

TABLE 3. Numbers and Percentages of the Most Frequent Diagnoses During Ambulatory Visits by Women, by ICD-10 Major Diagnostic Category, Active Component, U.S. Armed Forces, 2025

Diagnostic Category (ICD-10 codes)	No.	% ^a	Diagnostic Category (ICD-10 codes)	No.	% ^a
Infectious, parasitic diseases (A00–B99)	45,590		Digestive system diseases (K00–K95)	71,704	
Viral infection, unspecified	7,931	17.4	Constipation	10,438	14.6
Candidiasis of vulva and vagina	5,001	11.0	Noninfective gastroenteritis and colitis, unspecified	8,496	11.8
Viral intestinal infection, unspecified	3,025	6.6	Gastro-esophageal reflux disease without esophagitis	7,005	9.8
Tinea unguium	1,886	4.1	Hemorrhage of anus and rectum	2,287	3.2
Herpes viral infection, unspecified	1,702	3.7	Unspecified hemorrhoids	2,136	3.0
Neoplasms (C00–D49)	39,263		Genitourinary system diseases (N00–N99)	207,018	
Leiomyoma of uterus, unspecified	4,978	12.7	Acute vaginitis	17,059	8.2
Malignant neoplasm of breast of unspecified site	3,458	8.8	Urinary tract infection, site not specified	15,395	7.4
Neoplasm of uncertain behavior of skin	3,246	8.3	Abnormal uterine and vaginal bleeding, unspecified	15,189	7.3
Melanocytic nevi, unspecified	1,972	5.0	Other specified noninflammatory disorders of vagina	14,786	7.1
Benign neoplasm of pituitary gland	1,330	3.4	Stress incontinence, female, male	14,271	6.9
Endocrine, nutrition, metabolic diseases (E00–E89)	76,724		Pregnancy, childbirth (O00–O99, relevant Z codes)	380,708	
Obesity, unspecified	18,060	23.5	Encounter for care and examination of lactating mother	55,514	14.6
Polycystic ovarian syndrome	7,067	9.2	Pregnant state, incidental	28,418	7.5
Vitamin D deficiency, unspecified	6,568	8.6	Other specified pregnancy related conditions	17,332	4.6
Overweight	5,342	7.0	Encounter for supervision of normal first pregnancy	17,255	4.5
Hypothyroidism, unspecified	4,994	6.5	Encounter for supervision of other normal pregnancy	15,880	4.2
Blood, immune diseases (D50–D89)	20,654		Skin, subcutaneous tissue diseases (L00–L99)	109,533	
Iron deficiency anemia, unspecified	6,649	32.2	Acne vulgaris	19,503	17.8
Anemia, unspecified	5,538	26.8	Dermatitis, unspecified	7,823	7.1
Iron deficiency anemia secondary to blood loss, chronic	1,299	6.3	Urticaria, unspecified	3,475	3.2
Sickle cell trait	952	4.6	Nonscarring hair loss, unspecified	3,452	3.2
Other specified disorders of white blood cells	893	4.3	Ingrowing nail	3,169	2.9
Mental health disorders (F01–F99)	812,344		Musculoskeletal system diseases (M00–M99)	1,160,243	
Adjustment disorders	170,452	21.0	Pain in joint	514,694	44.4
Post-traumatic stress disorder (PTSD)	116,217	14.3	Low back pain	167,098	14.4
Generalized anxiety disorder	82,945	10.2	Pain in limb, hand, foot, fingers and toes	96,244	8.3
Anxiety disorder, unspecified	71,201	8.8	Cervicalgia	58,319	5.0
Major depressive disorder, recurrent, moderate	45,211	5.6	Dorsalgia, unspecified	25,093	2.2
Nervous system, sensory organ diseases (G00–G99, H00–H95)	323,858		Symptoms, signs, ill-defined conditions (R00–R99)	407,271	
Sleep apnea	59,644	18.4	Pelvic and perineal pain	28,484	7.0
Myopia	37,302	11.5	Headache, unspecified	26,004	6.4
Chronic pain, not elsewhere classified	20,818	6.4	Other symptoms and signs involving emotional state	24,271	6.0
Migraine, unspecified	17,597	5.4	Unspecified abdominal pain	17,824	4.4
Insomnia	12,145	3.8	Chest pain, unspecified	14,238	3.5
Circulatory system diseases (I00–I99)	27,465		Injury, poisoning (S00–T98, DOD0101–DOD0105)	145,528	
Essential (primary) hypertension	8,964	32.6	Sprain of ankle	10,377	7.1
Varicose veins of lower extremities with other complications	1,178	4.3	Concussion	7,290	5.0
Supraventricular tachycardia	1,072	3.9	Sprain of cruciate ligament of knee	5,593	3.8
Lymphedema, not elsewhere classified	922	3.4	Unspecified injury of ankle and foot	3,914	2.7
Venous insufficiency, chronic, peripheral	912	3.3	Injury of muscle, fascia and tendon of abdomen, lower back and pelvis	3,468	2.4
Respiratory system diseases (J00–J99)	163,140		Other (Z00–Z99, except pregnancy-related)^b	913,727	
Acute upper respiratory infection, unspecified	49,640	30.4	Encounter for issue of medical certificate	71,303	7.8
Acute pharyngitis, unspecified	18,924	11.6	Encounter for administrative examinations, unspecified	57,638	6.3
Allergic rhinitis due to pollen	11,775	7.2	Encounter for other specified special examinations	56,640	6.2
Allergic rhinitis, unspecified	8,524	5.2	Encounter for other administrative examinations	50,720	5.6
Other allergic rhinitis	7,023	4.3	Other specified counseling	45,290	5.0
Congenital abnormalities (ICD-10: Q00–Q99)	7,317		COVID-19 (ICD-10: U07.1, U09.9)	3,878	
Congenital pes planus	866	11.8	COVID-19	3,652	94.2
Other congenital deformities of hip	742	10.1	Post-COVID-19 condition, unspecified	226	5.8
Other specified congenital malformations of skin	677	9.3			
Congenital pes cavus	320	4.4			
Atrial septal defect	307	4.2			

Abbreviations: ICD, International Classification of Diseases, 10th Revision; No., number; COVID-19, coronavirus disease 2019.

^a Percentage of the total number of hospitalizations within diagnostic category.

^b Other factors influencing health status and contact with health services (excluding pregnancy-related).