

# Prime Enrollees Consumer Watch

## Overseas Europe • Quarter 3 FY 2020

DIRECTORATE OF STRATEGY, PLANNING AND FUNCTIONAL INTEGRATION (J-5)



### Inside Consumer Watch

TRICARE Consumer Watch shows what TRICARE Prime enrollees in your region say about their health care in the Health Care Survey of DoD Beneficiaries (HCSDB). Every quarter, a representative sample of adult TRICARE beneficiaries are asked about the care they received in the last 12 months, and the results are adjusted for age and health status. This publication reports results for beneficiaries younger than 65. These results are compared to civilian benchmarks that are adjusted for age and health status to match the population of TRICARE beneficiaries.

The HCSDB includes questions from the Consumer Assessment of Healthcare Providers and Systems (CAHPS), a survey designed to help consumers choose among health plans. Benchmark data comes from the National Committee for Quality Assurance (NCQA) for 2018 and from the U.S. Department of Health and Human Services Healthy People 2020 (HP2020) goals.

## Results

Source: **Health Care Survey of DoD Beneficiaries**

Response Rate: **9.4%**

Sample Size: **6,164**

In this section, a series of charts shows the percentages of beneficiaries who rated a certain aspect of their care highly in the surveys fielded in the third quarter of fiscal year 2020, describing the period April 2019 to March 2020, and each of the 2 previous quarters. These ratings are compared to the civilian benchmark, which is indicated with a horizontal line. Percentages that differ significantly from the benchmark are indicated with filled points, and percentages that do not differ significantly from the benchmark are indicated with open points.

The same information shown in Figures 1–7 is shown in tabular form in the corresponding tables in the appendix.

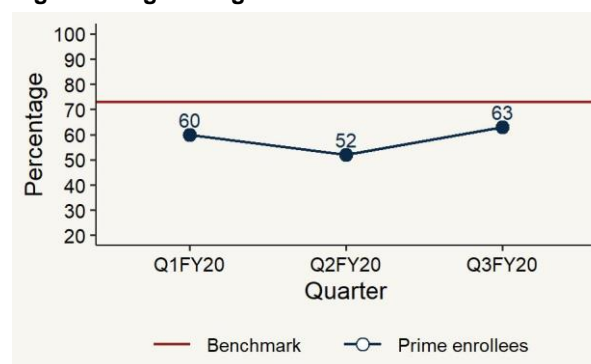
#### How to read the charts:

—●—61	Percentage of respondents giving a high rating
●	Value differs significantly from benchmark
○	Value does not differ significantly from benchmark
—	Benchmark (horizontal red line without point)

### Health Care

Prime enrollees were asked to rate their health care on a scale from 0 to 10, where 0 is worst rating, and 10 is the best. For each reporting period, Figure 1 shows the percentage who gave their health care a rating of 8 or higher. Health care ratings depend on things like access to care and how patients get along with the doctors, nurses, and other care providers who treat them.

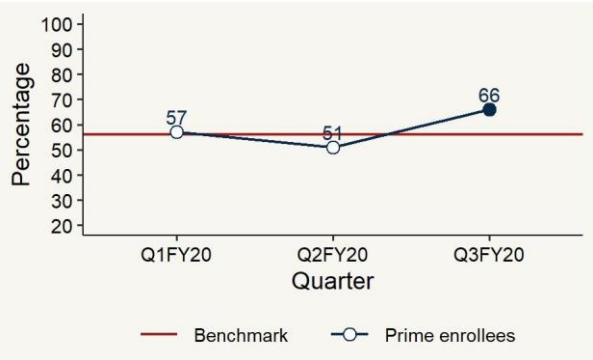
**Figure 1. High rating of health care**



### Health Plan

Prime enrollees were asked to rate their health plan on a scale from 0 to 10, where 0 is the worst rating, and 10 is the best. For each reporting period, Figure 2 shows the percentage who gave their plan a rating of 8 or higher. Health plan ratings depend on access to care and how the plan handles things like claims, referrals, and customer complaints.

