6P92-03 RCS: DD-HA(A) 1942



Health Care Survey of DoD Beneficiaries

October 2008





According to the Privacy Act of 1974 (Public Law 93-579), the Department of Defense is required to inform you of the purposes and use of this survey. Please read it carefully.

Authority: 10 U.S.C., Chapter 55; Section 706, Public Law 102-484; E.O. 9397.

Purpose: This survey helps health policy makers gauge beneficiary satisfaction with the current military health care system and provides valuable input from beneficiaries that will be used to improve the Military Health System.

Routine Uses: None

Disclosure: Voluntary. Failure to respond will not result in any penalty to the respondent. However, maximum participation is encouraged so that data will be as complete and representative as possible.

YOUR PRIVACY

Your participation in this survey effort is very important. Your responses are confidential and your participation is voluntary. The number on the back of this survey is ONLY used to let us know if you returned your survey so we don't have to send you reminders.

This is your opportunity to tell officials of your opinions and experiences with the current military health care system. It is also an opportunity to provide feedback and identify areas where improvements are needed.

The survey processing center removes all identifying information before sending the results to the Department of Defense.

Your information is grouped with others and no individual information is shared. Only group statistics will be compiled and reported. No information about you as an individual will be disclosed.

SURVEY INSTRUCTIONS

Answer <u>all</u> the questions by checking the box to the left of your answer. You are sometimes told to skip over some questions in this survey. When this happens you will see an arrow with a note that tells you what question to answer next, like this:

✓ Yes → Go to Question 42No

Please return the completed questionnaire in the enclosed postagepaid envelope within <u>seven days</u>. If the envelope is missing, please send to:

Office of the Assistant Secretary of Defense (Health Affairs) TMA/HPAE c/o Synovate Survey Processing Center PO Box 5030 Chicago, IL 60680-4138

SURVEY STARTS HERE

As an eligible TRICARE beneficiary, <u>please complete this survey</u> even if you did not receive your health care from a military facility.

Please recognize that some specific questions about TRICARE benefits may not apply to you, depending on your entitlement and particular TRICARE program.

This survey is about the health care of the person whose name appears on the cover letter. The questionnaire should be completed by that person. If you are not the addressee, please give this survey to that person.

1. Are you the person whose name appears on the cover					
	letter?		H09001		
	1 🔲 2 🔲	Yes → Go to Question 2 No → Please give this que person addressed on the cover			
2.	By whic covered	h of the following health plans a ?	re you currently		
	MARK A	ILL THAT APPLY.			
	Milita	ry Health Plans	09002A-H09002R		
		TRICARE Prime (including TRIC) and TRICARE Overseas)	ARE Prime Remote		
	С□	TRICARE Extra or Standard (CH TRICARE Plus	AMPUS)		
	○□	TRICARE for Life			
		TRICARE Supplemental Insurance TRICARE Reserve Select	ce		
	Other I	Health Plans			
	F □ G □ H □	Medicare Federal Employees Health Bene Medicaid	efit Program (FEHBP)		
	1 🗆	A civilian HMO (such as Kaiser) Other civilian health insurance (such as Blue Cross)		
	к□	Uniformed Services Family Hea	lth Plan (USFHP)		
	M □ R □	The Veterans Administration (Va Government health insurance from the US	•		
	ᄓ	Not sure			

