

# Prime Enrollees Consumer Watch

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## Inside Consumer Watch

TRICARE Consumer Watch shows what TRICARE Prime enrollees in your MTF say about their health care in the Health Care Survey of DoD Beneficiaries (HCSDB). Every quarter, a representative sample of adult TRICARE beneficiaries are asked about the care they received in the last 12 months, and the results are adjusted for age and health status. This publication reports results for beneficiaries younger than 65. These results are compared to civilian benchmarks that are adjusted for age and health status to match the population of TRICARE beneficiaries.

The HCSDB includes questions from the Consumer Assessment of Healthcare Providers and Systems (CAHPS), a survey designed to help consumers choose among health plans. Benchmark data comes from the National Committee for Quality Assurance (NCQA) for 2018 and from the U.S. Department of Health and Human Services Healthy People 2020 (HP2020) goals.

## Results

Source: **Health Care Survey of DoD Beneficiaries**

Response Rate: **6.4%**

Sample Size: **1,890**

In this section, a series of charts shows the percentages of beneficiaries who rated a certain aspect of their care highly in the surveys fielded in fiscal year 2020 and each of the previous two fiscal years. These ratings are compared to the civilian benchmark, which is indicated with a horizontal line. Percentages that differ significantly from the benchmark are indicated with filled points, and percentages that do not differ significantly from the benchmark are indicated with open points.

The same information shown in Figures 1–7 is shown in tabular form in the corresponding figures in the appendix.

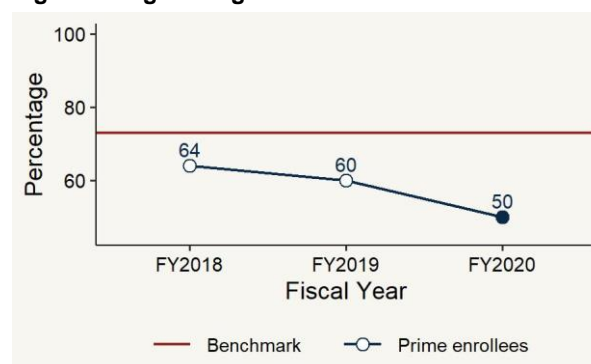
### How to read the charts:

|      |  |
|------|--|
| ● 61 | Percentage of respondents giving a high rating     |
| ●    | Value differs significantly from benchmark         |
| ○    | Value does not differ significantly from benchmark |
| —    | Benchmark (horizontal red line without point)      |

## Health Care

Prime enrollees were asked to rate their health care on a scale from 0 to 10, where 0 is worst rating, and 10 is the best. For each reporting period, Figure 1 shows the percentage who gave their health care a rating of 8 or higher. Health care ratings depend on things like access to care and how patients get along with the doctors, nurses, and other care providers who treat them.

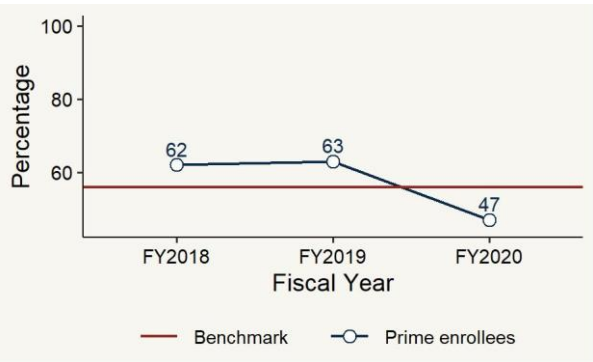
Figure 1. High rating of health care



### Health Plan

Prime enrollees were asked to rate their health plan on a scale from 0 to 10, where 0 is the worst rating, and 10 is the best. For each reporting period, Figure 2 shows the percentage who gave their plan a rating of 8 or higher. Health plan ratings depend on access to care and how the plan handles things like claims, referrals, and customer complaints.

