


TABLE 2. Numbers and Percentages of the Most Frequent Diagnoses During Ambulatory Visits Among Men , by ICD-10 Major Diagnostic Category, Active Component, U.S. Armed Forces, 2024

Diagnostic Category (ICD-10 codes)	No.	% ^a	Diagnostic Category (ICD-10 codes)	No.	% ^a
Infectious and parasitic diseases (A00–B99)	139,390		Digestive system (K00–K95)	249,155	
Viral infection, unspecified	23,121	16.6	Gastroesophageal reflux disease without esophagitis	32,509	13.0
Viral wart, unspecified	8,825	6.3	Non-infective gastroenteritis, colitis, unspecified	25,322	10.2
Tinea unguium	8,411	6.0	Melena	10,585	4.2
Viral intestinal infection, unspecified	8,198	5.9	Constipation	10,179	4.1
Plantar wart	6,835	4.9	Hemorrhage of anus and rectum	9,037	3.6
Neoplasms (C00–D49)	103,508		Genitourinary system (N00–N99)	131,311	
Neoplasm of uncertain behavior of skin	10,423	10.1	Other specified disorders of male genital organs	26,062	19.8
Melanocytic nevi, unspecified	7,367	7.1	Male erectile dysfunction, unspecified	15,795	12.0
Melanocytic nevi of trunk	4,132	4.0	Calculus of kidney	8,862	6.7
Benign lipomatous neoplasm, unspecified	3,832	3.7	Hypertrophy of breast	6,394	4.9
Malignant neoplasm of testis, unspecified whether descended or undescended	3,313	3.2	Male infertility, unspecified	5,208	4.0
Endocrine, nutritional, metabolic diseases (E00–E89)	141,812		Skin and subcutaneous tissue (L00–L99)	319,032	
Obesity, unspecified	19,474	13.7	Pseudofolliculitis barbae	46,211	14.5
Hyperlipidemia, unspecified	17,090	12.1	Acne vulgaris	24,635	7.7
Testicular hypofunction	14,072	9.9	Dermatitis, unspecified	21,560	6.8
Vitamin D deficiency, unspecified	13,354	9.4	Ingrowing nail	17,487	5.5
Type 2 diabetes mellitus without complications	11,147	7.9	Pilonidal cyst and sinus without abscess	9,979	3.1
Hematological and immune disorders (D50–D89)	26,681		Musculoskeletal system, connective tissue (M00–M99)	3,999,023	
Anemia, unspecified	5,122	19.2	Pain in joint	1,688,914	42.2
Other specified disorders of white blood cells	2,945	11.0	Low back pain	592,419	14.8
Sickle cell trait	2,440	9.1	Pain in limb, hand, foot, fingers, toes	319,851	8.0
Iron deficiency anemia, unspecified	2,405	9.0	Cervicalgia	184,082	4.6
Glucose-6-phosphate dehydrogenase (G6PD)	1,691	6.3	Dorsalgia, unspecified	104,525	2.6
Mental disorders (F01–F99)	1,880,354		Congenital anomalies (Q00–Q99)	20,955	
Adjustment disorder	354,778	18.9	Other specified congenital malformations of skin	2,650	12.6
Alcohol dependence	242,595	12.9	Congenital <i>pes planus</i>	2,516	12.0
Post-traumatic stress disorder (PTSD)	240,217	12.8	Congenital <i>pes cavus</i>	1,624	7.7
Anxiety disorder, unspecified	130,854	7.0	Other congenital deformities of feet	989	4.7
Generalized anxiety disorder	115,299	6.1	Atrial septal defect	903	4.3
Nervous system and sensory organ disorders (G00–G99, H00–H95)	1,496,485		Symptoms, signs, abnormal clinical and laboratory findings, not elsewhere classified (R00–R99)	1,049,838	
Sleep apnea	659,207	44.1	Other symptoms and signs involving emotional state	74,864	7.1
Myopia	113,240	7.6	Headache, unspecified	56,031	5.3
Chronic pain, not elsewhere classified	61,735	4.1	Chest pain, unspecified	51,606	4.9
Insomnia	44,903	3.0	Other abnormalities of breathing	39,718	3.8
Astigmatism	40,782	2.7	Unspecified abdominal pain	38,734	3.7
Circulatory system (I00–I99)	140,343		Injury, poisoning (S00–T98, DOD0101–DOD0105)	701,386	
Essential (primary) hypertension	65,148	46.4	Sprain of ankle	41,361	5.9
Scrotal varices	4,490	3.2	Concussion	27,000	3.8
Atherosclerotic heart disease of native coronary artery	3,377	2.4	Sprain of shoulder joint	25,685	3.7
Pulmonary embolism without acute cor pulmonale	2,920	2.1	Sprain of cruciate ligament of knee	25,065	3.6
Acute embolism, thrombosis of deep veins of lower extremity	2,881	2.1	Unspecified injury of ankle, foot	18,085	2.6
Respiratory system (J00–J99)	473,115		Other (Z00–Z99, except pregnancy-related)^b	2,658,328	
Acute upper respiratory infection, unspecified	130,351	27.6	Encounter for other specified special examination	214,061	8.1
Acute pharyngitis, unspecified	45,874	9.7	Encounter for administrative examinations, unspecified	207,888	7.8
Allergic rhinitis due to pollen	35,517	7.5	Encounter for immunization	192,791	7.3
Allergic rhinitis, unspecified	24,264	5.1	Encounter for issue of medical certificate	181,653	6.8
Pneumonia, unspecified organism	23,712	5.0	Encounter for other administrative examination	142,319	5.4

Abbreviations: ICD, International Classification of Diseases, 10th Revision; No., number; G6PD, glucose-6-phosphate dehydrogenase.

^a Percentage of the total number of hospitalizations within the diagnostic category.

^b Other factors influencing health status and contact with health services (excluding pregnancy-related).