## Deployment Health Assessments

U.S. Armed Forces

September 2014

(Data through August 2014)

Armed Forces Health Surveillance Center

Report Date: 08 September 2014

## Update: Deployment Health Assessments, U.S. Armed Forces, September 2014

Since January 2003, peaks and troughs in the numbers of pre- and post-deployment health assessment forms transmitted to the Armed Forces Health Surveillance Center generally corresponded to times of departure and return of large numbers of deployers. Between April 2006 and August 2014, the number of post-deployment reassessment (PDHRA) forms per month ranged from 15,114 to 45,768 (Table 1, Figure 1).

During the past 12 months, the proportions of returned deployers who rated their health as "fair" or "poor" were 6–10% on post-deployment health assessment questionnaires and 9–12% on PDHRA questionnaires (Figure 2). The proportion of pre-deployment service members who rated their health as "fair" or "poor" ranged from approximately 3–5% during the past 12 months.

In general, on post-deployment assessments and reassessments, deployers in reserve components were more likely than their respective counterparts to report health and exposure-related concerns (Table 2, Figure 3). Service members in the active and reserve component of the Navy and Marine Corps were more likely to report exposure concerns three to six months after, compared to the time of return from deployment (Table 2). At the time of return from deployment, soldiers serving in the active and reserve component of the Army were the most likely of all deployers to receive mental health referrals; three to six months after returning, reservists in all services were more likely than their active component counterparts to receive mental health referrals (Table 2).

Finally, during the past three years, reserve component members have been more likely than active component service members to report "exposure concerns" on post-deployment assessments (Figure 3).

**Table 1.** Deployment-related health assessment forms, by month, U.S. Armed Forces, September 2013–August 2014

|           | Pre-deple<br>assess<br>DD27 | ment | Post-depl<br>assess<br>DD27 | ment | Post-deployment reassessment DD2900 |      |  |  |  |  |  |
|-----------|-----------------------------|------|-----------------------------|------|-------------------------------------|------|--|--|--|--|--|
|           | No. %                       |      | No.                         | %    | No.                                 | %    |  |  |  |  |  |
| Total     | 267,671                     | 100  | 205,145                     | 100  | 256,040                             | 100  |  |  |  |  |  |
| 2013      |                             |      |                             |      |                                     |      |  |  |  |  |  |
| September | 26,568                      | 9.9  | 22,126                      | 10.8 | 19,920                              | 7.8  |  |  |  |  |  |
| October   | 21,413                      | 8.0  | 24,640                      | 12.0 | 22,055                              | 8.6  |  |  |  |  |  |
| November  | 21,132                      | 7.9  | 20,747                      | 10.1 | 18,627                              | 7.3  |  |  |  |  |  |
| December  | 20,863 7.8                  |      | 21,406                      | 10.4 | 21,162                              | 8.3  |  |  |  |  |  |
| 2014      |                             |      |                             |      |                                     |      |  |  |  |  |  |
| January   | 23,592                      | 8.8  | 16,802                      | 8.2  | 25,416                              | 9.9  |  |  |  |  |  |
| February  | 22,531                      | 8.4  | 14,774                      | 7.2  | 22,422                              | 8.8  |  |  |  |  |  |
| March     | 21,076                      | 7.9  | 16,353                      | 8.0  | 25,855                              | 10.1 |  |  |  |  |  |
| April     | 24,101                      | 9.0  | 14,358                      | 7.0  | 22,141                              | 8.6  |  |  |  |  |  |
| May       | 20,990                      | 7.8  | 12,954                      | 6.3  | 20,170                              | 7.9  |  |  |  |  |  |
| June      | 23,079                      | 8.6  | 12,556                      | 6.1  | 21,320                              | 8.3  |  |  |  |  |  |
| July      | 19,705                      | 7.4  | 16,354                      | 8.0  | 19,109                              | 7.5  |  |  |  |  |  |
| August    | 22,621 8.5                  |      | 12,075                      | 5.9  | 17,843 7.0                          |      |  |  |  |  |  |
|           |                             |      |                             |      |                                     |      |  |  |  |  |  |

**Figure 2.** Proportion of deployment health assessment forms with self-assessed health status as "fair" or "poor," U.S. Armed Forces, September 2013–August 2014

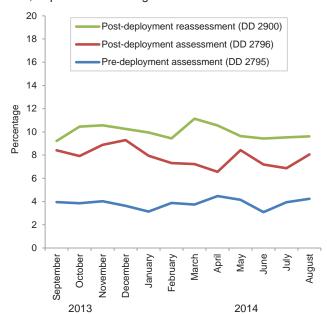
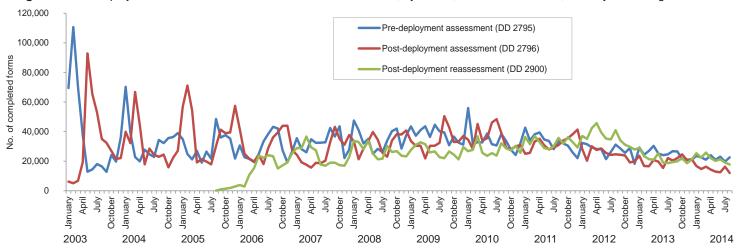