J.	care in the last 12 months? H09003 See Note 1	personal doctor or nurse possible and 10 is the best personal doctor or nurse possible, what number would you
	MARK ONLY ONE ANSWER.	use to rate your personal doctor or nurse?
	1 ☐ TRICARE Prime 3 ☐ TRICARE Extra or Standard (CHAMPUS) 11 ☐ TRICARE Plus 12 ☐ TRICARE Reserve Select 4 ☐ Medicare (may include TRICARE for Life) 5 ☐ Federal Employees Health Benefit Program (FEHBP) 6 ☐ Medicaid 7 ☐ A civilian HMO (such as Kaiser) 8 ☐ Other civilian health insurance (such as Blue Cross) 9 ☐ Uniformed Services Family Health Plan (USFHP) 10 ☐ The Veterans Administration (VA) 13 ☐ Government health insurance from a country other than the US	0
	Not sure Did not use any health plan in the last 12 months → Go to Question 5	7. Did you have the same personal doctor or nurse <u>before</u> you joined this health plan? 1 □ Yes → Go to Question 9 2 □ No See Note 2_V3
	the remainder of this questionnaire, the term <u>health plan</u> refers the plan you indicated in Question 3. How many months or years in a row have you been in this	8. Since you joined your health plan, how much of a problem, any, was it to get a personal doctor or nurse you are happy with?
7.	health plan? H09004 Less than 6 months Gee Note 1 Less than 6 months 1	H09011A 1
	5 up to 10 years 6 up to 10 years 10 or more years	When you answer the next questions, <u>do not</u> include dental visits.
The	YOUR PERSONAL DOCTOR OR NURSE next questions ask about <u>your own</u> health care. <u>Do not</u> include	 Specialists are doctors like surgeons, heart doctors, allergy doctors, skin doctors, and others who specialize in one are of health care.
care	e you got when you stayed overnight in a hospital. <u>Do not</u> ude the times you went for dental care visits.	In the last 12 months, did you or a doctor think you needed to see a specialist? H09012A Yes
5.	A personal doctor or nurse is the health provider who knows you best. This can be a general doctor, a specialist doctor, a nurse practitioner, or a physician assistant. Do you have one person you think of as your personal doctor or nurse? 1 □ Yes 2 □ No → Go to Question 8 See Note 2_V3	See Note 3_V3 10. In the last 12 months, how much of a problem, if any, was it to see a specialist that you needed to see? 1 □ A big problem 2 □ A small problem 3 □ Not a problem -6 □ I didn't need a specialist in the last 12 months

11.	In the last 12 months, did you see a special			ast 12 months, did you have an illne	. , , , .
	1 □ Yes	H09014A		on that needed care right away in a ency room, or doctor's office?	clinic,
	2 □ No → Go to Question 13	See Note 4_V3	il □	Yes	H09018A
12.	We want to know your rating of the <u>special</u> <u>most often</u> in the last 12 months. Using <u>an</u> <u>0 to 10</u> , where 0 is the worst specialist post the best specialist possible, what number to rate the specialist?	y number from sible and 10 is	² □ In the la an illne	No Go to Question 19 ast 12 months, when you needed cass, injury, or condition, how often don as you wanted?	
	□ □ 0 Worst specialist possible		1 D	Nover	H09019A
	1	See Note 4_V3	1	Never Sometimes Usually Always I didn't need care right away for an icondition in the last 12 months	See Note 6_V3
	8 8 9 9 9 9 10		an illne	ast 12 months, when you <u>needed ca</u> ss, injury, or condition, how long di wait between trying to get care and der?	id you usually
	OALLING DOCTORS; OFFICES			Commendance	H09020A
	CALLING DOCTORS' OFFICES		1 🔲 2 🔲	Same day 1 day	See Note 6_V3
	In the last 12 months, did you call a doctor's during regular office hours to get help or advourself? 1 □ Yes 2 □ No → Go to Question 15 In the last 12 months, when you called during	H09016A See Note 5_V3 g regular office	3	2 days 3 days 4-7 days 8-14 days 15 days or longer I didn't need care right away for an incondition in the last 12 months	illness, injury or
	hours, how often did you get the help or advi 1 Never 2 Sometimes	ice you <u>needed</u> ? H09017A See Note 5_V3	doctor,	n provider could be a general doctor a nurse practitioner, a physician ass ne else you would see for health car	sistant, a nurse,
	3 ☐ Usually 4 ☐ Always -6 ☐ I didn't call for help or advice during r office hours in the last 12 months	regular	health o	ast 12 months, not counting the time care right away, did you make any <u>ap</u> r or other health provider for health o	ppointments with care?
	VOUR LEAL THE ARREST NATIONAL	IONE IO	1 🔲 2 🔲	Yes No → Go to Question 22	H09021A
	YOUR HEALTH CARE IN THE LAST 12 N	MONTHS		THE SECTION 22	See Note 7_V3
15.	In the last 12 months, where did you go most health care? MARK ONLY ONE ANSWER.	t often for your 20.	care rig	ast 12 months, not counting times yo ht away, how often did you get an ap care as soon as you wanted?	
	1		1 🔲	Never	H09022A
	 A military facility – This includes: Military hospital, PRIMUS clinic, NAV 		2 🗖	Sometimes	See Note 7_V3
	A civilian facility – This includes: Doc Clinic, Hospital, Civilian TRICARE co Uniformed Services Family Health Pl	ctor's office, ontractor	3	Usually Always I had no appointments in the last 12	e months
	(USFHP) 4 □ Veterans Affairs (VA) clinic or hospita 5 □ I went to none of the listed types of fa	al	;		

