

TABLE. Active Duty Service Women Baseline Characteristics, Health-related Quality of Life Factors, and Follow-up Readiness Outcomes

| Population Total | | 13,785 | |
|------------------------------------------------------|--|--------|------|
| Demographic and Military Characteristics at Baseline | | No. | % |
| Age group, y | | | |
| 17–24 | | 4,912 | 35.6 |
| 25–34 | | 6,526 | 47.3 |
| 35+ | | 2,347 | 17.0 |
| Race and ethnicity | | | |
| White, non-Hispanic | | 8,672 | 62.9 |
| Black, non-Hispanic | | 2,747 | 19.9 |
| Hispanic | | 1,069 | 7.8 |
| Asian or Pacific Islander | | 837 | 6.1 |
| Multi-racial | | 249 | 1.8 |
| American Indian or Alaska Native | | 210 | 1.5 |
| Missing | | 1 | 0 |
| Marital status | | | |
| Single | | 5,269 | 38.2 |
| Married | | 6,357 | 46.1 |
| Other | | 2,158 | 15.7 |
| Missing | | 1 | 0 |
| Service branch | | | |
| Army | | 4,713 | 34.2 |
| Navy | | 2,675 | 19.4 |
| Marine Corps | | 406 | 2.9 |
| Air Force | | 5,604 | 40.7 |
| Coast Guard | | 387 | 2.8 |
| Rank | | | |
| Enlisted | | 10,225 | 74.2 |
| Officer | | 3,560 | 25.8 |
| Enrollment panel | | | |
| Panel 1 | | 5,079 | 36.8 |
| Panel 2 | | 2,751 | 20.0 |
| Panel 3 | | 3,235 | 23.5 |
| Panel 4 | | 2,720 | 19.7 |
| HRQOL at baseline | | | |
| Mental HRQOL | | | |
| Lowest 15% (<40.2) | | 2,046 | 14.8 |
| Middle 70% (40.2–57.9) | | 9,553 | 69.3 |
| Highest 15% (>57.9) | | 2,047 | 14.8 |
| Missing | | 139 | 1.0 |
| Physical HRQOL | | | |
| Lowest 15% (<47.3) | | 2,056 | 14.9 |
| Middle 70% (47.3–58.0) | | 9,592 | 69.6 |
| Highest 15% (>58.0) | | 2,052 | 14.9 |
| Missing | | 85 | 0.6 |
| Readiness outcomes at follow-up | | | |
| Annual lost work days | | | |
| ≤5 days | | 9,119 | 66.2 |
| >6 days | | 4,181 | 30.3 |
| Missing | | 485 | 3.5 |
| Obesity status | | | |
| Non-obese | | 11,982 | 86.9 |
| Obese | | 1,164 | 8.4 |
| Missing | | 639 | 4.6 |

Abbreviations: No., number; y, years; HRQOL, health-related quality of life.