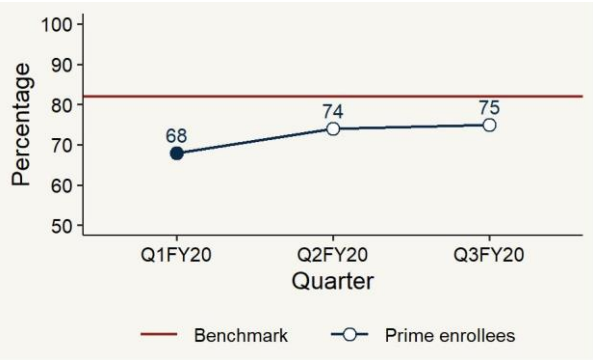
Figure 2. High rating of health plan



### Personal Doctor

Prime enrollees who have a personal doctor were asked to rate this doctor on a scale from 0 to 10, where 0 is the worst rating, and 10 is the best. For each reporting period, Figure 3 shows the percentage who gave their doctor a rating of 8 or higher. Personal doctor ratings depend on how patients get along with the doctor responsible for their basic care.

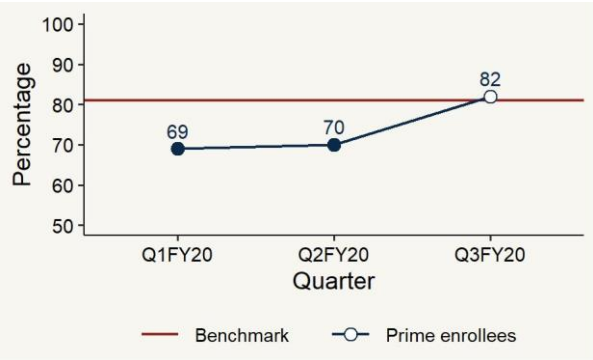
Figure 3. High rating of personal doctor



### Specialist

Prime enrollees who have consulted specialist physicians were asked to rate the specialist they had seen most in the previous 12 months on a scale from 0 to 10, where 0 is the worst rating, and 10 is the best. For each reporting period, Figure 4 shows the percentage who gave their specialist a rating of 8 or higher. Specialist ratings depend on beneficiaries' access to doctors with the special skills they need.

Figure 4. High rating of specialty care

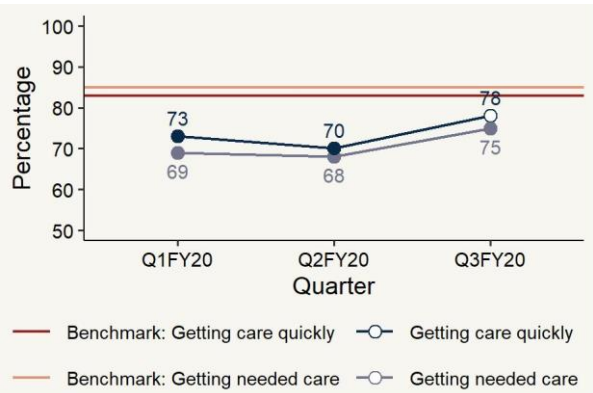


### Health Care Topics

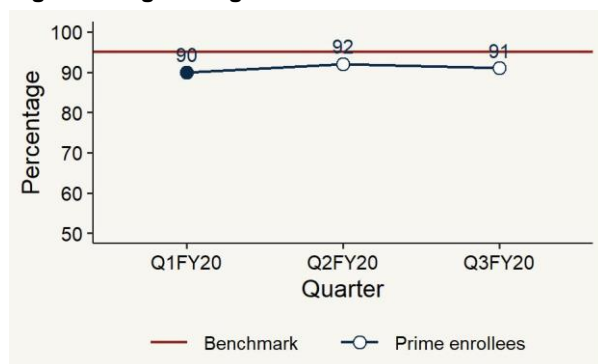
Health care topics scores are averages of the scores for sets of related questions. Each score is the percentage of Prime enrollees who “usually” or “always” got the treatment they wanted, or had “no problem” getting a desired service.

For each reporting period, Figure 5 shows the percentage of enrollees who were able to get needed care and to get care quickly. Scores for getting needed care are based on getting to see a specialist and getting needed treatments. Scores for getting care quickly reflect how long patients wait for an appointment or for urgent care.