Figure 1. Total deployment health assessment and reassessment forms, by month, U.S. Armed Forces, January 2003–August 2014



**Data Source: Defense Medical Surveillance System** 

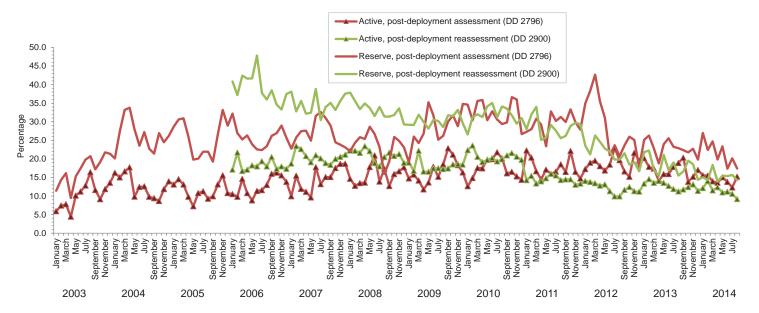
**Table 2.** Percentage of service members who endorsed selected questions/received referrals on health assessment forms, U.S. Armed Forces, September 2013–August 2014

|   | Army                     |                           |                      | Navy                     |                           |                      | Air Force                |                           |                      | I                        | Marine C                  | orps                 | All service members      |                           |                      |
|---|--------------------------|---------------------------|----------------------|--------------------------|---------------------------|----------------------|--------------------------|---------------------------|----------------------|--------------------------|---------------------------|----------------------|--------------------------|---------------------------|----------------------|
|   | Pre-<br>deploy<br>DD2795 | Post-<br>deploy<br>DD2796 | Reassessmt<br>DD2900 |
| Active component                              | n=<br>116,453            | n=<br>74,286              | n=<br>82,749         | n=<br>7,894              | n=<br>7,351               | n=<br>8,992          | n=<br>41,372             | n=<br>42,635              | n=<br>73,044         | n=<br>24,487             | n=<br>21,112              | n=<br>19,621         | n=<br>190,206            | n=<br>145,384             | n=<br>184,406        |
|   | %                        | %                         | %                    | %                        | %                         | %                    | %                        | %                         | %                    | %                        | %                         | %                    | %                        | %                         | %                    |
| General health "fair" or "poor"               | 5.7                      | 10.2                      | 13.0                 | 1.4                      | 3.9                       | 5.1                  | 1.1                      | 2.6                       | 1.5                  | 2.5                      | 5.4                       | 9.0                  | 4.1                      | 7.0                       | 7.6                  |
| Health concerns, not wound or injury          | 7.1                      | 21.1                      | 17.6                 | 2.9                      | 9.5                       | 7.7                  | 2.8                      | 7.9                       | 6.6                  | 3.6                      | 9.7                       | 9.4                  | 5.5                      | 15.0                      | 11.9                 |
| Health worse now than before deployed         | na                       | 73.5                      | 75.6                 | na                       | 67.7                      | 74.9                 | na                       | 60.6                      | 33.8                 | na                       | 71.5                      | 79.4                 | na                       | 69.1                      | 59.4                 |
| Exposure concerns                             | na                       | 17.2                      | 14.6                 | na                       | 15.6                      | 16.7                 | na                       | 13.3                      | 4.7                  | na                       | 11.7                      | 25.0                 | na                       | 15.2                      | 11.9                 |
| PTSD symptoms (2 or more)                     | na                       | 9.5                       | 11.7                 | na                       | 4.0                       | 6.5                  | na                       | 2.3                       | 3.4                  | na                       | 4.7                       | 8.7                  | na                       | 6.4                       | 7.9                  |
| Depression symptoms (any)                     | na                       | 25.7                      | 25.7                 | na                       | 14.7                      | 18.0                 | na                       | 8.0                       | 8.8                  | na                       | 17.3                      | 22.7                 | na                       | 18.8                      | 18.3                 |
| Referral indicated by provider (any)          | 10.0                     | 30.7                      | 20.6                 | 10.1                     | 28.6                      | 19.0                 | 4.9                      | 14.3                      | 9.1                  | 3.8                      | 30.4                      | 16.4                 | 8.1                      | 25.7                      | 15.5                 |
| Mental health referral indicated <sup>a</sup> | 3.4                      | 7.0                       | 17.5                 | 0.7                      | 3.2                       | 14.2                 | 8.0                      | 1.9                       | 7.6                  | 0.6                      | 3.1                       | 14.1                 | 2.3                      | 4.7                       | 13.1                 |
| Medical visit following referral <sup>b</sup> | 99.3                     | 99.8                      | 98.6                 | 86.7                     | 91.7                      | 87.9                 | 99.8                     | 99.6                      | 100.0                | 78.8                     | 89.9                      | 88.7                 | 97.2                     | 97.5                      | 96.8                 |
|   | Army                     |                           | Navy                 |                          | Air Force                 |                      |                          | Marine Corps              |                      |                          | All service members       |                      |                          |                           |                      |

