#### APPENDIX A

ANNOTATED QUESTIONNAIRE – QUARTER II

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# Health Care Survey of DoD Beneficiaries

A world-wide survey of beneficiaries eligible for health care coverage through the military health system

January 2018

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# Military Health Care Survey: Adult Questionnaire January 2018

#### **Privacy Advisory**

Providing information in this Survey is voluntary. There is no penalty nor will your benefits be affected if you choose not to respond, although maximum participation is encouraged so that the data will be complete and representative.

The Survey was written so that answers should not require you to provide any personally identifiable information (PII), but please be assured that any PII provided will be treated as confidential. Your responses are collected via a secure system which does not collect any information that could be used to determine your identity.

Answering the questions is voluntary; you may stop the Survey at any time.

According to the Privacy Act of 1974 (5 U.S.C. §552a), the Department of Defense is required to inform you of the purposes and use of this survey. Please read it carefully.

**Authority:** 10 U.S.C. §1074 (Medical and Dental Care for Members and Certain Former Members, as amended by National Defense Authorization Act of 1993, Public Law 102-484, §706); 10 U.S.C. §1074f (Medical Tracking System for Members Deployed Overseas); 32 C.F.R. §199.17 (TRICARE Program); 45 C.F.R. Part 160 Subparts A and E of Part 164 (Health Insurance Portability and Accountability Act of 1996, Privacy Rule); DoD 6025.18-R (Department of Defense Health Information Privacy Regulation); DoD 6025.13-R (Military Health System Clinical Quality Assurance Program Regulation); 64 FR 22837 (DHA 08 – Health Affairs Survey Data Base, April 28, 1999); and, E.O. 9397 (as amended, November 20, 2008, for SSN collection).

**Purpose:** This survey helps health policy makers gauge beneficiary satisfaction with the current military health care system and provides valuable input from beneficiaries that will be used to improve the Military Health System.

Routine Uses: None.

**Disclosure:** Participation is voluntary. Failure to respond will not result in any penalty to the respondent; however maximum participation is encouraged so that data will be as complete and representative as possible.

#### **SURVEY INSTRUCTIONS**

Thank you for taking the time to participate in this online survey.

Please note, if the survey is idle for more than 5 minutes, you will be logged out automatically to protect your privacy. If that happens, simply wait 15 minutes and log back in. Please keep your password because you may need it later.

During the survey, please do not use your browser's FORWARD and BACK buttons. Instead, please always use the buttons below to move backward and forward through the survey.

To begin, just click on the "Next" button below. This will take you right into the survey.

#### **SURVEY STARTS HERE**

As an eligible TRICARE beneficiary, <u>please complete this survey even if you did not receive your health</u> <u>care from a military facility</u>.

Please recognize that some specific questions about TRICARE benefits may not apply to you, depending on your entitlement and particular TRICARE program.

This survey is about the health care of the person whose name appears on the cover letter. The questionnaire should be completed by that person. If you are not the addressee, please give this survey to that person.

Question 1: Are you the person whose name appears on the cover letter?

Variable name: H18001 Editing notes: None

Response	Directions	Value	Percent
Yes	Go to Question 2	1	99.8%
No	Please give this questionnaire to the person addressed on the cover	2	0.2%

letter.

### Question 2: By which of the following health plans are you currently covered? MARK ALL THAT APPLY

Variable names: H18002A, H18002C, H18002F-H18002V

Editing notes: None

#### **Military Health Plans**

Response	Variable Name	Percent Marked
TRICARE Prime (including most Active Duty, TRICARE Prime Remote, and	H18002A	44.3%
TRICARE Overseas)		
TRICARE Select (previously known as TRICARE Extra or Standard	H18002C	13.9%
(CHAMPUS))		
TRICARE Plus	H18002N	0.8%
TRICARE for Life	H18002O	31.1%
TRICARE Supplemental Insurance	H18002P	0.4%
TRICARE Reserve Select	H18002Q	3.2%
TRICARE Retired Reserve	H18002S	1.8%
TRICARE Young Adult Prime	H18002T	0.5%
TRICARE Young Adult Extra or Standard	H18002V	0.4%
Uniformed Services Family Health Plan (USFHP)	H18002K	1.2%
Continued Health Care Benefit Program (CHCBP) (a COBRA-like premium-	H18002U	0.1%
based health care program)		

