

TABLE 2. Numbers and Rates of Uterine Fibroids by Demographics and Military Characteristics Among Active Component Female Service Members, 2011–2022

Characteristic	No. of Cases	IR ^a (95% CI)	IRR (95% CI)
Total	16,046	63.5 (62.5, 64.5)	---
Age group			
<25	1,000	9.6 (9.0, 10.1)	Ref
25-29	2,329	36.2 (34.7, 37.7)	3.8 (3.5, 4.1)
30-34	3,429	85.2 (82.3, 88.0)	8.9 (8.3, 9.6)
35-39	4,301	169.3 (164.3, 174.4)	17.7 (16.5, 19.0)
40+	4,987	276.6 (268.9, 284.2)	29.0 (27.1, 31.0)
Race and ethnicity			
White, non-Hispanic	3,648	32.3 (31.3, 33.4)	Ref
Black, non-Hispanic	8,974	150.5 (147.3, 153.6)	4.7 (4.5, 4.8)
Hispanic	1,727	38.9 (37.1, 40.7)	1.2 (1.1, 1.3)
Other	1,697	47.4 (45.1, 49.6)	1.5 (1.4, 1.6)
Service			
Army	6,986	85.0 (83.0, 87.0)	4.1 (3.7, 4.5)
Navy	3,471	48.4 (46.8, 50.1)	2.3 (2.1, 2.6)
Air Force	4,785	64.3 (62.5, 66.2)	3.1 (2.8, 3.4)
Marine Corps	373	20.8 (18.7, 22.9)	Ref
Coast Guard	431	65.4 (59.3, 71.6)	3.1 (2.7, 3.6)

Abbreviations: No., number; IR, incidence rate; CI, confidence interval; IRR, incidence rate ratio.

^aper 10,000 person-years