Deployment Health Assessments

U.S. Armed Forces

November 2013

(Data through October 2013)

Armed Forces Health Surveillance Center

Update: Deployment Health Assessments, U.S. Armed Forces, November 2013

Since January 2003, peaks and troughs in the numbers of pre- and post-deployment health assessment forms transmitted to the Armed Forces Health Surveillance Center generally corresponded to times of departure and return of large numbers of deployers. Between April 2006 and September 2013, the number of post-deployment reassessment (PDHRA) forms per month ranged from 15,309 to 36,845 (Figure 1).

During the past 12 months, the proportions of returned deployers who rated their health as "fair" or "poor" were 6-9 percent on post-deployment health assessment questionnaires and 9-12 percent on PDHRA questionnaires (**Figure 2**). The proportion of pre-deployment service members who rated their health as "fair" or "poor" increased from approximately 2 percent to 5 percent during the past 12-months.

In general, on post-deployment assessments and reassessments, deployers in reserve components were more likely than their respective counterparts to report health and exposure-related concerns (Table 2, Figure 3). Active component Marines and reserve component members of the Army were more likely to report exposure concerns three to six months after, compared to the time of return from deployment (Table 2). At the time of return from deployment, soldiers serving in the active and reserve component of the Army were the most likely of all deployers to receive mental health referrals; three to six months after returning, reservists in all services except the Air Force were more likely than their active component counterparts to receive mental health referrals (Table 2).

Finally, during the past three years, reserve component members have been more likely than active component service members to report "exposure concerns" on post-deployment assessments (Figure 3).

Table 1. Deployment-related health assessment forms, by month, U.S. Armed Forces, November 2012-October 2013

	Pre-deployment assessment DD2795		Post-deplo assessn DD279	nent	Post-deployment reassessment DD2900			
	No.	%	No.	%	No.	%		
Total	304,775	100	240,731	100	273,937	100		
2012								
November	28,893	9.5	19,233	8.0	29,725	10.9		
December	18,279	6.0	19,923	8.3	27,860	10.2		
2013								
January	29,255	9.6	23,631	9.8	28,835	10.5		
February	24,376	8.0	16,776	7.0	23,362	8.5		
March	26,907	8.8	16,591	6.9	21,388	7.8		
April	30,377	10.0	20,755	8.6	20,860	7.6		
May	25,202	8.3	19,714	8.2	25,148	9.2		
June	24,308	8.0	15,590	6.5	18,966	6.9		
July	24,377	8.0	22,395	9.3	18,527	6.8		
August	26,681	8.8	20,424	8.5	19,062	7.0		
September	26,374	8.7	22,139	9.2	19,431	7.1		
October	19,746	6.5	23,560	9.8	20,773	7.6		

Figure 2. Proportion of deployment health assessment forms with self-assessed health status as "fair" or "poor," U.S. Armed Forces, November 2012-October 2013

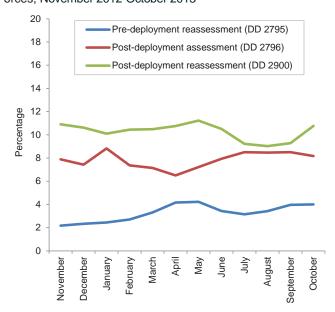
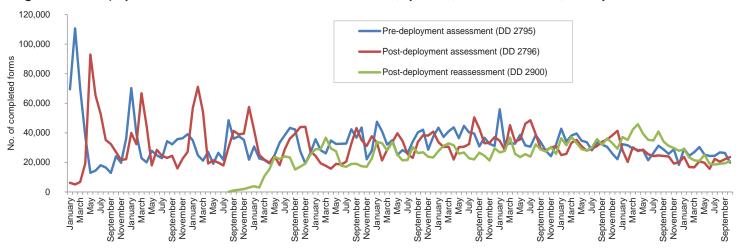


Figure 1. Total deployment health assessment and reassessment forms, by month, U.S. Armed Forces, January 2003-November 2013



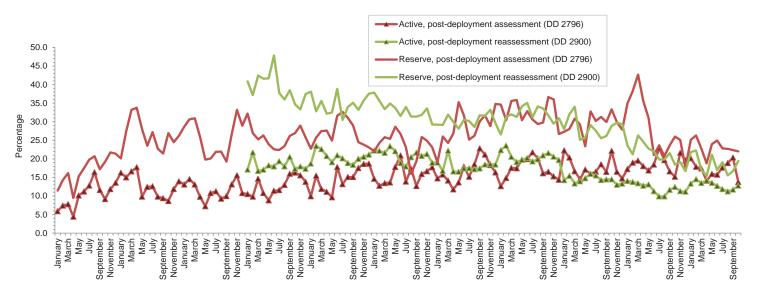
Data Source: Defense Medical Surveillance System