#### **Other Health Plans**

Response	Variable	Percent Marked
	Name	
Medicare	H18002F	31.4%
Federal Employees Health Benefit Program (FEHBP)	H18002G	2.6%
Medicaid	H18002H	1.3%
A civilian HMO (such as Kaiser)	H18002I	0.9%
Other civilian health insurance (such as Blue Cross)	H18002J	6.2%
The Veterans Administration (VA)	H18002M	7.8%
Government health insurance from a country other than the U.S.	H18002R	0.3%
Not sure	H18002L	5.6%

### Question 3: Which health plan did you use for all or most of your healthcare <u>in the last 12 months?</u> MARK ONLY ONE ANSWER

Variable name: H18003 Editing notes: See Note 1

Response	Directions	Value	Percent
TRICARE Prime (including most Active Duty, TRICARE Prime		1	42.4%
Remote, and TRICARE Overseas)			
TRICARE Extra or Standard (CHAMPUS) (now known as		3	10.5%
TRICARE Select)			
TRICARE Plus		11	0.6%
TRICARE Reserve Select		12	3.4%
TRICARE Retired Reserve		14	1.0%
TRICARE Young Adult Prime		15	0.3%
TRICARE Young Adult Extra or Standard		17	0.3%
Uniformed Services Family Health Plan (USFHP)		9	1.1%
Continued Health Care Benefit Program (CHCBP) (a COBRA-		16	0.1%
like premium-based health care program)			
Medicare (may include TRICARE for Life)		4	25.8%
Federal Employees Health Benefit Program (FEHBP)		5	1.6%
Medicaid		6	0.3%
A civilian HMO (such as Kaiser)		7	0.7%
Other civilian health insurance (such as Blue Cross)		8	4.8%
The Veterans Administration (VA)		10	3.7%
Government health insurance from a country other than the		13	0.4%
U.S.			
Not sure	Go to Question 5	-5	3.0%
Did not use any health plan in the last 12 months	Go to Question 5	-6	

### For the remainder of this questionnaire, the term <u>health plan</u> refers to the plan you indicated in Question 3.

#### Question 4: How many months or years in a row have you been in this health plan?

Variable name: H18004 Editing notes: See Note 1

Response	Value	Percent
Less than 6 months	1	1.4%
At least 6 months but less than 12 months	2	4.6%
At least 12 months but less than 24 months	3	7.2%
At least 2 years but less than 5 years	4	20.0%
At least 5 years but less than 10 years	5	21.6%
10 or more years	6	45.3%

#### YOUR HEALTH CARE IN THE LAST 12 MONTHS

These questions ask about your own health care. Do <u>not</u> include care you got when you stayed overnight in a hospital. Do <u>not</u> include the times you went for dental care visits.

Question 5: In the last 12 months, did you have an illness, injury, or condition that <u>needed care right</u> <u>away</u> in a clinic, emergency room, or doctor's office?

Variable name: H18006 Editing notes: See Note 2

Response	Directions	Value	Percent
Yes		1	46.7%
No	Go to Question 8	2	53.3%

Question 6: In the last 12 months, when you <u>needed care right away</u>, how often did you get care as soon as you needed?

Variable name: H18007 Editing notes: See Note 2

Response	Value	Percent
Never	1	2.2%
Sometimes	2	10.1%
Usually	3	19.9%
Always	4	67.7%
I didn't need care right away for an illness, injury or condition in the last 12 months	-6	

Question 7: In the last 12 months, when you <u>needed care right away</u> for an illness, injury, or condition, how long did you usually have to wait between trying to get care and actually seeing a provider? Variable name: H18008

Editing notes: See Note 2

Response	Value	Percent
Same day	1	62.0%
1 day	2	13.5%
2 days	3	7.6%
3 days	4	3.6%
4-7 days	5	6.1%
8-14 days	6	3.7%
15 days or longer	7	3.4%
I didn't need care right away for an illness, injury or condition in the last 12 months	-6	

Question 8: In the last 12 months, not counting the times you needed health care right away, did you make any <u>appointments</u> for your health care at a doctor's office or clinic?

