

# **TRICARE Users Consumer Watch** East-North+Quarter 2 FY 2018

### **Defense Health Cost Assessment & Program Evaluation**

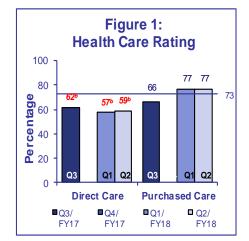
#### Source: Health Care Survey of DoD Beneficiaries

#### **Inside Consumer Watch**

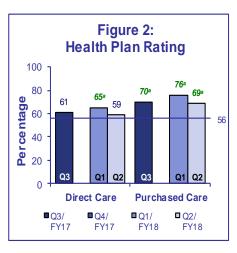
**TRICARE** Consumer Watch is a brief summary of what TRICARE users in your region say about their healthcare. Data are taken from the Health Care Survey of DoD **Beneficiaries** (HCSDB). The HCSDB includes the questions from Consumer Assessment of Healthcare Providers and Systems (CAHPS), a survey designed to help consumers choose among health plans. The survey for quarter four of FY2017 was canceled.

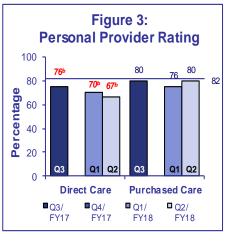
Benchmark data, from the National Committee for Quality Assurance (NCQA) for 2017, are used in calculating benchmarks. Rates differing significantly from the benchmark are in italics and shown in red or green.





Figures 1 through 4 show the proportion of Prime enrollees with a military PCM (direct care), or enrolled to a civilian PCM, or using Standard/Extra for most of their care in the past year (purchased care) who respond 8 or above when asked to give a rating on a 0 to 10 scale (0 is bad, and 10 is good), for Health Care, Health Plan, Personal Doctor, or the Specialist they see most often. Rates are adjusted for age and health status.





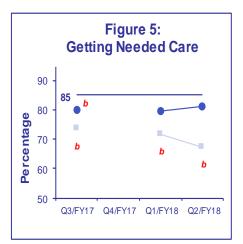


### **Health Care Topics**

Health Care Topics scores average together results for related questions.

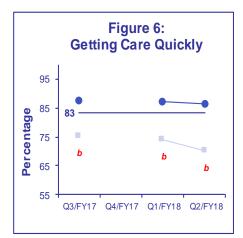
Each score is the percentage who "usually" or "always" got treatment they wanted. Asterisks show values significantly different from the benchmark (p < .05).

Figure 5 presents the composites "Getting needed care". Scores are based on patients' problems getting referrals and approvals and getting needed treatment.



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"Getting care quickly" shown in Figure 6 scores concern how long patients wait for an appointment or wait in the doctor's office.



Scores in Figure 7, "Doctor's communication" are based on whether the doctor spends enough time with patients, treats them respectfully and answers their questions.

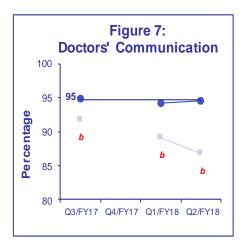
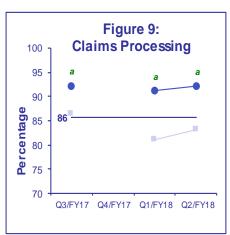




Figure 8 shows "Customer service" scores, which concern patients' ability to get information about their health plan.



"Claims processing" scores in Figure 9 are based on the timeliness and correctness of plan's claims handling.

#### **Preventive Care**

The preventive care table compares TRICARE users' rates for diagnostic screening tests and smoking and tobacco use cessation with goals from Healthy People 2020, a government initiative to improve Americans' health by preventing illness.

#### **Preventive Care**

Type of Care	Qtr 3 FY 2017	Qtr 4 FY 2017	Qtr 1 FY 2018	Qtr 2 FY 2018	Healthy People 2020 Goal
Mammography (women >= 40) Direct Care	82	-	83	<b>86ª</b> (431)	81
Purchased Care	82	-	81	78 (148)	01
Pap Smear (women >= 18) Direct Care	83 <sup>6</sup>	-	82 <sup>6</sup>	<b>79</b> <sup>6</sup> (809)	
Purchased Care	81 <sup>ь</sup>	-	72 <sup>ь</sup>	<b>83</b> <sup>b</sup> (238)	93
Hypertension Screen (adults) Direct Care	91 <sup>5</sup>	-	90 <sup>ь</sup>	<b>90</b> <sup>6</sup> (2,019)	
Purchased Care	92	-	96	94 (423)	95
Prenatal Care (in 1st trimester) Direct Care	91ª	-	89	87 (68)	
Purchased Care	-	-	-		78
Percent Not Obese (adults) Direct Care	80ª	-	80ª	<b>79</b> ª (1,906)	
Purchased Care	67	-	65	(1,300) 73 (393)	69
Non-Smokers (adults) Direct Care	92ª	-	90	90 (1,957)	
Purchased Care	93ª	-	93ª	<b>96</b> <sup>a</sup> (407)	88
Counseled to Quit (adults) Direct Care	80	-	79	79 (230)	
Purchased Care	-	-	-	(230) 74 (35)	-

<sup>a</sup>Numbers in green significantly exceed the Healthy People 2020 goal (p<.05). <sup>b</sup>Numbers in red significantly fall short of the Healthy People 2020 goal (p<.05). The number of responding beneficiaries for each type of care is in parentheses.