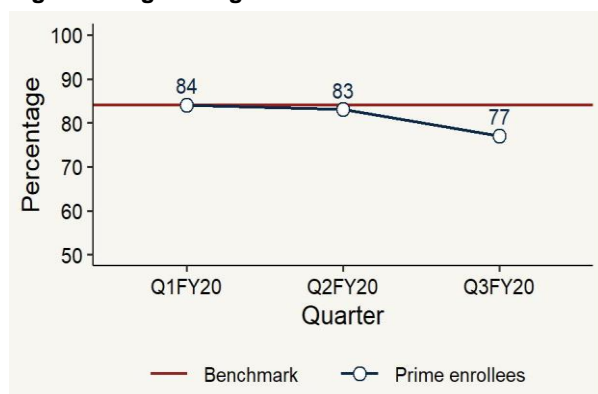
Figure 5. High rating of access composites



For each reporting period, Figure 6 shows the percentage of enrollees who gave a high rating for doctor communication. Scores in this composite are based on whether the personal doctor spends enough time with patients, treats them respectfully, listens to them, and explains things in an understandable way.

**Figure 6. High rating of doctor communication**

For each reporting period, Figure 7 shows the percentage of enrollees who gave a high rating for customer service. Scores in this composite reflect patients' ability to get courteous service and to get information about their health plan.

**Figure 7. High rating of customer service**

## Preventive Care

Table 1 compares Prime enrollees' rates for diagnostic screening tests, smoking cessation, and obesity to goals from Healthy People 2020, a government initiative to improve Americans' health by preventing illness.

The mammography rate shown is the proportion of women age 40 or older who had a mammogram in the past two years. The pap smear rate refers to the proportion of adult women screened for cervical cancer in the past three years. The hypertension rate is the proportion of adults whose blood pressure was checked in the past two years, and who know whether their pressure is too high. The prenatal care rate is the proportion of women who are pregnant now or have been in the past 12 months who received prenatal care in their first trimester.

The percentage not obese is the proportion of adults with a body mass index below 30. The nonsmoking rate is the proportion of adults who currently do not smoke. The percentage counseled to quit is the proportion of smokers or tobacco users, with an office visit in the past 12 months, whose doctor advised them to quit smoking.

**Table 1. Preventive care**

Type of Care	Q1FY20	Q2FY20	Q3FY20	HP2020 Goal
Mammography	75	46 <sup>b</sup>	69	81
Pap smear	82 <sup>b</sup>	75	86	93
Hypertension	89 <sup>b</sup>	84 <sup>b</sup>	84 <sup>b</sup>	95
Prenatal care (in 1st trimester)	-	-	-	85
Percent not obese	81 <sup>a</sup>	79 <sup>a</sup>	81 <sup>a</sup>	69
Non-smokers (adults)	89	89	94 <sup>a</sup>	88
Counseled to quit (adults)	84	81	68	76

<sup>a</sup> Significantly exceeded the Healthy People 2020 goal ( $p < .05$ ).

<sup>b</sup> Significantly fell short of the Healthy People 2020 goal ( $p < .05$ ).

- Suppressed because of small sample size.

## Appendix

Tables in the Appendix show the same information shown in Figures 1–7 and in Table 1.

**Table A.1. High rating of health care**

Group	Percentage	Significance
Benchmark Q3FY20	73	NA
Prime enrollees Q1FY20	60	Significantly lower than benchmark (p < .05)
Prime enrollees Q2FY20	52	Significantly lower than benchmark (p < .05)
Prime enrollees Q3FY20	63	Significantly lower than benchmark (p < .05)

**Table A.2. High rating of health plan**

Group	Percentage	Significance
Benchmark Q3FY20	56	NA
Prime enrollees Q1FY20	57	Value is not significantly different than benchmark
Prime enrollees Q2FY20	51	Value is not significantly different than benchmark
Prime enrollees Q3FY20	66	Significantly higher than benchmark (p < .05)

**Table A.3. High rating of personal doctor**

Group	Percentage	Significance
Benchmark Q3FY20	82	NA
Prime enrollees Q1FY20	68	Significantly lower than benchmark (p < .05)
Prime enrollees Q2FY20	74	Value is not significantly different than benchmark
Prime enrollees Q3FY20	75	Value is not significantly different than benchmark

**Table A.4. High rating of specialty care**

Group	Percentage	Significance
Benchmark Q3FY20	81	NA
Prime enrollees Q1FY20	69	Significantly lower than benchmark (p < .05)
Prime enrollees Q2FY20	70	Significantly lower than benchmark (p < .05)
Prime enrollees Q3FY20	82	Value is not significantly different than benchmark