Variable name: H18009 Editing notes: See Note 3

Response	Directions	Value	Percent
Yes		1	85.8%
No	Go to Question 11	2	14.2%

### Question 9: In the last 12 months, how often did you get an appointment for a check-up or routine care at a doctor's office or clinic as soon as you needed?

Variable name: H18010 Editing notes: See Note 3

Response	Value	Percent
Never	1	3.3%
Sometimes	2	17.1%
Usually	3	28.1%
Always	4	51.5%
I had no appointments in the last 12 months	-6	

## Question 10: In the last 12 months, not counting the times you needed health care right away, how many <u>days</u> did you usually have to wait between making an <u>appointment</u> and actually <u>seeing a provider?</u>

Variable name: H18011 Editing notes: See Note 3

Response	Value	Percent
Same day	1	7.7%
1 day	2	9.3%
2-3 days	3	22.4%
4-7 days	4	22.7%
8-14 days	5	17.8%
15-30 days	6	12.9%
31 days or longer	7	7.2%
I had no appointments in the last 12 months	-6	

### Question 11: In the last 12 months, how many times did you go to an <u>emergency room</u> to get care for yourself?

Variable name: H18012 Editing notes: None

Response	Value	Percent
None	1	71.7%
1	2	18.2%
2	3	6.0%
3	4	2.4%
4	5	1.2%
5 to 9	6	0.4%
10 or more	7	0.1%

Question 12: In the last 12 months (not counting times you went to an emergency room), how many times did you go to a <u>doctor's office or clinic</u> to get health care for yourself?

Variable name: H18013 Editing notes: See Note 4

Response	Directions	Value	Percent
None	Go to Question 19	1	12.6%
1		2	11.3%
2		3	16.8%
3		4	15.3%
4		5	14.3%
5 to 9		6	20.4%
10 or more		7	9.4%

Question 13: In the last 12 months, how often did you and a doctor or other health provider talk about specific things you could do to prevent illness?

Variable name: H18014 Editing notes: See Note 4

Response	Value	Percent
Never	1	12.1%
Sometimes	2	25.1%
Usually	3	29.4%
Always	4	33.4%

Question 14: Choices for your treatment or health care can include choices about medicine, surgery, or other treatment. In the last 12 months, did a doctor or other health provider tell you there was more than one choice for your treatment or health care?

Variable name: H18015

**Editing notes:** See Notes 4 and 5

Response	Directions	Value	Percent
Yes		1	61.3%
No	Go to Question 17	2	38.7%

Question 15: In the last 12 months, did a doctor or other health provider talk with you about the pros and cons of each choice for your treatment or health care?

Variable name: H18016

Editing notes: See Notes 4 and 5

Response	Value	Percent
Definitely yes	1	68.3%
Somewhat yes	2	27.7%
Somewhat no	3	2.7%
Definitely no	4	1.3%

Question 16: In the last 12 months, when there was more than one choice for your treatment or health care, did a doctor or other health provider ask which choice you thought was best for you?

Variable name: H18017

**Editing notes:** See Notes 4 and 5

Response	Value	Percent
Definitely yes	1	60.4%
Somewhat yes	2	30.4%
Somewhat no	3	5.8%
Definitely no	4	3.4%

Question 17: Using any number from 0 to 10, where 0 is the worst health care possible and 10 is the best health care possible, what number would you use to rate all your health care in the last 12 months?

Variable name: H18018 Editing notes: See Note 4

Response	Value	Percent
0 – Worst health care possible	0	0.7%
1	1	0.5%
2	2	0.7%
3	3	1.6%
4	4	1.9%
5	5	4.9%
6	6	5.5%
7	7	10.6%
8	8	20.6%
9	9	19.9%
10 – Best health care possible	10	33.1%
I had no visits in the last 12 months	-6	

### Question 18: In the last 12 months, how often was it easy to get the care, tests, or treatment you needed?

Variable name: H18033 Editing notes: See Note 4

Response	Value	Percent
Never	1	2.0%
Sometimes	2	14.2%
Usually	3	33.0%
Always	4	50.8%

#### YOUR PERSONAL DOCTOR

Question 19: A personal doctor is the one you would see if you need a checkup, want advice about a health problem, or get sick or hurt. Do you have a personal doctor?

