


TABLE 3. Numbers and Percentages of the Most Frequent Diagnoses During Ambulatory Visits Among Women , by ICD-10 Major Diagnostic Category, Active Component, U.S. Armed Forces, 2024

Diagnostic Category (ICD-10 codes)	No.	% ^a	Diagnostic Category (ICD-10 codes)	No.	% ^a
Infectious and parasitic diseases (A00–B99)	50,925		Digestive system (K00–K95)	77,164	
Viral infection, unspecified	9,377	18.4	Constipation	11,880	15.4
Candidiasis of vulva and vagina	5,093	10.0	Non-infective gastroenteritis and colitis, unspecified	8,700	11.3
Viral intestinal infection, unspecified	2,791	5.5	Gastroesophageal reflux disease without esophagitis	8,193	10.6
Other viral agents as the cause of disease classified elsewhere	2,683	5.3	Unspecified hemorrhoids	2,541	3.3
Tinea unguium	1,919	3.8	Melena	2,271	2.9
Neoplasms (C00–D49)	42,902		Genitourinary system (N00–N99)	223,009	
Leiomyoma of uterus, unspecified	5,567	13.0	Acute vaginitis	17,376	7.8
Malignant neoplasm of breast of unspecified site	3,631	8.5	Stress incontinence, female/male	17,255	7.7
Neoplasm of uncertain behavior of skin	3,079	7.2	Urinary tract infection, site not specified	16,538	7.4
Melanocytic nevi, unspecified	2,625	6.1	Abnormal uterine and vaginal bleeding, unspecified	15,477	6.9
Benign neoplasm of pituitary gland	1,432	3.3	Other specified non-inflammatory disorders of vagina	14,624	6.6
Endocrine, nutritional, metabolic diseases (E00–E89)	71,603		Pregnancy and childbirth (O00–O99, relevant Z codes)	400,117	
Obesity, unspecified	13,890	19.4	Encounter for care and examination of lactating mother	57,402	14.3
Vitamin D deficiency, unspecified	7,996	11.2	Pregnant state, incidental	32,117	8.0
Polycystic ovarian syndrome	7,116	9.9	Encounter for supervision of normal first pregnancy	18,316	4.6
Hypothyroidism, unspecified	5,791	8.1	Encounter for supervision of other normal pregnancy	17,383	4.3
Overweight	4,102	5.7	Other specified pregnancy-related conditions	15,244	3.8
Hematological and immune disorders (D50–D89)	22,577		Skin and subcutaneous tissue (L00–L99)	113,206	
Iron deficiency anemia, unspecified	6,476	28.7	Acne vulgaris	19,533	17.3
Anemia, unspecified	6,312	28.0	Dermatitis, unspecified	8,699	7.7
Sickle cell trait	1,225	5.4	Urticaria, unspecified	3,897	3.4
Iron deficiency anemia secondary to blood loss (chronic)	1,139	5.0	Non-scarring hair loss, unspecified	3,562	3.1
Other specified disorders of white blood cells	1,103	4.9	Ingrowing nail	3,320	2.9
Mental disorders (F01–F99)	857,601		Musculoskeletal system and connective tissue (M00–M99)	1,294,128	
Adjustment disorder	176,933	20.6	Pain in joint	537,864	41.6
Post-traumatic stress disorder (PTSD)	129,684	15.1	Low back pain	182,116	14.1
Generalized anxiety disorder	83,008	9.7	Pain in limb, hand, foot, fingers, toes	107,462	8.3
Anxiety disorder, unspecified	72,758	8.5	Cervicalgia	70,329	5.4
Major depressive disorder, recurrent/moderate	49,304	5.7	Dorsalgia, unspecified	35,506	2.7
Nervous system and sensory organ disorders (G00–G99, H00–H95)	347,318		Symptoms, signs, abnormal clinical and laboratory findings, not elsewhere classified (R00–R99)	438,046	
Sleep apnea	59,172	17.0	Pelvic , perineal pain	30,466	7.0
Myopia	41,002	11.8	Headache, unspecified	27,539	6.3
Chronic pain, not elsewhere classified	21,840	6.3	Unspecified abdominal pain	25,013	5.7
Migraine, unspecified	19,925	5.7	Other symptoms and signs involving emotional state	24,597	5.6
Insomnia	13,558	3.9	Chest pain, unspecified	14,445	3.3
Circulatory system (I00–I99)	30,043		Injury, poisoning (S00–T98, DOD0101–DOD0105)	164,724	
Essential (primary) hypertension	10,776	35.9	Sprain of ankle	13,372	8.1
Supraventricular tachycardia	1,164	3.9	Concussion	7,464	4.5
Varicose veins of lower extremities with other complications	1,103	3.7	Sprain of cruciate ligament of knee	5,661	3.4
Venous insufficiency (chronic) (peripheral)	892	3.0	Unspecified injury of ankle, foot	4,641	2.8
Raynaud's syndrome	810	2.7	Injury of muscle, fascia, tendon of abdomen, lower back, pelvis	3,767	2.3
Respiratory system (J00–J99)	179,628		Other (Z00–Z99, except pregnancy-related)^b	942,172	
Acute upper respiratory infection, unspecified	51,783	28.8	Encounter for administrative examinations, unspecified	59,790	6.3
Acute pharyngitis, unspecified	20,994	11.7	Encounter for immunization	49,780	5.3
Allergic rhinitis due to pollen	13,582	7.6	Encounter for other specified special examinations	46,775	5.0
Allergic rhinitis, unspecified	9,943	5.5	Encounter for issue of medical certificate	46,351	4.9
Acute nasopharyngitis [common cold]	8,022	4.5	Other specified counseling	43,523	4.6

Abbreviations: ICD, International Classification of Diseases, 10th Revision; No., number.
^a Percentage of the total number of hospitalizations within the diagnostic category.
^b Other factors influencing health status and contact with health services (excluding pregnancy-related).