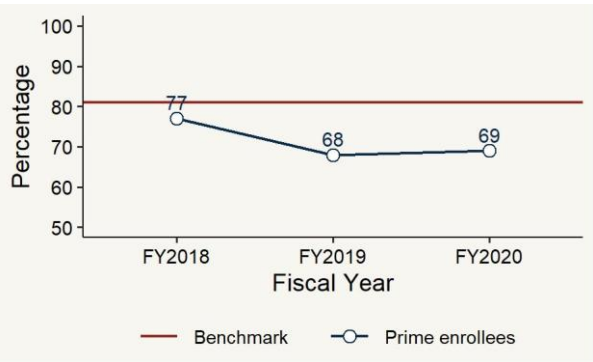
Figure 2. High rating of health plan



### Personal Provider

Prime enrollees who have a personal doctor were asked to rate this doctor on a scale from 0 to 10, where 0 is the worst rating, and 10 is the best. For each reporting period, Figure 3 shows the percentage who gave their doctor a rating of 8 or higher. Personal doctor ratings depend on how patients get along with the doctor responsible for their basic care.

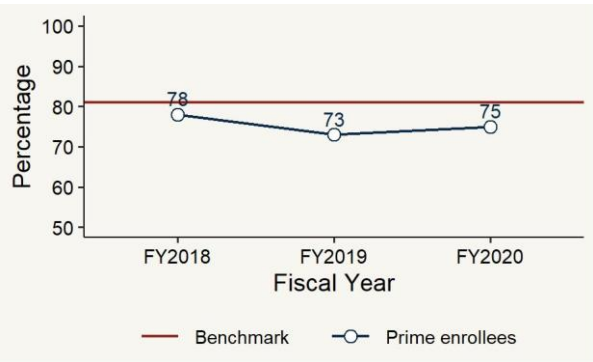
Figure 3. High rating of personal doctor



### Specialist

Prime enrollees who have consulted specialist physicians were asked to rate the specialist they had seen most in the previous 12 months on a scale from 0 to 10, where 0 is the worst rating, and 10 is the best. For each reporting period, Figure 4 shows the percentage who gave their specialist a rating of 8 or higher. Specialist ratings depend on beneficiaries' access to doctors with the special skills they need.

Figure 4. High rating of specialty care

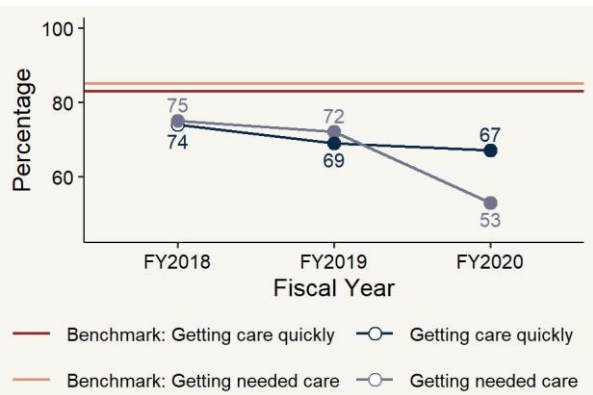


### Health Care Topics

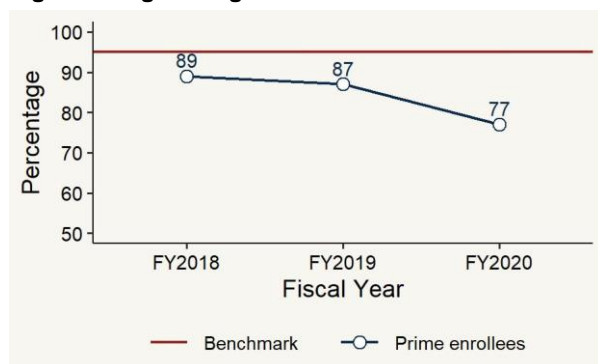
Health Care Topics scores are averages of the scores for sets of related questions. Each score is the percentage of Prime enrollees who “usually” or “always” got the treatment they wanted, or had “no problem” getting a desired service.

For each reporting period, Figure 5 shows the percentage of enrollees who were able to get needed care and to get care quickly. Scores for getting needed care are based on getting to see a specialist and getting needed treatments. Scores for getting care quickly reflect how long patients wait for an appointment or for urgent care.