Variable name: H18019 Editing notes: See Note 6

Response	Directions	Value	Percent
Yes		1	79.4%
No	Go to Question 29	2	20.6%

Question 20: In the last 12 months, how many times did you visit your personal doctor to get care for yourself?

Variable name: H18020

Editing notes: See Notes 6 and 7

Response	Directions	Value	Percent
None	Go to Question 25	0	8.0%
1		1	18.9%
2		2	26.7%
3		3	17.6%
4		4	15.4%
5 to 9		5	11.1%
10 or more		6	2.3%

Question 21: In the last 12 months, how often did your personal doctor listen carefully to you?

Variable name: H18021

Editing notes: See Notes 6 and 7

Response	Value	Percent
Never	1	0.9%
Sometimes	2	6.4%
Usually	3	16.7%
Always	4	76.0%
I had no visits in the last 12 months	-6	

Question 22: In the last 12 months, how often did your personal doctor explain things in a way that was easy to understand?

Variable name: H18022

Editing notes: See Notes 6 and 7

Response	Value	Percent
Never	1	0.4%
Sometimes	2	4.5%
Usually	3	18.2%
Always	4	76.8%
I had no visits in the last 12 months	-6	

#### Question 23: In the last 12 months, how often did your personal doctor show respect for what you

had to say?

Variable name: H18023

**Editing notes:** See Notes 6 and 7

Response	Value	Percent
Never	1	0.9%
Sometimes	2	4.9%
Usually	3	13.5%
Always	4	80.7%
I had no visits in the last 12 months	-6	

#### Question 24: In the last 12 months, how often did your personal doctor spend enough time with you?

Variable name: H18024

Editing notes: See Notes 6 and 7

Response	Value	Percent
Never	1	1.9%
Sometimes	2	6.3%
Usually	3	22.4%
Always	4	69.4%
I had no visits in the last 12 months	-6	

### Question 25: In the last 12 months, did you get care from a doctor or other health provider besides your personal doctor?

Variable name: H18025

Editing notes: See Notes 6, 7, and 8

Response	Directions	Value	Percent
Yes		1	76.2%
No	Go to Question 27	2	23.8%

### Question 26: In the last 12 months, how often did your personal doctor seem informed and up-to-date about the care you got from these doctors or other health providers?

Variable name: H18026

Editing notes: See Notes 6, 7, and 8

Response	Value	Percent
Never	1	7.0%
Sometimes	2	14.8%
Usually	3	31.4%
Always	4	46.8%

Question 27: Using any number from 0 to 10, where 0 is the worst personal doctor possible and 10 is the best personal doctor possible, what number would you use to rate your personal doctor?

Variable name: H18027 Editing notes: See Note 6

Response	Value	Percent
0 – Worst personal doctor possible	0	0.7%
1	1	0.6%
2	2	0.6%
3	3	1.2%
4	4	1.0%
5	5	4.2%
6	6	3.5%
7	7	8.0%
8	8	15.3%
9	9	23.6%
10 – Best personal doctor possible	10	41.4%
I don't have a personal doctor	-6	

#### Question 28: Did you have the same personal doctor <u>before</u> you joined this health plan?

Variable name: \$18009

Editing notes: See Notes 6 and 8\_01

Response	Directions	Value	Percent
Yes	Go to Question 30	1	28.6%
No		2	71.4%

### Question 29: Since you joined your health plan, how much of a problem, if any, was it to get a personal doctor you are happy with?

Variable name: \$18010 Editing notes: See Note 8\_01

Response	Value	Percent
A big problem	1	12.3%
A small problem	2	23.5%
Not a problem	3	64.2%

#### **GETTING HEALTH CARE FROM A SPECIALIST**

When you answer the next questions, <u>do not</u> include dental visits or care you got when you stayed overnight in a hospital.

Question 30: <u>Specialists</u> are doctors like surgeons, heart doctors, allergy doctors, skin doctors, and other doctors who specialize in one area of health care. In the last 12 months, did you try to make any appointments to see a specialist?

