

Deployment Health Assessments
U.S. Armed Forces
January 2020
(Data through December 2019)

Armed Forces Health Surveillance Branch

Update: Deployment Health Assessments, U.S. Armed Forces, January 2020

Since January 2003, pronounced fluctuations in the monthly numbers of pre- and post-deployment health assessment (PDHA) forms transmitted to the Armed Forces Health Surveillance Branch (AFHSB) generally have corresponded to times of departure and return of large numbers of service members who deployed. From January 2014 through December 2019, monthly counts of pre-deployment health assessments showed the greatest variation compared to the other deployment health assessment forms (Figure 1). Since June 2017, monthly counts of post deployment health reassessment (PDHRA) forms have been consistently lower than the monthly PDHA counts.

The average monthly number of PDHRA forms (7,519) during the most recent 12 months (January 2019–December 2019) was the single lowest 1-year average since July 2006 (Table 1, data not shown). For the purposes of this report about service members' responses to the assessment questions, it is important to note that the denominator is the total number of service members who completed deployment-related assessments, not the total number of service members eligible for the assessments.

During the past 12 months, the percentages of total returned deployers who rated their health as either "fair" or "poor" ranged from 7.1% to 10.1% on PDHA questionnaires and from 7.0% to 8.3% on PDHRA questionnaires (Figure 2). The percentages of total service members who rated their health as either "fair" or "poor" on pre-deployment questionnaires during this period varied between 3.4% and 5.8%.

In general, the percentages of "exposure concerns" self-reported on PDHA and PDHRA forms were higher among reserve component members than among active component members; a similar pattern is apparent for the percentages of "health concerns" self-reported on PDHA forms (Table 2, Figure 3). Active component Marine Corps members were 1.8 times as likely to report 2 or more PTSD symptoms at the time of the PDHRA compared to the time of the PDHA (Table 2).

At the time of return from deployment, 17.7% of active component and 18.0% of reserve component service members reported any depression symptoms. Service members in the active and reserve components were 4.1 and 6.1 times as likely, respectively, to receive a mental health referral 3-6 months after deployment, compared to the time of their return from deployment. Moreover, at the time of the PDHRA, reservists were 1.8 times as likely to receive a mental health referral as members of the active component (Table 2).

Figure 1. Numbers of deployment health assessment and reassessment forms, by month, U.S. Armed Forces, January 2003–December 2019

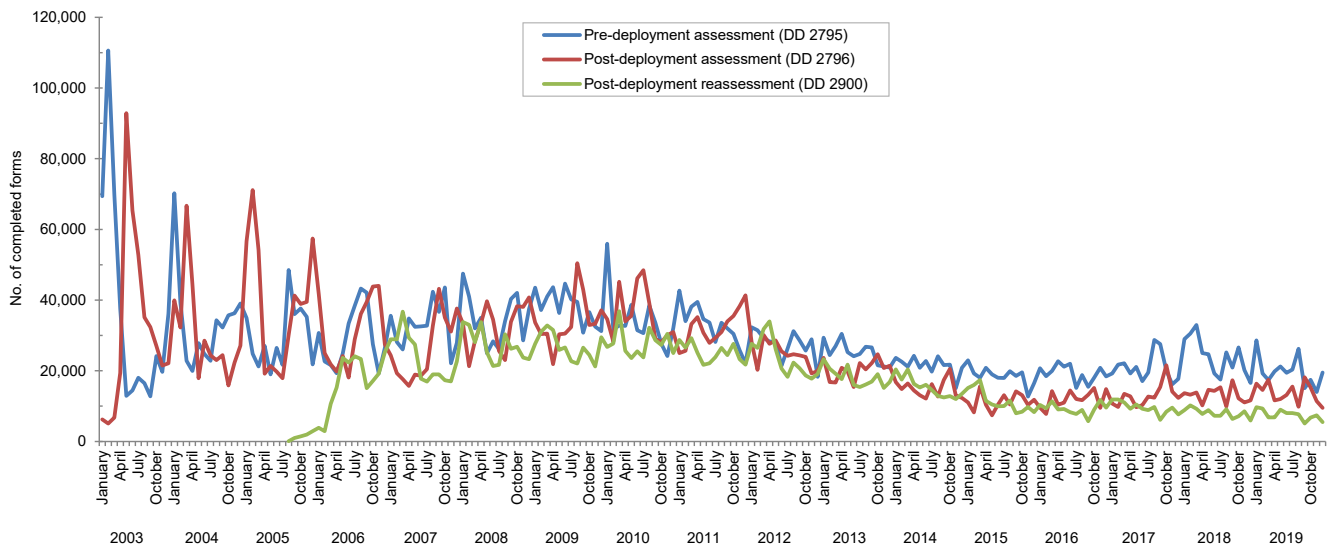


Table 1. Number of deployment-related health assessment forms, by month, U.S. Armed Forces, January 2019–December 2019