### Figure 1: Health Care Rating

Qtr/Yr/Benchmark	Direct Care	Purchased Care
Benchmark	73	73
Q3/FY17	<b>62</b> <sup>b</sup>	66
Q4/FY17	-	-
Q1/FY18	<b>57</b> <sup>b</sup>	77
Q2/FY18	<b>59</b> <sup>b</sup>	77

### Figure 2: Health Plan Rating

Qtr/Yr/Benchmark	Direct Care	Purchased Care
Benchmark	56	56
Q3/FY17	61	70 ª
Q4/FY17	-	-
Q1/FY18	65 ª	<b>76</b> <sup>a</sup>
Q2/FY18	59	<b>69</b> <sup>a</sup>

### Figure 3: Personal Provider Rating

Qtr/Yr/Benchmark	Direct Care	Purchased Care
Benchmark	82	82
Q3/FY17	<b>76</b> <sup>b</sup>	80
Q4/FY17	-	-
Q1/FY18	<b>70</b> <sup>b</sup>	76
Q2/FY18	67 <sup>b</sup>	80

### Figure 4: Specialist Rating

Qtr/Yr/Benchmark	Direct Care	Purchased Care
Benchmark	81	81
Q3/FY17	79	85
Q4/FY17	-	-
Q1/FY18	<b>73</b> <sup>b</sup>	85
Q2/FY18	77	81

# Figure 5: Getting Needed Care

Qtr/Yr	Benchmark	Direct Care	Purchased Care
Q3/FY17	85	<b>74</b> <sup>b</sup>	<b>80</b> <sup>b</sup>
Q4/FY17	85	-	-
Q1/FY18	85	<b>72</b> <sup>b</sup>	80
Q2/FY18	85	<b>67</b> <sup>b</sup>	81

# Figure 6: Getting Care Quickly

Qtr/Yr	Benchmark	Direct Care	Purchased Care
Q3/FY17	83	<b>75</b> <sup>b</sup>	88
Q4/FY17	83	-	-
Q1/FY18	83	<b>74</b> <sup>b</sup>	87
Q2/FY18	83	<b>70</b> <sup>b</sup>	86

# Figure 7: Doctors Communication

Qtr/Yr	Benchmark	Direct Care	Purchased Care
Q3/FY17	95	<b>92</b> <sup>b</sup>	95
Q4/FY17	95	-	-
Q1/FY18	95	<b>89</b> <sup>b</sup>	94
Q2/FY18	95	<b>87</b> <sup>b</sup>	95

# Figure 8: Customer Service

Qtr/Yr	Benchmark	Direct Care	Purchased Care
Q3/FY17	84	<b>79</b> <sup>b</sup>	85
Q4/FY17	84	-	-
Q1/FY18	84	<b>78</b> <sup>b</sup>	86
Q2/FY18	84	<b>74</b> <sup>b</sup>	77

# Figure 9: Claims Processing

Qtr/Yr	Benchmark	Direct Care	Purchased Care
Q3/FY17	86	86	<b>92</b> <sup>a</sup>
Q4/FY17	86	-	-
Q1/FY18	86	81	<b>91</b> ª
Q2/FY18	86	83	<b>92</b> <sup>a</sup>

### **Preventive Care**

Type of Care	Qtr 3 FY 2017	Qtr 4 FY 2017	Qtr 1 FY 2018	Qtr 2 FY 2018	Healthy People 2020 Goal
Mammography (women >= 40): Direct Care	82	-	83	86 ª(431)	81
Mammography (women >= 40): Purchased Care	82	-	81	78 (148)	81
Pap Smear (women >= 18): Direct Care	<b>83</b> <sup>b</sup>	-	<b>82</b> <sup>b</sup>	79 <sup>b</sup> (809)	93
Pap Smear (women >= 18): Purchased Care	<b>81</b> <sup>b</sup>	-	<b>72</b> <sup>b</sup>	83 <sup>b</sup> (238)	93
Hypertension Screen (adults): Direct Care	<b>91</b> <sup>b</sup>	-	<b>90</b> <sup>b</sup>	90 <sup>b</sup> (2019)	95
Hypertension Screen (adults): Purchased Care	92	-	96	94 (423)	95
Prenatal Care (in 1st trimester): Direct Care	91 ª	-	89	87 (68)	78
Prenatal Care (in 1st trimester): Purchased Care	-	-	-	-	78
Percent Not Obese (adults): Direct Care	80 ª	-	80 ª	<b>79</b> °(1906)	69
Percent Not Obese (adults): Purchased Care	67	-	65	73 (393)	69
Non-Smokers (adults): Direct Care	<b>92</b> <sup>a</sup>	-	90	90 (1957)	88
Non-Smokers (adults): Purchased Care	<b>93</b> <sup>a</sup>	-	<b>93</b> <sup>a</sup>	96 ª(407)	88
Counseled to Quit (adults): Direct Care	80	-	79	79 (230)	-
Counseled to Quit (adults): Purchased Care	-	-	-	74 (35)	-

a.Numbers in green significantly exceed the Healthy People 2020 goal (p< .05). b.Numbers in red significantly fall short of the Healthy People 2020 goal (p< .05). The number of responding beneficiaries for each type of care is in parentheses.