Variable name: H18028 Editing notes: See Note 9

Response	Directions	Value	Percent
Yes		1	61.8%
No	Go to Question 34	2	38.2%

### Question 31: In the last 12 months, how often did you get an appointment to see a specialist as soon as you needed?

Variable name: H18029 Editing notes: See Note 9

Response	Value	Percent
Never	1	5.5%
Sometimes	2	14.3%
Usually	3	30.4%
Always	4	49.8%
I didn't need a specialist in the last 12 months	-6	

#### Question 32: How many specialists have you seen in the last 12 months?

Variable name: H18030

Editing notes: See Notes 9 and 10

Response	Directions	Value	Percent
None	Go to Question 34	0	3.0%
1 specialist		1	34.7%
2		2	31.8%
3		3	18.2%
4		4	6.7%
5 or more specialists		5	5.6%

Question 33: We want to know your rating of the specialist you saw most often in the last 12 months. Using any number from 0 to 10 where 0 is the worst specialist possible and 10 is the best specialist possible, what number would you use to rate the specialist?

Variable name: H18031

Editing notes: See Notes 9 and 10

Response	Value	Percent
0 – Worst specialist possible	0	0.6%
1	1	0.2%
2	2	0.6%
3	3	1.1%
4	4	0.7%
5	5	3.4%
6	6	3.3%
7	7	7.5%
8	8	16.3%
9	9	22.6%
10 – Best specialist possible	10	43.8%
I didn't see a specialist in the last 12 months	-6	

#### YOUR HEALTH PLAN

The next questions ask about your experience with <u>your health plan</u>. By your health plan, we mean the health plan you marked in Question 3.

Question 34: In the last 12 months, did you look for any information in written materials or on the Internet about how your health plan works?

Variable name: H18034 Editing notes: See Note 12

Response	Directions	Value	Percent
Yes		1	33.6%
No	Go to Question 36	2	66.4%

Question 35: In the last 12 months, how often did the written material or the Internet provide the information you needed about how your plan works?

Variable name: H18035 Editing notes: See Note 12

Response	Value	Percent
Never	1	3.6%
Sometimes	2	30.9%
Usually	3	43.2%
Always	4	22.3%
I didn't look for information from my health plan in the last 12 months	-6	

Question 36: Sometimes people need services or equipment beyond what is provided in a regular or routine office visit, such as care from a specialist, physical therapy, a hearing aid, or oxygen. In the last 12 months, did you look for information from your health plan on how much you would have to pay for a health care service or equipment?

Variable name: H18036 Editing notes: See Note 13

Response	Directions	Value	Percent
Yes		1	17.1%
No	Go to Question 38	2	82.9%

Question 37: In the last 12 months, how often were you able to find out from your health plan how much you would have to pay for a health care service or equipment?

Variable name: H18037 Editing notes: See Note 13

Response	Value	Percent
Never	1	15.4%
Sometimes	2	25.3%
Usually	3	30.8%
Always	4	28.5%
I didn't need a health care service or equipment from my health plan in the	-6	
last 12 months		

Question 38: In some health plans, the amount you pay for a prescription medicine can be different for different medicines, or can be different for prescriptions filled by mail instead of at the pharmacy. In the last 12 months, did you look for information from your health plan on how much you would have to pay for specific prescription medicines?

Variable name: H18038 Editing notes: See Note 14

Response	Directions	Value	Percent
Yes		1	19.8%
No	Go to Question 40	2	80.2%

Question 39: In the last 12 months, how often were you able to find out from your health plan how much you would have to pay for specific prescription medications?

Variable name: H18039 Editing notes: See Note 14

Response	Value	Percent
Never	1	11.3%
Sometimes	2	21.2%
Usually	3	27.1%
Always	4	40.3%
I didn't need prescription medications from my health plan in the last 12	-6	
months		

Question 40: In the last 12 months, did you try to get information or help from your health plan's customer service?

Variable name: H18040 Editing notes: See Note 15

Response	Directions	Value	Percent
Yes		1	26.7%
No	Go to Question 43	2	73.3%

Question 41: In the last 12 months, how often did your health plan's customer service give you the information or help you needed?

Variable name: H18041 Editing notes: See Note 15

Response	Value	Percent
Never	1	6.1%
Sometimes	2	22.0%
Usually	3	27.6%
Always	4	44.3%
I didn't call my health plan's customer service in the last 12 months	-6	

### Question 42: In the last 12 months, how often did your health plan's customer service staff treat you with courtesy and respect?

