

TABLE 2. Numbers and Percentages of the Most Frequent Diagnoses During Ambulatory Visits by Men, by ICD-10 Major Diagnostic Category, Active Component, U.S. Armed Forces, 2025

Diagnostic Category (ICD-10 codes)	No.	% ^a	Diagnostic Category (ICD-10 codes)	No.	% ^a
Infectious and parasitic diseases (A00–B99)	123,883		Digestive system diseases (K00–K95)	232,545	
Viral infection, unspecified	18,591	15.0	Gastro-esophageal reflux disease without esophagitis	27,544	11.8
Viral intestinal infection, unspecified	8,888	7.2	Non-infective gastroenteritis and colitis, unspecified	24,461	10.5
Tinea unguium	7,646	6.2	Constipation	9,356	4.0
Viral wart, unspecified	7,042	5.7	Melena	9,291	4.0
Plantar wart	6,445	5.2	Hemorrhage of anus and rectum	8,931	3.8
Neoplasms (C00–D49)	94,854		Genitourinary system diseases (N00–N99)	119,358	
Neoplasm of uncertain behavior of skin	11,051	11.7	Other specified disorders of male genital organs	23,675	19.8
Melanocytic nevi, unspecified	5,922	6.2	Male erectile dysfunction, unspecified	12,727	10.7
Melanocytic nevi of trunk	3,788	4.0	Calculus of kidney	7,873	6.6
Malignant neoplasm of testis, unspecified whether descended or undescended	3,082	3.2	Hypertrophy of breast	5,706	4.8
Benign lipomatous neoplasm, unspecified	2,656	2.8	Male infertility, unspecified	5,264	4.4
Endocrine, nutrition, metabolic diseases (E00–E89)	149,755		Skin, subcutaneous tissue diseases (L00–L99)	318,479	
Obesity, unspecified	25,593	17.1	Pseudofolliculitis barbae	61,813	19.4
Hyperlipidemia, unspecified	16,024	10.7	Acne vulgaris	22,719	7.1
Testicular hypofunction	15,545	10.4	Dermatitis, unspecified	19,514	6.1
Vitamin D deficiency, unspecified	11,456	7.6	Ingrowing nail	16,238	5.1
Type 2 diabetes mellitus without complications	10,032	6.7	Pilonidal cyst and sinus without abscess	8,885	2.8
Blood, immune diseases (D50–D89)	24,393		Musculoskeletal system diseases (M00–M99)	3,528,775	
Anemia, unspecified	4,786	19.6	Pain in joint	1,558,680	44.2
Iron deficiency anemia, unspecified	2,511	10.3	Low back pain	528,782	15.0
Other specified disorders of white blood cells	2,484	10.2	Pain in limb, hand, foot, fingers and toes	289,694	8.2
Sickle cell trait	1,955	8.0	Cervicalgia	153,758	4.4
Secondary polycythemia	1,164	4.8	Radiculopathy	74,249	2.1
Mental health disorders (F01–F99)	1,817,807		Congenital abnormalities (Q00–Q99)	19,373	
Adjustment disorders	337,750	18.6	Congenital pes planus	3,210	16.6
Alcohol dependence	245,281	13.5	Other specified congenital malformations of skin	2,147	11.1
Post-traumatic stress disorder (PTSD)	224,576	12.4	Congenital pes cavus	1,494	7.7
Anxiety disorder, unspecified	123,999	6.8	Atrial septal defect	841	4.3
Generalized anxiety disorder	123,849	6.8	Other congenital deformities of feet	807	4.2
Nervous system, sensory organ diseases (G00–G99, H00–H95)	1,391,087		Symptoms, signs, ill-defined conditions (R00–R99)	954,657	
Sleep apnea	639,484	46.0	Other symptoms and signs involving emotional state	66,653	7.0
Myopia	104,453	7.5	Headache, unspecified	52,391	5.5
Chronic pain, not elsewhere classified	59,567	4.3	Chest pain, unspecified	48,888	5.1
Insomnia	38,992	2.8	Other symptoms and signs involving cognitive functions and awareness	34,957	3.7
Astigmatism	38,413	2.8	Other abnormalities of breathing	33,606	3.5
Circulatory system diseases (I00–I99)	131,791		Injury, poisoning (S00–T98, D0D0101–D0D0105)	621,595	
Essential (primary) hypertension	59,231	44.9	Sprain of ankle	34,642	5.6
Scrotal varices	4,317	3.3	Concussion	27,760	4.5
Atherosclerotic heart disease of native coronary artery	3,453	2.6	Sprain of shoulder joint	23,407	3.8
Pulmonary embolism without acute cor pulmonale	2,668	2.0	Sprain of cruciate ligament of knee	21,132	3.4
Acute embolism and thrombosis of deep veins of lower extremity	2,636	2.0	Tear of meniscus, current injury	15,177	2.4
Respiratory system diseases (J00–J99)	426,020		Other (Z00–Z99, except pregnancy-related)^b	2,599,628	
Acute upper respiratory infection, unspecified	122,060	28.7	Encounter for issue of medical certificate	293,594	11.3
Acute pharyngitis, unspecified	40,621	9.5	Encounter for other specified special examinations	259,943	10.0
Allergic rhinitis due to pollen	32,812	7.7	Encounter for administrative examinations, unspecified	194,776	7.5
Allergic rhinitis, unspecified	19,819	4.7	Encounter for other administrative examinations	177,961	6.8
Pneumonia, unspecified organism	16,402	3.9	Encounter for examination of ears and hearing	138,292	5.3
			COVID-19 (ICD-10: U07.1, U09.9)	8,245	
			COVID-19	7,982	96.8
			Post-COVID-19 condition, unspecified	263	3.2

Abbreviations: ICD, International Classification of Diseases, 10th Revision; No., number; PTSD, post-traumatic stress disorder; COVID-19, coronavirus disease 2019.
^a Percentage of total number of hospitalizations within diagnostic category.
^b Other factors influencing health status and contact with health services (excluding pregnancy-related).