

TABLE 2. Most Frequent ICD-10 Diagnostic Codes for In-Theater Medical Encounters by Sex, Active Component, U.S. Armed Forces, 2025

Total				Men				Women			
ICD-10 Code ^a	Code Description	No.	%	ICD-10 Code ^a	Code Description	No.	%	ICD-10 Code ^a	Code Description	No.	%
M5450	Low back pain, unspecified	8,900	5.2	M5450	Low back pain, unspecified	7,119	5.5	M5450	Low back pain, unspecified	1,781	4.2
Z029	Encounter for administrative examinations, unspecified	6,310	3.7	Z029	Encounter for administrative examinations, unspecified	4,731	3.7	Z029	Encounter for administrative examinations, unspecified	1,579	3.7
Z5682	Military deployment status	5,441	3.2	Z5682	Military deployment status	4,040	3.1	Z5682	Military deployment status	1,401	3.3
Z23	Encounter for immunization	4,049	2.4	Z23	Encounter for immunization	3,231	2.5	M25561	Pain in right knee	924	2.2
M25511	Pain in right shoulder	3,933	2.3	M25511	Pain in right shoulder	3,149	2.4	J069	Acute upper respiratory infection, unspecified	859	2.0
M25561	Pain in right knee	3,524	2.1	M25512	Pain in left shoulder	2,813	2.2	F4323	Adjustment disorder with mixed anxiety and depressed mood	845	2.0
M25512	Pain in left shoulder	3,314	1.9	Z9182	Personal history of military deployment	2,626	2.0	Z23	Encounter for immunization	818	1.9
M25562	Pain in left knee	3,312	1.9	M25561	Pain in right knee	2,600	2.0	M25511	Pain in right shoulder	784	1.8
Z0289	Encounter for other administrative examinations	3,299	1.9	M25562	Pain in left knee	2,580	2.0	Z0289	Encounter for other administrative examinations	771	1.8
J069	Acute upper respiratory infection, unspecified	3,196	1.9	Z0289	Encounter for other administrative examinations	2,528	2.0	M542	Cervicalgia	736	1.7
Z9182	Personal history of military deployment	3,105	1.8	J069	Acute upper respiratory infection, unspecified	2,337	1.8	M25562	Pain in left knee	732	1.7
M542	Cervicalgia	2,877	1.7	M542	Cervicalgia	2,141	1.7	Z733	Stress, not elsewhere classified	624	1.5
F4323	Adjustment disorder with mixed anxiety and depressed mood	2,320	1.3	Z760	Encounter for issue of repeat prescription	1,709	1.3	M25551	Pain in right hip	586	1.4
Z760	Encounter for issue of repeat prescription	2,138	1.2	M545	Low back pain	1,600	1.2	M25512	Pain in left shoulder	501	1.2
R197	Diarrhea, unspecified	1,972	1.1	R197	Diarrhea, unspecified	1,530	1.2	Z9182	Personal history of military deployment	479	1.1
M545	Low back pain	1,916	1.1	F4323	Adjustment disorder with mixed anxiety and depressed mood	1,475	1.1	R197	Diarrhea, unspecified	442	1.0
Z733	Stress, not elsewhere classified	1,598	0.9	L731	Pseudofolliculitis barbae	1,472	1.1	R519	Headache, unspecified	439	1.0
J00	Acute nasopharyngitis [common cold]	1,564	0.9	J00	Acute nasopharyngitis [common cold]	1,170	0.9	Z760	Encounter for issue of repeat prescription	429	1.0
M25571	Pain in right ankle and joints of right foot	1,529	0.9	M25571	Pain in right ankle and joints of right foot	1,123	0.9	M25552	Pain in left hip	421	1.0
M25551	Pain in right hip	1,496	0.9	M25572	Pain in left ankle and joints of left foot	1,048	0.8	M25571	Pain in right ankle and joints of right foot	406	1.0
L731	Pseudofolliculitis barbae	1,475	0.9	G4726	Circadian rhythm sleep disorder, shift work type	990	0.8	J00	Acute nasopharyngitis [common cold]	394	0.9
M25572	Pain in left ankle and joints of left foot	1,439	0.8	Z733	Stress, not elsewhere classified	974	0.8	M25572	Pain in left ankle and joints of left foot	391	0.9
R519	Headache, unspecified	1,371	0.8	R519	Headache, unspecified	932	0.7	Z7189	Other specified counseling	375	0.9
Z7189	Other specified counseling	1,229	0.7	M25551	Pain in right hip	910	0.7	F419	Anxiety disorder, unspecified	343	0.8
F4322	Adjustment disorder with anxiety	1,129	0.7	Z7189	Other specified counseling	854	0.7	F4322	Adjustment disorder with anxiety	338	0.8
G4726	Circadian rhythm sleep disorder, shift work type	1,121	0.7	M546	Pain in thoracic spine	834	0.6	M545	Low back pain	316	0.7
R21	Rash and other non-specific skin eruption	1,086	0.6	M549	Dorsalgia, unspecified	813	0.6	R109	Unspecified abdominal pain	307	0.7
M25552	Pain in left hip	1,084	0.6	R21	Rash and other non-specific skin eruption	794	0.6	R21	Rash and other non-specific skin eruption	292	0.7
M546	Pain in thoracic spine	1,081	0.6	F4322	Adjustment disorder with anxiety	791	0.6	N760	Acute vaginitis	264	0.6
M549	Dorsalgia, unspecified	1,026	0.6	G4729	Other circadian rhythm sleep disorder	777	0.6	M546	Pain in thoracic spine	247	0.6
F419	Anxiety disorder, unspecified	971	0.6	F5102	Adjustment insomnia	670	0.5	R300	Dysuria	246	0.6
G4729	Other circadian rhythm sleep disorder	937	0.5	M25552	Pain in left hip	663	0.5	F5102	Adjustment insomnia	235	0.6
F5102	Adjustment insomnia	905	0.5	M79672	Pain in left foot	649	0.5	M79671	Pain in right foot	232	0.5
M79672	Pain in left foot	861	0.5	F419	Anxiety disorder, unspecified	628	0.5	Z719	Counseling, unspecified	225	0.5
R109	Unspecified abdominal pain	813	0.5	M79671	Pain in right foot	570	0.4	J029	Acute pharyngitis, unspecified	218	0.5
M79671	Pain in right foot	802	0.5	Z0000	Encounter for general adult medical examination without abnormal findings	543	0.4	F4320	Adjustment disorder, unspecified	216	0.5
Z0000	Encounter for general adult medical examination without abnormal findings	739	0.4	I10	Essential (primary) hypertension	535	0.4	M549	Dorsalgia, unspecified	213	0.5
M5459	Other low back pain	717	0.4	M5459	Other low back pain	525	0.4	M79672	Pain in left foot	212	0.5
Z719	Counseling, unspecified	689	0.4	R109	Unspecified abdominal pain	506	0.4	F4321	Adjustment disorder with depressed mood	199	0.5
F4320	Adjustment disorder, unspecified	665	0.4	G4700	Insomnia, unspecified	505	0.4	Z0000	Encounter for general adult medical examination without abnormal findings	196	0.5

Abbreviations: ICD-10, International Classification of Diseases, 10th Revision; No., number; TMDS, Theater Medical Data Store.
^a Some ICD-9 codes still appear in TMDS. While medical encounters documented with ICD-9 codes were included in the overall analysis for major diagnostic category analysis, the summary of those codes are excluded from this table.