Variable name: H18042 Editing notes: See Note 15

Response	Value	Percent
Never	1	2.5%
Sometimes	2	8.8%
Usually	3	22.3%
Always	4	66.4%
I didn't call my health plan's customer service in the last 12 months	-6	

#### Question 43: In the last 12 months, did your health plan give you any forms to fill out?

Variable name: H18043 Editing notes: See Note 16

Response	Directions	Value	Percent
Yes		1	21.9%
No	Go to Question 45	2	78.1%

#### Question 44: In the last 12 months, how often were the forms from your health plan easy to fill out?

Variable name: H18044 Editing notes: See Note 16

Response	Value	Percent
Never	1	2.7%
Sometimes	2	12.6%
Usually	3	41.7%
Always	4	43.0%
I didn't have any experiences with paperwork for my health plan in the last 12 months	-6	

## Question 45: Claims are sent to a health plan for payment. You may send in the claims yourself, or doctors, hospitals, or others may do this for you. In the last 12 months, did you or anyone else send in any claims to your health plan?

Variable name: H18045 Editing notes: See Note 17

Response	Directions	Value	Percent
Yes		1	45.5%
No	Go to Question 48	2	32.9%
Don't know	Go to Question 48	-5	21.7%

#### Question 46: In the last 12 months, how often did your health plan handle your claims quickly?

Variable name: H18046 Editing notes: See Note 17

Response	Value	Percent
Never	1	3.1%
Sometimes	2	7.6%
Usually	3	30.4%
Always	4	44.0%
Don't know	-5	15.0%
No claims were sent for me in the last 12 months	-6	

#### Question 47: In the last 12 months, how often did your health plan handle your claims correctly?

Variable name: H18047 Editing notes: See Note 17

Response	Value	Percent
Never	1	1.9%
Sometimes	2	7.5%
Usually	3	26.1%
Always	4	52.1%
Don't know	-5	12.4%
No claims were sent for me in the last 12 months	-6	

### Question 48: Using any number from 0 to 10 where 0 is the worst health plan possible and 10 is the best health plan possible, what number would you use to rate your health plan?

Variable name: H18048 Editing notes: None

Response	Value	Percent
0 – Worst health plan possible	0	0.6%
1	1	0.6%
2	2	0.8%
3	3	1.5%
4	4	1.3%
5	5	5.9%
6	6	5.2%
7	7	11.6%
8	8	19.1%
9	9	21.4%
10 – Best health plan possible	10	32.0%

#### PREVENTIVE CARE

Preventive care is medical care you receive that is intended to maintain your good health or prevent a future medical problem. A physical or blood pressure screening are examples of preventive care.

Question 49: When did you last have a blood pressure reading?

Variable name: H18049 Editing notes: None

Response	Value	Percent
Less than 12 months ago	3	93.7%
1 to 2 years ago	2	4.9%
More than 2 years ago	1	1.4%

Question 50: Do you know if your blood pressure is too high?

Variable name: H18050 Editing notes: None

Response	Value	Percent
Yes, it is too high	1	17.7%
No, it is not too high	2	76.7%
Don't know	3	5.6%

Question 51: When did you last have a flu shot?

Variable name: H18051 Editing notes: None

Response	Value	Percent
Less than 12 months ago	4	73.6%
1 to 2 years ago	3	9.0%
More than 2 years ago	2	9.7%
Never had a flu shot	1	7.7%

Question 52: Have you ever smoked at least 100 cigarettes in your entire life?

Variable name: H18052 Editing notes: None

Response	Value	Percent
Yes	1	33.5%
No	2	64.4%
Don't know	-5	2.1%

Question 53: Do you now smoke cigarettes or use tobacco every day, some days or not at all?

Variable name: H18053 Editing notes: See Note 18

Response	Directions	Value	Percent
Every day		4	4.8%
Some days		3	4.3%
Not at all	Go to Question 58	2	90.4%
Don't know	Go to Question 58	-5	0.5%

Question 54: In the last 12 months, how often were you advised to quit smoking or using tobacco by a doctor or other health provider in your plan?