12 months

21.	In the last 12 months, not counting the times you needed health care right away, how many <u>days</u> did you usually have to wait between making an <u>appointment</u> and actually	27. In the last 12 months, how much of a problem, if any, were delays in health care while you waited for approval from your health plan?	<u></u>
	seeing a provider?	H09029A	
	1	1 ☐ A big problem	
	2	2 A small problem See Notes 8_V3 and 10_ 3 Not a problem	
	3 □ 2-3 days	-6□ I had no visits in the last 12 months	
	4 □ 4-7 days		
	5 8-14 days		
	6 ☐ 15-30 days 7 ☐ 31 days or longer	28. In the last 12 months, how often were you taken to the exa	ım
	-6□ I had no appointments in the last 12 months	room within 15 minutes of your appointment?	
	"	1 □ Never H09030A	١
22.	In the last 12 months, how many times did you go to an	2 ☐ Sometimes See Note 8	V3
	emergency room to get care for yourself?	3 Usually	
	1 □ None H09024A	4 ☐ Always	
	2 1	-6 ☐ I had no visits in the last 12 months	
	3 □ 2		
	4 🔲 3	29. In the last 12 months, how often did office staff at a doctor	'S
	5 4	office or clinic treat you with <u>courtesy and respect</u> ?	
	6	1 ☐ Never H09031A	$\overline{}$
	i von more	2 ☐ Sometimes See Note 8	\/3
23.	In the last 12 months (not counting times you went to an	3 Usually	
	emergency room), how many times did you go to a <u>doctor's</u>	4 □ Always	
	office or clinic to get care for yourself? H09025A	-6 ☐ I had no visits in the last 12 months	
	1 \(\text{None} \) \(\text{None} \) \(\text{Co to Ouestion 36} \)	30. In the last 12 months, how often were office staff at a	
	2	doctor's office or clinic as helpful as you thought they	
	3	should be?	
	4	1 ☐ Never H09032A	
	6 D 5 to 9	2 □ Sometimes See Note 8	\/3
	7	3 Usually	_
		4 □ Always	
24.		-6 ☐ I had no visits in the last 12 months	
	needed any care, tests, or treatment? H09026A	31. In the last 12 months, how often did doctors or other hea	alth
	1 ☐ Yes See Notes 8_V3 and 9_V3	providers listen carefully to you?	11(11
	2 □ No → Go to Question 26	1100000	
		i Nevel	
25.	In the last 12 months, how much of a problem, if any, was it to get the care, tests or treatment you or a doctor believed	2 ☐ Sometimes See Note 8_ 3 ☐ Usually	
	necessary?	4 🗆 Always	
	H09027A	-6 ☐ I had no visits in the last 12 months	
	1 ☐ A big problem 2 ☐ A small problem See Notes 8_V3 and 9_V3		
	3 Not a problem	32. In the last 12 months, how often did doctors or other healt	h
	-6☐ I had no visits in the last 12 months	providers explain things in a way you could understand?	••
		11000044	
26.	In the last 12 months, did you need approval from your	1 □ Never H09034A	
	health plan for any care, tests, or treatment?	See Note 8_ 3 Usually	_V3
	1 ☐ Yes H09028A See Notes 8_V3 and 10_V3	4 Always	
	2 □ No → Go to Question 28	-6 I had no visits in the last 12 months	

