

## OFFICE OF THE UNDER SECRETARY OF DEFENSE

4000 DEFENSE PENTAGON WASHINGTON, D.C. 20301-4000

APR 1 1 2025

The Honorable Mike D. Rogers Chairman Committee on Armed Services U.S. House of Representatives Washington, DC 20515

Dear Mr. Chairman:

The Department's response to House Report 118–529, page 190, accompanying H.R. 8070, the Servicemember Quality of Life Improvement and National Defense Authorization Act for Fiscal Year 2025, "Department of Defense Coordination with State Regulatory Programs for Marijuana," is enclosed.

Thank you for your continued strong support for the health and well-being of our Service members.

Sincerely,

Jules W. Hurst III

Performing the Duties of the Under Secretary of Defense for Personnel and Readiness

Enclosure: As stated

cc: The Honorable Adam Smith Ranking Member

# Report to the Committee on Armed Services of the House of Representatives



# Department of Defense Coordination with State Regulatory Programs for Marijuana

**April 2025** 

### **PURPOSE**

This report is in response to House Report 118–529, page 190, accompanying H.R. 8070, the Servicemember Quality of Life Improvement and National Defense Authorization Act (NDAA) for Fiscal Year (FY) 2025, which requests that the Secretary of Defense provide a report to the House Committee on Armed Services (HASC) that includes the extent to which the Department of Defense (DoD) is coordinating with states that have regulatory programs for marijuana and incorporating related findings and data collected by state-approved marijuana regulatory programs.

The HASC notes that, to date, 38 States have implemented state regulatory programs for marijuana and therefore retain a level of knowledge and lessons learned regarding regulations and trends among producers, products, and consumer habits. The HASC believes that the DoD program established under section 723 of the NDAA for FY 2024 (Public Law 118–31) to study the effectiveness of psychedelic substances and plant-based therapies, including marijuana, in treating posttraumatic stress disorder (PTSD) and traumatic brain injury (TBI) should incorporate findings and data collected by state-approved marijuana regulatory programs.

### **BACKGROUND**

Psychedelic-assisted therapies have emerged as potentially efficacious interventions for psychological health conditions, including PTSD (Mitchell et al., 2021) and depression (Raison et al., 2023). Psychedelic therapies for the treatment of TBI in the civilian population are in their initial stages. Emerging evidence shows potential benefits of psychedelic therapies for treating and managing associated symptoms of TBI (Ly et al., 2018; Mithoefer et al., 2016; Palhano-Fontes et al., 2019). The Food and Drug Administration (FDA) has not approved psychedelic-assisted therapies for PTSD or TBI, and research requires an Investigational New Drug application. Findings from preliminary research based mostly on select civilian populations suggest that controlled clinical environments can allow for safe administration of psychedelic-assisted therapies with few adverse effects (Wolfgang & Hoge, 2023a). However, the DoD must consider operational and implementation considerations for using mind-altering compounds in active duty Service members. The impact of psychedelics and plant-based alternative therapies on future operational functioning may be particularly important for Service members who may deploy.

Research on marijuana, a plant-based alternative therapy, generally provides insufficient or mixed evidence supporting its use in the treatment of psychological health conditions (Black et al., 2019), including for the treatment of PTSD (Rodas et al., 2024). Cannabis use is also associated with psychiatric morbidity and psychological consequences (Wolfgang & Hoge, 2023b).

Historically, restrictions at the Federal and state levels and drug scheduling at the Federal level have limited research on psychedelic-assisted therapies and marijuana. Currently, the psychedelic therapies 3,4-Methylenedioxymethamphetamine (MDMA) and psilocybin are Schedule I drugs (U.S. Drug Enforcement Administration, 2018), as is marijuana.

For years, work at the State level facilitated research using psychedelic-assisted and plant-based therapies in a challenging regulatory climate. Programs supported by State funding include California's Center for Medicinal Cannabis Research and Colorado's Marijuana Health Effects Grant Program. New York, Pennsylvania, Florida, Oregon, and Washington State have established similar programs (Cooper et al., 2021).