Variable name: H18054 Editing notes: See Note 18

Response	Value	Percent
Never	1	23.8%
Sometimes	2	19.8%
Usually	3	20.4%
Always	4	36.0%

Question 55: In the last 12 months, how often was medication recommended or discussed by a doctor or health provider to assist you with quitting smoking or using tobacco? Examples of medication are: nicotine gum, patch, nasal spray, inhaler, or prescription medication.

Variable name: H18055 Editing notes: See Note 18

Response	Value	Percent
Never	1	46.3%
Sometimes	2	21.4%
Usually	3	15.3%
Always	4	17.0%

Question 56: In the last 12 months, how often did your doctor or health provider discuss or provide methods and strategies other than medication to assist you with quitting smoking or using tobacco? Examples of methods and strategies are: telephone helpline, individual or group counseling, or cessation program.

Variable name: H18056 Editing notes: See Note 18

Response	Value	Percent
Never	1	50.4%
Sometimes	2	21.3%
Usually	3	15.7%
Always	4	12.7%

#### Question 57: On the days you smoke or use tobacco products, what type of product do you smoke or

use?

**MARK ALL THAT APPLY** 

Variable names: H18057A-H18057D

**Editing notes:** See Note 18

Response	Variable	Percent
	Name	Marked
Cigarettes	H18057A	57.8%
Dip, chewing tobacco, snuff or snus	H18057B	22.9%
Cigars	H18057C	13.5%
Pipes, bidis, or kreteks (Pipes include hookahs. Bidis are small, brown, hand-rolled cigarettes from India and other Southeast Asian countries. Kreteks are clove cigarettes made in Indonesia that contain clove extract and tobacco.)	H18057D	4.3%

#### Question 58: Do you now use electronic cigarettes every day, some days, or not at all?

Variable name: S18BF4 Editing notes: None

Response	Value	Percent
Every day	1	1.3%
Some days	2	1.5%
Not at all	3	96.9%
Don't know	-5	0.3%

#### Question 59: Are you male or female?

Variable name: H18058 Editing notes: See Note 19A

Response	Directions	Value	Percent
Male	Go to Question 66	1	48.9%
Female		2	51.1%

#### Question 60: When did you last have a Pap smear test?

Variable name: H18059B

**Editing notes:** See Notes 19A and 19B

Response	Value	Percent
Within the last 12 months	6	33.6%
1 to 2 years ago	5	23.3%
More than 2 but less than 3 years ago	4	9.8%
More than 3 but less than 5 years ago	3	7.9%
5 or more years ago	2	18.9%
Never had a pap smear test	1	6.4%

Question 61: Are you under age 40?

Variable name: H18060

Editing notes: See Notes 19A, 19B, and 20

Response	Directions	Value	Percent
Yes	Go to Question 63	1	34.7%
No		2	65.3%

#### Question 62: When was the last time your breasts were checked by mammography?

Variable name: H18061

Editing notes: See Notes 19A, 19B, and 20

Response	Value	Percent
Within the last 12 months	5	63.6%
1 to 2 years ago	4	17.2%
More than 2 but less than 5 years ago	3	8.0%
5 or more years ago	2	6.7%
Never had a mammogram	1	4.6%

#### Question 63: Have you been pregnant in the last 12 months or are you pregnant now?

Variable name: H18062

Editing notes: See Notes 19A, 19B, and 21

Response	Directions	Value	Percent
Yes, I am currently pregnant		1	2.2%
No, I am not currently pregnant, but have been	Go to Question 65	2	
pregnant in the past 12 months			4.4%
No, I am not currently pregnant, and have not been	Go to Question 66	3	
pregnant in the past 12 months			93.4%

#### Question 64: In what trimester is your pregnancy?

Variable name: H18063

Editing notes: See Notes 19A, 19B, and 21

Response	Directions	Value	Percent
First trimester (up to 12 weeks after 1st day of last	Go to Question 66	1	
period)			30.0%
Second trimester (13th through 27th week)		2	36.7%
Third trimester (28th week until delivery)		3	33.4%

#### Question 65: In which trimester did you first receive prenatal care?

Variable name: H18064

Editing notes: See Notes 19A, 19B, and 21

Response	Value	Percent
First trimester (up to 12 weeks after 1st day of last period)	4	86.4%
Second trimester (13 <sup>th</sup> through 27 <sup>th</sup> week)	3	5.0%
Third trimester (28 <sup>th</sup> week until delivery)	2	0.0%
Did not receive prenatal care	1	8.6%

#### **ABOUT YOU**

Question 66: Would you say that in general your health is excellent, very good, good, fair, or poor?