**Table A.5. High rating of access composites**

Composite	Group	Percentage	Significance
Getting needed care	Benchmark Q3FY20	85	NA
Getting needed care	Prime enrollees Q1FY20	69	Significantly lower than benchmark (p < .05)
Getting needed care	Prime enrollees Q2FY20	68	Significantly lower than benchmark (p < .05)
Getting needed care	Prime enrollees Q3FY20	75	Significantly lower than benchmark (p < .05)
Getting care quickly	Benchmark Q3FY20	83	NA
Getting care quickly	Prime enrollees Q1FY20	73	Significantly lower than benchmark (p < .05)
Getting care quickly	Prime enrollees Q2FY20	70	Significantly lower than benchmark (p < .05)
Getting care quickly	Prime enrollees Q3FY20	78	Value is not significantly different than benchmark

**Table A.6. High rating of doctor communication**

Group	Percentage	Significance
Benchmark Q3FY20	95	NA
Prime enrollees Q1FY20	90	Significantly lower than benchmark (p < .05)
Prime enrollees Q2FY20	92	Value is not significantly different than benchmark
Prime enrollees Q3FY20	91	Value is not significantly different than benchmark

**Table A.7. High rating of customer service**

Group	Percentage	Significance
Benchmark Q3FY20	84	NA
Prime enrollees Q1FY20	84	Value is not significantly different than benchmark
Prime enrollees Q2FY20	83	Value is not significantly different than benchmark
Prime enrollees Q3FY20	77	Value is not significantly different than benchmark

**Table A.8. Preventive care**

Type of Care	Group	Percentage	Significance
Mammography	Benchmark Q3FY20	81	NA
Mammography	Prime enrollees Q1FY20	75	Value is not significantly different than benchmark
Mammography	Prime enrollees Q2FY20	46	Significantly lower than benchmark (p < .05)
Mammography	Prime enrollees Q3FY20	69	Value is not significantly different than benchmark
Pap smear	Benchmark Q3FY20	93	NA
Pap smear	Prime enrollees Q1FY20	82	Significantly lower than benchmark (p < .05)
Pap smear	Prime enrollees Q2FY20	75	Value is not significantly different than benchmark
Pap smear	Prime enrollees Q3FY20	86	Value is not significantly different than benchmark
Hypertension	Benchmark Q3FY20	95	NA
Hypertension	Prime enrollees Q1FY20	89	Significantly lower than benchmark (p < .05)
Hypertension	Prime enrollees Q2FY20	84	Significantly lower than benchmark (p < .05)
Hypertension	Prime enrollees Q3FY20	84	Significantly lower than benchmark (p < .05)
Prenatal care (in 1st trimester)	Benchmark Q3FY20	85	NA
Prenatal care (in 1st trimester)	Prime enrollees Q1FY20	-	NA
Prenatal care (in 1st trimester)	Prime enrollees Q2FY20	-	NA
Prenatal care (in 1st trimester)	Prime enrollees Q3FY20	-	NA
Percent not obese	Benchmark Q3FY20	69	NA
Percent not obese	Prime enrollees Q1FY20	81	Significantly higher than benchmark (p < .05)
Percent not obese	Prime enrollees Q2FY20	79	Significantly higher than benchmark (p < .05)
Percent not obese	Prime enrollees Q3FY20	81	Significantly higher than benchmark (p < .05)
Non-smokers (adults)	Benchmark Q3FY20	88	NA
Non-smokers (adults)	Prime enrollees Q1FY20	89	Value is not significantly different than benchmark
Non-smokers (adults)	Prime enrollees Q2FY20	89	Value is not significantly different than benchmark
Non-smokers (adults)	Prime enrollees Q3FY20	94	Significantly higher than benchmark (p < .05)
Counseled to quit (adults)	Benchmark Q3FY20	76	NA
Counseled to quit (adults)	Prime enrollees Q1FY20	84	Value is not significantly different than benchmark
Counseled to quit (adults)	Prime enrollees Q2FY20	81	Value is not significantly different than benchmark
Counseled to quit (adults)	Prime enrollees Q3FY20	68	Value is not significantly different than benchmark