	Pre-deployment assessment DD 2795		Post-deployment assessment DD 2796		Post-deployment reassessment DD 2900	
	No.	%	No.	%	No.	%
Total	238,344	100.0	165,054	100.0	90,232	100.0
Average	19,862	.	13,755	.	7,519	.
2019						
January	28,612	12.0	16,358	9.9	9,691	10.7
February	19,230	8.1	14,541	8.8	9,332	10.3
March	17,415	7.3	17,427	10.6	6,806	7.5
April	19,835	8.3	11,652	7.1	6,855	7.6
May	21,246	8.9	12,012	7.3	9,029	10.0
June	19,445	8.2	13,192	8.0	8,034	8.9
July	20,322	8.5	15,550	9.4	8,051	8.9
August	26,212	11.0	9,856	6.0	7,694	8.5
September	15,097	6.3	18,177	11.0	5,082	5.6
October	17,458	7.3	15,328	9.3	6,768	7.5
November	13,971	5.9	11,432	6.9	7,397	8.2
December	19,501	8.2	9,529	5.8	5,493	6.1

Source: Defense Medical Surveillance System (DMSS) as of 07–JAN–2020
Prepared by Armed Forces Health Surveillance Branch (AFHSB)

Figure 2. Percentages of deployment health assessment forms with self-assessed health status rated as either "fair" or "poor," by month, U.S. Armed Forces, January 2019–December 2019

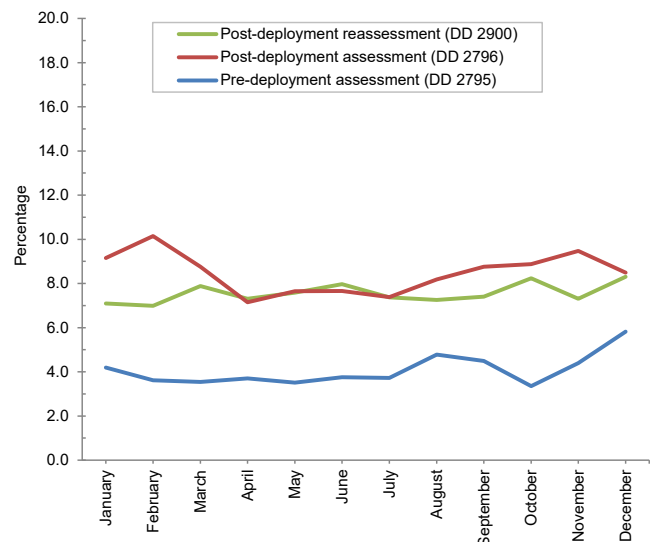


Table 2. Percentage of service members who endorsed selected questions or received referrals on health assessment forms, U.S. Armed Forces, January 2019–December 2019

