

TABLE 2. Incident Cases of Exertional Hyponatremia by Location of Diagnosis or Report (with at least 7 cases during period of surveillance), Active Component, U.S. Armed Forces, 2021–2025

Location of Diagnosis	No.	% Total
Fort Benning, GA	48	7.88
MCRD Parris Island, SC	27	4.43
NMC San Diego, CA	27	4.43
NMC Portsmouth, VA	22	3.61
Camp Lejeune, NC	17	2.79
Fort Bragg, NC	15	2.46
Walter Reed NMMC, MD	15	2.46
Camp Pendleton, CA	13	2.13
Fort Carson, CO	12	1.97
Fort Hood, TX	11	1.81
JB San Antonio, TX	11	1.81
Fort Shafter, HI	10	1.64
Fort Belvoir, VA	9	1.48
Fort Campbell, KY	9	1.48
JB Lewis-McChord, WA	9	1.48
Camp Foster	8	1.31
Fort Bliss, TX	8	1.31
NAS Jacksonville, FL	7	1.15
Other Locations	331	54.4
Total	609	100.0

Abbreviations: No., number; MCRD, Marine Corps Recruit Depot; JB San Antonio, Joint Base San Antonio; NMC, Naval Medical Center; NMMC, National Military Medical Center; NH, Naval Hospital.

Note: Referral centers include Walter Reed NMMC, NMC San Diego, and NMC Portsmouth.