Figure 5. High rating of access composites



For each reporting period, Figure 6 shows the percentage of enrollees who gave a high rating for doctor communication. Scores in this composite are based on whether the personal doctor spends enough time with patients, treats them respectfully, listens to them, and explains things in an understandable way.

**Figure 6. High rating of doctor communication**

## Preventive Care

Table 1 compares Prime enrollees' rates for diagnostic screening tests, smoking cessation, and obesity to goals from Healthy People 2020, a government initiative to improve Americans' health by preventing illness.

The mammography rate shown is the proportion of women age 40 or older who had a mammogram in the past two years. The pap smear rate refers to the proportion of adult women screened for cervical cancer in the past three years. The hypertension rate is the proportion of adults whose blood pressure was checked in the past two years, and who know whether their pressure is too high. The prenatal care rate is the proportion of women who are pregnant now or have been in the past 12 months who received prenatal care in their first trimester.

The percentage not obese is the proportion of adults with a body mass index below 30. The nonsmoking rate is the proportion of adults who currently do not smoke. The percentage counseled to quit is the proportion of smokers or tobacco users, with an office visit in the past 12 months, whose doctor advised them to quit smoking.

**Table 1. Preventive care**

| Type of Care                     | FY2018          | FY2019 | FY2020 | HP2020 Goal |
|----------------------------------|-----------------|--------|--------|-------------|
| Mammography                      | -               | -      | -      | 81          |
| Pap smear                        | 78 <sup>b</sup> | 75     | 79     | 93          |
| Hypertension                     | 92              | 87     | 91     | 95          |
| Prenatal care (in 1st trimester) | -               | -      | -      | 85          |
| Percent not obese                | 74              | 67     | 70     | 69          |
| Non-smokers (adults)             | 89              | 92     | 94     | 88          |
| Counseled to quit (adults)       | -               | -      | -      | 76          |

<sup>a</sup> Significantly exceeded the Healthy People 2020 goal ( $p < .05$ ).

<sup>b</sup> Significantly fell short of the Healthy People 2020 goal ( $p < .05$ ).

- Suppressed because of small sample size.

## Appendix

Tables in the Appendix show the same information shown in Figures 1–7 and in Table 1.

**Table A.1. High rating of health care**

| Group                  | Percentage | Significance  |
|------------------------|------------|---|
| Benchmark FY2020       | 73         | NA  |
| Prime enrollees FY2018 | 64         | Value is not significantly different than benchmark |
| Prime enrollees FY2019 | 60         | Value is not significantly different than benchmark |
| Prime enrollees FY2020 | 50         | Significantly lower than benchmark ( $p < .05$ )    |

**Table A.2. High rating of health plan**

| Group                  | Percentage | Significance  |
|------------------------|------------|---|
| Benchmark FY2020       | 56         | NA  |
| Prime enrollees FY2018 | 62         | Value is not significantly different than benchmark |
| Prime enrollees FY2019 | 63         | Value is not significantly different than benchmark |
| Prime enrollees FY2020 | 47         | Value is not significantly different than benchmark |

**Table A.3. High rating of personal doctor**

| Group                  | Percentage | Significance  |
|------------------------|------------|---|
| Benchmark FY2020       | 81         | NA  |
| Prime enrollees FY2018 | 77         | Value is not significantly different than benchmark |
| Prime enrollees FY2019 | 68         | Value is not significantly different than benchmark |
| Prime enrollees FY2020 | 69         | Value is not significantly different than benchmark |

**Table A.4. High rating of specialty care**

| Group                  | Percentage | Significance  |
|------------------------|------------|---|
| Benchmark FY2020       | 81         | NA  |
| Prime enrollees FY2018 | 78         | Value is not significantly different than benchmark |
| Prime enrollees FY2019 | 73         | Value is not significantly different than benchmark |
| Prime enrollees FY2020 | 75         | Value is not significantly different than benchmark |