|   | Army                     |                           |                      | Navy                     |                           |                      | Air Force                |                           |                      | Marine Corps             |                           |                      | All service members      |                           |                      |
|---|--------------------------|---------------------------|----------------------|--------------------------|---------------------------|----------------------|--------------------------|---------------------------|----------------------|--------------------------|---------------------------|----------------------|--------------------------|---------------------------|----------------------|
|   | Pre-<br>deploy<br>DD2795 | Post-<br>deploy<br>DD2796 | Reassessmt<br>DD2900 |
| Reserve component                             | n=<br>24,307             | n=<br>29,324              | n=<br>30,830         | n=<br>2,698              | n=<br>3,375               | n=<br>4,025          | n=<br>10,166             | n=<br>9,020               | n=<br>23,530         | n=<br>459                | n=<br>995                 | n=<br>933            | n=<br>37,630             | n=<br>42,714              | n=<br>59,318         |
| · ·   | %                        | %                         | %                    | %                        | %                         | %                    | %                        | %                         | %                    | %                        | %                         | %                    | %                        | %                         | %                    |
| General health "fair" or "poor"               | 1.3                      | 12.2                      | 14.3                 | 0.4                      | 10.2                      | 10.3                 | 8.0                      | 4.2                       | 1.4                  | 1.1                      | 9.0                       | 9.6                  | 1.1                      | 10.3                      | 8.8                  |
| Health concerns, not wound or injury          | 3.1                      | 24.3                      | 20.4                 | 1.5                      | 37.0                      | 13.4                 | 1.3                      | 9.8                       | 3.3                  | 1.5                      | 23.1                      | 11.7                 | 2.5                      | 22.2                      | 13.0                 |
| Health worse now than before deployed         | na                       | 73.6                      | 79.0                 | na                       | 74.7                      | 80.0                 | na                       | 64.2                      | 26.3                 | na                       | 75.2                      | 81.6                 | na                       | 71.8                      | 58.2                 |
| Exposure concerns                             | na                       | 21.7                      | 22.9                 | na                       | 37.4                      | 32.8                 | na                       | 15.8                      | 4.0                  | na                       | 19.7                      | 22.9                 | na                       | 21.6                      | 16.1                 |
| PTSD symptoms (2 or more)                     | na                       | 9.4                       | 14.0                 | na                       | 8.1                       | 12.9                 | na                       | 2.3                       | 2.7                  | na                       | 7.2                       | 14.8                 | na                       | 7.8                       | 9.5                  |
| Depression symptoms (any)                     | na                       | 23.8                      | 23.9                 | na                       | 19.0                      | 23.9                 | na                       | 8.2                       | 7.0                  | na                       | 17.9                      | 26.0                 | na                       | 20.0                      | 17.2                 |
| Referral indicated by provider (any)          | 6.1                      | 36.1                      | 49.1                 | 5.1                      | 50.9                      | 44.2                 | 2.5                      | 16.7                      | 8.3                  | 3.9                      | 51.4                      | 41.5                 | 5.1                      | 33.5                      | 32.5                 |
| Mental health referral indicated <sup>a</sup> | 1.6                      | 8.2                       | 48.3                 | 0.3                      | 3.6                       | 43.7                 | 0.3                      | 1.8                       | 7.9                  | 0.7                      | 6.4                       | 40.2                 | 1.2                      | 6.4                       | 31.8                 |
| Medical visit following referral <sup>b</sup> | 88.5                     | 99.6                      | 46.7                 | 98.8                     | 98.7                      | 55.8                 | 67.9                     | 78.0                      | 57.7                 | 87.5                     | 89.8                      | 46.0                 | 86.2                     | 97.1                      | 48.5                 |

<sup>&</sup>lt;sup>a</sup>Includes behavioral health, combat stress and substance abuse referrals.

**Figure 3.** Proportion of service members who endorsed exposure concerns on post-deployment health assessments, U.S. Armed Forces, January 2003–August 2014



<sup>&</sup>lt;sup>b</sup>Record of inpatient or outpatient visit within 6 months after referral.