Variable name: H18065 Editing notes: None

Response	Value	Percent
Excellent	5	14.6%
Very good	4	38.5%
Good	3	33.4%
Fair	2	11.4%
Poor	1	2.2%

Question 67: What is the highest grade or level of school that you have completed?

Variable name: SREDA Editing notes: None

Response	Value	Percent
8 <sup>th</sup> grade or less	1	0.3%
Some high school, but did not graduate	2	2.0%
High school graduate or GED	3	17.4%
Some college or 2-year degree	4	39.7%
4-year college graduate	5	17.4%
More than 4-year college degree	6	23.2%

Question 68: Are you of Hispanic or Latino origin or descent? (Mark "NO" if not Spanish/Hispanic/Latino.)

MARK ALL THAT APPLY

Variable names: H18073A-H18073E, H18073

Editing notes: See Note 24

Response	Variable	H18073	Percent
	Name	Value	Marked
No, not Spanish, Hispanic, or Latino	H18073A	1	86.1%
Yes, Mexican, Mexican American, Chicano	H18073B	2	4.2%
Yes, Puerto Rican	H18073C	3	2.4%
Yes, Cuban	H18073D	4	0.5%
Yes, other Spanish, Hispanic, or Latino	H18073E	5	4.5%

Question 69: What is your race?

**MARK ALL THAT APPLY** 

Variable names: SRRACEA-SRRACEE

Editing notes: None

Response	Variable	Percent
	Name	Marked
White	SRRACEA	78.3%
Black or African American	SRRACEB	11.0%
American Indian or Alaska Native	SRRACEC	3.6%
Asian (e.g., Asian Indian, Chinese, Filipino, Japanese, Korean, Vietnamese)	SRRACED	7.1%
Native Hawaiian or other Pacific Islander (e.g., Samoan, Guamanian or	SRRACEE	1.1%
Chamorro)		

Question 70: What is your age now?

Variable name: SRAGE Editing notes: None

Response	Value	Percent
18 to 24	1	13.0%
25 to 34	2	15.6%
35 to 44	3	12.5%
45 to 54	4	8.9%
55 to 64	5	18.5%
65 to 74	6	19.2%
75 or older	7	12.2%

Question 71: Using a scale of 1 to 5, with 1 being "strongly disagree" and 5 being "strongly agree", how much do you agree with the following statement: In general, I am able to see my provider(s) when needed?

Variable name: \$18011 Editing notes: None

Response	Value	Percent
Strongly disagree	1	4.8%
Disagree	2	5.6%
Neither agree nor disagree	3	10.8%
Agree	4	39.7%
Strongly agree	5	39.1%

Question 72: Using a scale of 1 to 5, with 1 being "completely dissatisfied" and 5 being "completely satisfied", how satisfied are you, overall, with the health care you received during your last visit?

Variable name: S18014 Editing notes: None

Response	Value	Percent
Completely dissatisfied	1	3.4%
Somewhat dissatisfied	2	4.0%
Neither satisfied nor dissatisfied	3	7.9%
Somewhat satisfied	4	25.1%
Completely satisfied	5	59.6%

#### Question 73: How tall are you without your shoes on? Please give your answer in feet and inches.

Variable name: H18071F, H18071I Editing notes: See Note 23\_HT

Response	Example feet	Example inches	Percent of responses
Please give your answer in feet and inches. Please write	5	06	95.0%
one number in each box.			

#### Question 74: How much do you weigh without your shoes on? Please give your answer in pounds.

Variable name: H18072

Editing notes: See Note 23\_WT

Response	Example	Percent of
	pounds	responses
Please give your answer in pounds. Please write one number in each box.	152	94.7%

#### THANK YOU FOR TAKING THE TIME TO COMPLETE THE SURVEY!

Your generous contribution will greatly aid efforts to improve the health of our military community.