Recent regulatory and legislative easements considerably reduced historical barriers to research involving psychedelic-assisted therapies and marijuana. Key examples include "breakthrough therapy" designations issued by the FDA for psilocybin and MDMA (Heal et al., 2023) and legislation passed by Congress and enacted into law addressing barriers to scientific research on marijuana (Medical Marijuana and Cannabidiol Research Expansion Act, 2022).

## **FINDINGS**

## Department of Defense Psychedelic Research Clinical Trial Award

In FY 2024, Congress appropriated \$10 million in funding to support DoD-wide psychedelic medical clinical trials. DoD is using this funding to evaluate treatments for PTSD and/or TBI involving the use of covered psychedelic substances which include: 3, 4-Methylenedioxy-methamphetamine (commonly known as MDMA); psilocybin; ibogaine; 5-Methoxy-N,N-dimethyltryptamine; and plant-based alternative therapies. The following institutions have been recommended for funding and awards are under negotiation: Henry M. Jackson Foundation/Walter Reed National Military Medical Center and the University of Texas Health Science Center at San Antonio.<sup>1, 2</sup>

## Coordination with State Regulatory Programs for Marijuana

Currently, the DoD has not coordinated with state regulatory programs for marijuana to incorporate findings and data on regulations and trends among producers, products, and consumer habits as related to the DoD funding opportunity noted above.

### **CONCLUSION**

The DoD has established a clinical trial award mechanism to support DoD-wide psychedelic clinical trials, scheduled to begin funding studies in FY 2025. Currently, the DoD has not coordinated with state regulatory programs for marijuana. The DoD remains informed by the Centers for Disease Control and Prevention's (CDC) public health activities, including efforts to monitor trends, track state and Federal policies, and advance research (CDC, 2020).

т

<sup>&</sup>lt;sup>1</sup> The list of Psychedelic Treatment Research Clinical Trial applications recommended for funding is for informational purposes only. Identification on the list of applications recommended for funding is not intended to either confer a right to funding nor does it guarantee funding. The award of Federal funds to support any of these applications is contingent upon successful negotiations and applicable federal policy. https://cdmrp.health.mil/dmrdp/awards/24ptrct.

<sup>&</sup>lt;sup>2</sup> Congressionally Directed Medical Research Programs (CDMRP) Fiscal Year 2024 (FY24) Defense Medical Research and Development Program (DMRDP). Description of Review Procedures. https://cdmrp.health.mil/dmrdp/pdfs/HT94254DMRDPPTRCTA\_Information% 20Paper\_Final.pdf.

The Department anticipates these DoD-funded research studies will provide data on the effectiveness of these interventions in military and veteran populations and their potential impact to operational readiness. Results of these studies will help inform DoD's decision on the use of psychedelic treatments in active duty Service members.