**Table A.5. High rating of access composites**

| Composite            | Group                  | Percentage | Significance  |
|----------------------|------------------------|------------|---|
| Getting needed care  | Benchmark FY2020       | 85         | NA  |
| Getting needed care  | Prime enrollees FY2018 | 75         | Significantly lower than benchmark ( $p < .05$ )    |
| Getting needed care  | Prime enrollees FY2019 | 72         | Significantly lower than benchmark ( $p < .05$ )    |
| Getting needed care  | Prime enrollees FY2020 | 53         | Significantly lower than benchmark ( $p < .05$ )    |
| Getting care quickly | Benchmark FY2020       | 83         | NA  |
| Getting care quickly | Prime enrollees FY2018 | 74         | Value is not significantly different than benchmark |
| Getting care quickly | Prime enrollees FY2019 | 69         | Significantly lower than benchmark ( $p < .05$ )    |
| Getting care quickly | Prime enrollees FY2020 | 67         | Significantly lower than benchmark ( $p < .05$ )    |

**Table A.6. High rating of doctor communication**

| Group                  | Percentage | Significance  |
|------------------------|------------|---|
| Benchmark FY2020       | 95         | NA  |
| Prime enrollees FY2018 | 89         | Value is not significantly different than benchmark |
| Prime enrollees FY2019 | 87         | Value is not significantly different than benchmark |
| Prime enrollees FY2020 | 77         | Value is not significantly different than benchmark |

**Table A.7. Preventive care**

| Type of Care                     | Group                  | Percentage | Significance  |
|----------------------------------|------------------------|------------|---|
| Mammography                      | Benchmark FY2020       | 81         | NA  |
| Mammography                      | Prime enrollees FY2018 | -          | NA  |
| Mammography                      | Prime enrollees FY2019 | -          | NA  |
| Mammography                      | Prime enrollees FY2020 | -          | NA  |
| Pap smear                        | Benchmark FY2020       | 93         | NA  |
| Pap smear                        | Prime enrollees FY2018 | 78         | Significantly lower than benchmark (p < .05)        |
| Pap smear                        | Prime enrollees FY2019 | 75         | Value is not significantly different than benchmark |
| Pap smear                        | Prime enrollees FY2020 | 79         | Value is not significantly different than benchmark |
| Hypertension                     | Benchmark FY2020       | 95         | NA  |
| Hypertension                     | Prime enrollees FY2018 | 92         | Value is not significantly different than benchmark |
| Hypertension                     | Prime enrollees FY2019 | 87         | Value is not significantly different than benchmark |
| Hypertension                     | Prime enrollees FY2020 | 91         | Value is not significantly different than benchmark |
| Prenatal care (in 1st trimester) | Benchmark FY2020       | 85         | NA  |
| Prenatal care (in 1st trimester) | Prime enrollees FY2018 | -          | NA  |
| Prenatal care (in 1st trimester) | Prime enrollees FY2019 | -          | NA  |
| Prenatal care (in 1st trimester) | Prime enrollees FY2020 | -          | NA  |
| Percent not obese                | Benchmark FY2020       | 69         | NA  |
| Percent not obese                | Prime enrollees FY2018 | 74         | Value is not significantly different than benchmark |
| Percent not obese                | Prime enrollees FY2019 | 67         | Value is not significantly different than benchmark |
| Percent not obese                | Prime enrollees FY2020 | 70         | Value is not significantly different than benchmark |
| Non-smokers (adults)             | Benchmark FY2020       | 88         | NA  |
| Non-smokers (adults)             | Prime enrollees FY2018 | 89         | Value is not significantly different than benchmark |
| Non-smokers (adults)             | Prime enrollees FY2019 | 92         | Value is not significantly different than benchmark |
| Non-smokers (adults)             | Prime enrollees FY2020 | 94         | Value is not significantly different than benchmark |
| Counseled to quit (adults)       | Benchmark FY2020       | 76         | NA  |
| Counseled to quit (adults)       | Prime enrollees FY2018 | -          | NA  |
| Counseled to quit (adults)       | Prime enrollees FY2019 | -          | NA  |
| Counseled to quit (adults)       | Prime enrollees FY2020 | -          | NA  |