.7	12.6 43.1 30.9	% 0.6 7.2 na	% 9.7 25.8 22.4	12.8 36.3 26.7
Health concerns, not wound or injury Health worse now than before deployed Exposure concerns	10.1 0.0 0.0	11.2 29.4 24.9 28.5	14.9 40.3 30.0 30.0	0.2 1.1 na na	6.7 37.6 21.0 36.3	9.6 35.1 23.8 37.2	% 0.3 0.7 na na	% 5.1 9.4 13.2 29.1	4.8 17.3 11.7 22.3	0.7 1.8 na na	8.8 27.3 25.7 27.2	12.6 43.1 30.9 38.1	% 0.6 7.2 na	% 9.7 25.8 22.4 28.9	12.8 36.3 26.7 29.6
Health concerns, not wound or injury Health worse now than before deployed Exposure concerns PTSD symptoms (2 or more)	10.1 0.0 0.0 0.0	11.2 29.4 24.9 28.5 9.5	14.9 40.3 30.0 30.0 17.1	0.2 1.1 na na na	6.7 37.6 21.0 36.3 7.5	9.6 35.1 23.8 37.2 12.2	% 0.3 0.7 na na	% 5.1 9.4 13.2 29.1 2.5	4.8 17.3 11.7 22.3 3.2	0.7 1.8 na na	8.8 27.3 25.7 27.2 7.4	12.6 43.1 30.9 38.1 19.7	% 0.6 7.2 na na	% 9.7 25.8 22.4 28.9 7.9	12.8 36.3 26.7 29.6 14.7
Health concerns, not wound or injury Health worse now than before deployed Exposure concerns PTSD symptoms (2 or more) Depression symptoms (any)	10.1 0.0 0.0 0.0 0.0	11.2 29.4 24.9 28.5 9.5 26.4	14.9 40.3 30.0 30.0 17.1 31.6	0.2 1.1 na na na	6.7 37.6 21.0 36.3 7.5 24.4	9.6 35.1 23.8 37.2 12.2 31.1	% 0.3 0.7 na na na na	% 5.1 9.4 13.2 29.1 2.5 12.7	4.8 17.3 11.7 22.3 3.2 13.3	0.7 1.8 na na na na	8.8 27.3 25.7 27.2 7.4 30.8	12.6 43.1 30.9 38.1 19.7 36.5	% 0.6 7.2 na na na na	% 9.7 25.8 22.4 28.9 7.9 23.8	12.8 36.3 26.7 29.6 14.7 28.9

^aIncludes behavioral health, combat stress and substance abuse referrals.

Figure 3. Proportion of service members who endorsed exposure concerns on post-deployment health assessments, U.S. Armed Forces,



Data Source: Defense Medical Surveillance System

^bRecord of inpatient or outpatient visit within 6 months after referral.