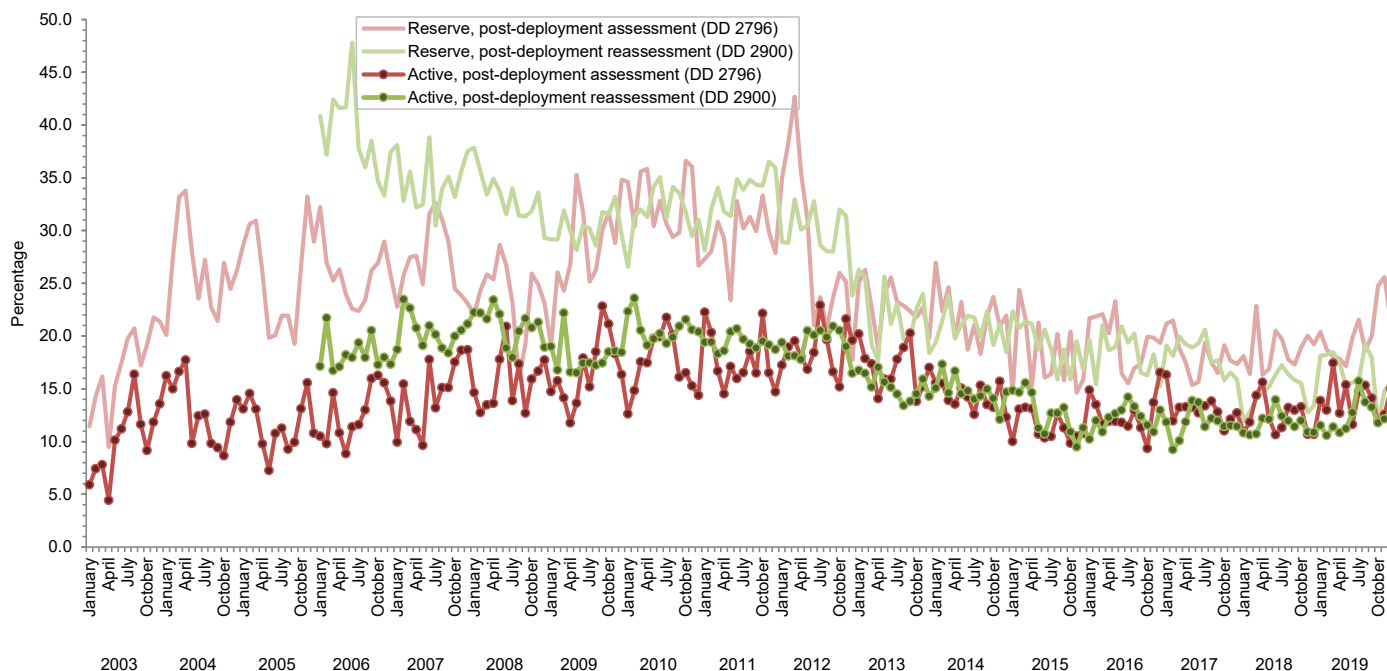
	Army			Navy			Air Force			Marine Corps			All active component service members		
	Pre-deploy DD2795	Post-deploy DD2796	Reassessmt DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassessmt DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassessmt DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassessmt DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassessmt DD2900
Active component	n= 95,519 %	n= 54,660 %	n= 24,775 %	n= 5,459 %	n= 5,694 %	n= 4,488 %	n= 38,620 %	n= 32,313 %	n= 28,508 %	n= 18,461 %	n= 18,253 %	n= 10,917 %	n= 158,059 %	n= 110,920 %	n= 68,688 %
General health "fair" or "poor"	6.5	10.5	10.6	2.4	6.4	6.1	1.6	4.1	4.1	3.3	7.6	9.7	4.8	8.0	7.5
Health concerns, not wound or injury	6.4	18.0	11.1	4.7	14.0	11.0	3.2	10.9	8.2	4.5	11.0	10.7	5.4	14.6	9.8
Health worse now than before deployed	na	72.6	73.4	na	69.4	76.4	na	63.6	70.8	na	70.9	78.5	na	69.5	73.4
Exposure concerns	na	13.5	12.3	na	21.8	24.3	na	14.5	9.7	na	10.7	14.3	na	13.8	12.3
PTSD symptoms (two or more)	na	6.2	8.1	na	4.5	6.5	na	2.7	3.1	na	3.2	5.9	na	4.6	5.6
Depression symptoms (any)	na	21.6	21.0	na	19.7	20.4	na	10.4	10.1	na	18.2	20.5	na	17.7	16.4
Referral indicated by provider (any)	6.2	14.9	11.5	7.1	25.7	20.2	7.6	15.3	9.5	6.0	21.8	16.7	6.6	16.7	12.0
Mental health referral indicated ^a	1.6	2.4	9.1	1.4	5.1	17.6	1.3	2.2	8.4	0.9	2.4	14.9	1.4	2.5	10.3
Medical visit following referral ^b	94.0	94.0	98.1	79.6	86.8	80.0	97.8	98.7	97.7	83.7	93.7	94.8	93.0	94.6	95.0
	Army			Navy			Air Force			Marine Corps			All reserve component service members		
	Pre-deploy DD2795	Post-deploy DD2796	Reassessmt DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassessmt DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassessmt DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassessmt DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassessmt DD2900
Reserve component	n= 37,157 %	n= 31,122 %	n= 6,315 %	n= 2,687 %	n= 2,369 %	n= 2,355 %	n= 12,713 %	n= 13,182 %	n= 11,615 %	n= 1,941 %	n= 1,966 %	n= 590 %	n= 54,498 %	n= 48,639 %	n= 20,875 %
General health "fair" or "poor"	1.8	10.6	11.2	0.9	10.6	9.3	1.0	6.0	4.7	1.3	10.9	7.6	1.5	9.4	7.2
Health concerns, not wound or injury	2.9	19.5	11.5	3.1	37.9	11.6	1.8	12.7	6.3	2.4	19.0	6.6	2.6	18.6	8.4
Health worse now than before deployed	na	69.6	73.7	na	73.4	76.0	na	67.5	72.2	na	74.1	79.0	na	69.4	73.3
Exposure concerns	na	18.4	18.4	na	43.2	36.9	na	20.7	11.4	na	14.2	13.2	na	20.0	16.4
PTSD symptoms (two or more)	na	7.8	9.4	na	7.4	9.6	na	2.7	2.9	na	5.6	7.8	na	6.3	5.8
Depression symptoms (any)	na	21.0	19.4	na	20.0	22.7	na	10.5	8.4	na	17.9	17.6	na	18.0	13.6
Referral indicated by provider (any)	3.5	21.2	16.5	5.2	30.8	34.7	4.2	16.5	19.4	8.3	26.7	28.8	3.9	20.6	20.5
Mental health referral indicated ^a	0.8	3.3	11.5	0.9	3.4	33.9	0.6	2.0	18.9	1.9	5.2	27.8	0.8	3.0	18.6
Medical visit following referral ^b	87.1	99.3	49.9	91.8	97.8	61.3	81.3	82.2	81.8	85.2	85.2	53.0	85.4	95.5	68.5

PTSD, post-traumatic stress disorder

^aIncludes behavioral health, combat stress and substance abuse referrals.

^bRecord of inpatient or outpatient visit within 6 months after referral.

Figure 3. Percentages of service members with completed assessments who endorsed exposure concerns on post-deployment health assessments or reassessments, by component, by month, U.S. Armed Forces, January 2003–December 2019



Data Source: Defense Medical Surveillance System