

TABLE (cont). Health Care Burdens Attributable to Various Diseases and Injuries, Active Component, U.S. Armed Forces, 2025

Major Category Condition ^a	Medical Encounters ^b		Individuals Affected ^c		Hospital Bed Days	
	No.	Rank ^d	No.	Rank ^d	No.	Rank ^d
Nutritional disorders	98,728				284	
Overweight, obesity	74,906	32	33,428	34	21	123
All other nutritional disorders	23,624	58	18,552	53	31	117
Protein-energy malnutrition	198	152	106	144	232	77
Blood disorders	41,609				1,191	
All other blood disorders	11,811	82	5,634	81	648	53
Other non-deficiency anemias	11,750	84	6,815	74	349	66
Iron deficiency anemia	11,726	85	5,255	86	161	89
Hereditary anemias	5,696	107	4,705	90	18	129
Other deficiency anemias	626	142	393	133	15	133
Oral conditions	37,567				1,095	
All other oral conditions	34,415	48	25,497	41	1,086	39
Dental caries	2,344	124	2,247	107	0	154
Periodontal disease	808	138	755	122	9	139
Congenital anomalies	26,536				978	
All other congenital anomalies	21,796	61	13,927	61	680	52
Congenital heart disease	2,965	120	1,314	114	179	86
Other circulatory anomalies	1,775	127	711	124	119	95
Diabetes	19,929				885	
Diabetes mellitus	19,929	65	5,040	87	885	45
Conditions arising during perinatal period ^e	3,409				184	
All other perinatal anomalies	1,478	130	1,068	117	134	92
Low birth weight	1,132	134	345	135	8	140
Birth asphyxia, birth trauma	799	139	359	134	42	112

Abbreviations: No., number; STDs, sexually transmitted diseases; COVID-19, coronavirus 2019; UTI, urinary tract infection.

^a Burden of disease major categories and burden of disease-related conditions based on modified version of those defined in Global Burden of Disease Study.^{2,3}

^b Medical encounters include total hospitalizations and ambulatory visits for the condition (with no more than 1 encounter per individual per day per condition).

^c Individuals with at least 1 hospitalization or ambulatory visit for the condition.

^d Rank based on number of encounters, individuals affected or hospital bed days in respective columns within listing of 157 burden-related disease conditions. For medical encounters, 1 pair of tied values (n=5,696) given same ranking (107); for individuals affected, 1 pair of tied values (n=51) given same ranking (148); for hospital bed days, 5 pairs of tied values (n=27, n=21, n=14, n=3, n=2) given same ranking (119, 123, 135, 148 and 151); 7 pairs of tied values (n=20, n=18, n=17, n=15, n=8, n=6, n=4) given same ranking (127, 129, 131, 133, 140, 143, 146); 4 conditions ranked 154 (0).

^e Conditions affecting newborns erroneously coded on service member medical records.