### REFERENCES

- Black, N., Stockings, E., Campbell, G., Tran, L. T., Zagic, D., Hall, W. D., Farrell, M., & Degenhardt, L. (2019). Cannabinoids for the treatment of mental disorders and symptoms of mental disorders: a systematic review and meta-analysis. *The Lancet Psychiatry*, 6(12), 995–1010. https://doi.org/10.1016/S2215-0366(19)30401-8
- Centers for Disease Control and Prevention. (2020). Cannabis and Public Health: A CDC plan to monitor and address use of and exposure to cannabis and associated health and social effects. U.S. Department of Health and Human Services. https://www.cdc.gov/cannabis/media/pdfs/2024/05/Cannabis-Strategic-Plan\_FINALVersion.pdf
- Cooper, Z. D., Abrams, D. I., Gust, S., Salicrup, A., & Throckmorton, D. C. (2021). Challenges for clinical cannabis and cannabinoid research in the United States. *Journal of the National Cancer Institute Monographs*, 2021(58), 114–122. https://doi.org/10.1093/jncimonographs/lgab009
- Drug Enforcement Administration. (2018). *Drug scheduling*. U.S. Department of Justice. Retrieved October 24, 2024, from https://www.dea.gov/drug-information/drug-scheduling
- Heal, D. J., Smith, S.L., Belouin, S.J., & Henningfield, J.E. (2023). Psychedelics: Threshold of a Therapeutic Revolution. *Neuropharmacology*, 236, 109610. https://doi.org/10.1016/j.neuropharm.2023.109610
- Ly, C., Greb, A.C., Cameron, L. P., Wong, J. M., Barragan, E. V., Wilson, P. C., Burbach, K.F., Soltanzadeh Zarandi, S., Sood, A., Paddy, M. R., Duim, W. C., Dennis, M. Y., McAllister, A. K., Ori-McKenney, K. M., Gray, J. A., & Olson, D. E. (2018).
  Psychedelics Promote Structural and Functional Neural Plasticity. *Cell Reports*, 23(11), 3170–3182. https://doi.org/10.1016/j.celrep.2018.05.022.
- Mitchell, J. M., Bogenschutz, M., Lilienstein, A., *et al.* (2021). MDMA-assisted therapy for severe PTSD: a randomized, double-blind, placebo-controlled phase 3 study. *Nature Medicine*, 27(6), 1025–1033. https://doi.org/10.1038/s41591-021-01336-3
- Mithoefer, M.C., Grob, C.S., & Brewerton, T.D. (2016). Novel psychopharmacological therapies for psychiatric disorders: psilocybin and MDMA. *The Lancet Psychiatry*, *3*(5), 481–488. https://doi.org/10.1016/S2215-0366(15)00576-3
- Palhano-Fontes, F., Barreto, D., Onias, H., Andrade, K. C., Novaes, M. M., Pessoa, J. A., Mota-Rolim, S. A., Osório, F. L., Sanches, R., Dos Santos, R. G., Tófoli, L. F., de Oliveira Silveira, G., Yonamine, M., Riba, J., Santos, F. R., Silva-Junior, A. A., Alchieri, J. C., Galvão-Coelho, N. L., Lobão-Soares, B., Hallak, J.E.C., Arcoverde, E. Maia-Oilveira, J.P., Araújo, D. B. (2019). Rapid antidepressant effects of the psychedelic ayahuasca in

- treatment-resistant depression: A randomized placebo-controlled trial. *Psychological Medicine*, 49(4), 655–663. https://doi.org/10.1017/S0033291718001356
- Raison, C. L., Sanacora, G., Woolley, J., Heinzerling, K., Dunlop, B. W., Brown, R. T., Kakar, R., Hassman, M., Trivedi, R. P., Robison, R., Gukasyan, N., Nayak, S. M., Hu, X., O'Donnell, K. C., Kelmendi, B., Sloshower, J., Penn, A. D., Bradley, E., Kelly, D. F., ... Griffiths, R. R. (2023). Single-dose Psilocybin Treatment for Major Depressive Disorder: A Randomized Clinical Trial. *Journal of the American Medical Association*, *330*(9), 843–853. https://doi.org/10.1001/jama.2023.14530
- Rodas, J. D., George, T. P., & Hassan, A. N. (2024). A Systematic Review of the Clinical Effects of Cannabis and Cannabinoids in Posttraumatic Stress Disorder Symptoms and Symptom Clusters. *The Journal of Clinical Psychiatry*, 85(1), 23r14862. https://doi.org/10.4088/JCP.23r14862
- Medical Marijuana and Cannabidiol Research Expansion Act, Pub. L. No. 117–215 (2022). https://www.congress.gov/117/plaws/publ215/PLAW-117publ215.pdf
- National Defense Authorization Act for Fiscal Year 2024. Section 723: Program of the Department of Defense to study treatment of certain conditions using certain psychedelic substances., Pub. L. No. 118–31, (2023). https://www.congress.gov/118/plaws/publ31/PLAW-118publ31.pdf
- Wolfgang, A. S., & Hoge, C. W. (2023a). Psychedelic-Assisted Therapy in Military and Veterans Healthcare Systems: Clinical, Legal, and Implementation Considerations. *Current Psychiatry Reports*, 25(10), 513–532. https://doi.org/10.1007/s11920-023-01446-4
- Wolfgang, A. S., & Hoge, C. W. (2023b). Cannabis and Cannabinoids for Pain and Posttraumatic Stress Disorder in Military Personnel and Veterans. *JAMA Psychiatry*, 80(9), 869–870. https://doi.org/10.1001/jamapsychiatry.2023.1685