Table 2. Percentage of service members who endorsed selected questions/received referrals on health assessment forms, U.S. Armed Forces, November 2012-October 2013

	Army			Navy		Air Force		Marine Corps			All service members				
	Pre- deploy DD2795	Post- deploy DD2796	Reassessmt DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassessmt DD2900	uepioy	Post- deploy DD2796	Reassessmt DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassessmt DD2900	uepioy	Post- deploy DD2796	Reassessmt DD2900
Active component	n= 128,557 %	n= 91,360 %	n= 85,686 %	n= 9,427 %	n= 9,909 %	n= 14,227 %	n= 48,771 %	n= 43,083 %	n= 68,091 %	n= 26,071 %	n= 24,523 %	n= 27,971 %	n= 212,826 %	n= 168,875 %	n= 195,975 %
General health "fair" or "poor"	5.0	9.9	13.7	1.4	4.7	5.4	1.2	2.8	1.6	2.6	6.0	8.9	3.7	7.2	8.2
Health concerns, not wound or injury	2.6	23.2	7.8	0.3	11.8	1.5	0.1	8.0	0.1	0.3	10.2	2.4	1.6	16.7	3.9
Health worse now than before deployed	na	54.4	60.3	na	59.2	63.3	na	53.9	36.0	na	64.8	65.0	na	56.1	52.8
Exposure concerns	na	19.5	16.1	na	18.5	16.6	na	14.6	5.3	na	16.3	20.2	na	17.7	13.0
PTSD symptoms (2 or more)	na	10.7	13.4	na	5.0	7.6	na	2.5	3.0	na	5.5	10.2	na	7.5	8.9
Depression symptoms (any)	na	26.9	28.6	na	16.0	19.6	na	8.5	8.4	na	19.8	24.6	na	20.6	20.3
Referral indicated by provider (any)	na	34.2	22.7	7.6	30.2	20.2	4.6	21.8	9.5	7.1	35.3	21.4	7.8	30.9	17.8
Mental health referral indicated ^a	3.2	7.0	15.2	1.1	3.8	15.1	0.6	1.6	7.7	0.9	2.8	17.1	2.2	4.8	12.9
Medical visit following referral ^b	99.7	99.9	98.6	84.5	91.1	91.1	99.6	98.7	99.5	70.3	88.1	90.2	93.7	97.1	96.4
		Army			Navy			Air Fo	се	N	larine Co	orps	All se	ervice m	nembers
	Pre- deploy DD2795	Post- deploy DD2796	Reassessmt DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassessmt DD2900	uepioy	Post- deploy DD2796	Reassessmt DD2900	Pre- deploy DD2795	Post- deploy DD2796	Reassessmt DD2900	uepioy	Post- deploy DD2796	Reassessmt DD2900
Reserve component	n= 32,671	n= 36,871	n= 35,592	n= 4,001	n= 4,094	n= 4,112	n= 11,059	n= 9,826	n= 19,943	n= 882	n= 906	n= 1,705	n= 48,613	n= 51,697	n= 61,352
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
General health "fair" or "poor"	1.0	10.6	14.4	0.3	9.7	9.0	0.5	3.9	1.8	1.0	9.9	10.0	8.0	9.3	9.8
Health concerns, not wound or injury	3.8	23.6	14.5	0.1	36.3	3.9	0.0	9.0	0.7	0.2	24.9	6.3	2.6	21.8	9.1
Health worse now than before deployed	na	57.6	58.6	na	68.1	63.1	na	60.0	31.0	na	72.3	68.4	na	59.1	50.2
Exposure concerns	na	22.3	24.6	na	36.0	28.6	na	19.5	6.2	na	27.7	26.2	na	23.0	18.9
PTSD symptoms (2 or more)	na	8.8	15.3	na	8.2	12.0	na	1.9	2.8	na	7.6	16.3	na	7.4	11.1
Depression symptoms (any)	na	23.0	26.2	na	20.2	24.3	na	8.0	7.8	na	21.1	27.7	na	19.9	20.1
Referral indicated by provider (any)	4.8	37.7	47.7	6.4	49.5	35.9	2.0	20.1	6.7	4.8	51.1	41.2	4.3	35.5	33.4
Mental health referral indicated ^a	1.0	7.2	36.4	0.3	4.9	31.4	0.2	1.1	6.0	0.6	5.1	34.5	0.7	5.8	26.1
Medical visit following referral ^b	79.5	98.7	46.5	96.4	98.4	57.3	67.5	68.9	53.4	85.0	82.3	37.8	81.1	94.2	47.3

^aIncludes behavioral health, combat stress and substance abuse referrals.

Figure 3. Proportion of service members who endorsed exposure concerns on post-deployment health assessments, U.S. Armed Forces, January 2003-November 2013



^bRecord of inpatient or outpatient visit within 6 months after referral.