33.	In the last 12 months, how often did doctors or other health providers show <u>respect for what you had to say?</u>	39. Using any number from 0 to 10, where 0 is the worst treatment or counseling possible and 10 is the best					
	1 ☐ Never H09035A	treatment or counseling possible, what number would you use to rate your treatment or counseling in the last 12					
	I Nevel	months?					
	2 Sometimes See Note 8_V3 3 Usually	S09B04 See Note 10A1					
	,	0 □ 0 Worst treatment or counseling possible					
	4 ☐ Always -6 ☐ I had no visits in the last 12 months	0					
	1 Thad no visits in the last 12 months						
24	In the lest 12 months how often did dectors or other health	2					
34.	In the last 12 months, how often did doctors or other health	3 🗆 3					
	providers spend enough time with you?	4 4					
	H09036A	5 🗆 5					
	Nevel	6 🗆 6					
	2 Sometimes See Note 8_V3	7 🗆 7					
	3 Usually	8 🗆 8					
	4 ☐ Always	9 0 9					
	-6 ☐ I had no visits in the last 12 months	10 ☐ 10 Best treatment or counseling possible					
		-6 ☐ I had no treatment or counseling in the last 12 months					
35.	Using any number from 0 to 10, where 0 is the worst health						
	care possible and 10 is the best health care possible, what						
	number would you use to rate all your health care in the last	YOUR HEALTH PLAN					
	12 months?						
	1	The next questions ask about your experience with your health plan.					
	0 □ 0 Worst health care possible See Note 8_V3	By your health plan, we mean the health plan you marked in					
	1 0 1	Question 3.					
	2 🔲 2						
	3 □ 3						
	4 40. Claims are sent to a health plan for payment. Y						
	5 □ 5	in the claims yourself, or doctors, hospitals, or others may					
	6 □ 6	do this for you. In the last 12 months, did you or anyone					
	7 🗖 7	else send in any claims to your health plan?					
	8 🗆 8						
	9 🔲 9	H09039A See Note 11_V3					
	10 □ 10 Best health care possible	1 ☐ Yes					
	-6 ☐ I had no visits in the last 12 months	2 □ No → Go to Question 43					
	1 1 1	-5 □ Don't know → Go to Question 43					
36.	In general, how would you rate your overall mental or						
	emotional health now? S09B01	41. In the last 12 months, how often did your health plan handle					
		your claims in a reasonable time?					
	1 D Excellent	H09040A See Note 11_V3					
	² D Very good	i li Nevel					
	3 Good	2 ☐ Sometimes					
	4 ☐ Fair	3 ☐ Usually					
	5 ☐ Poor	4 Always					
		-5 □ Don't know					
37.	In the last 12 months, did you need any treatment or	-6 □ No claims were sent for me in the last 12 months					
	counseling for a personal or family problem?						
	S09B02	42. In the last 12 months, how often did your health plan					
	1 L Yes	handle your claims correctly?					
	2 ☐ No → Go to Question 40 See Note 10A1	H09041A See Note 11_V					
		1 Never					
38.	In the last 12 months, how much of a problem, if any, was it	2 ☐ Sometimes					
	to get the <u>treatment or counseling</u> you needed through your	3 ☐ Usually					
	health plan? S09B03	4 □ Always					
		-5 □ Don't know					
	A big problem See Note 10A1	-6 ☐ No claims were sent for me in the last 12 months					
	2 A small problem						
	3 ☐ Not a problem						

43.	In the last 12 months, did you look for any <u>information</u> about how your health plan works <u>in written material or on the Internet?</u>	49.	49. Using any number from 0 to 10, where 0 is the wors plan possible and 10 is the best health plan possib number would you use to rate your health plan?						
	H09042A See Note 12_V3					H09048A			
	1 ☐ Yes 2 ☐ No → <i>Go to Question 45</i>		0	0 1 2 3	Worst health plan possible	1103040/1			
44.	to find or understand this information?		4	4 5 6					
	1 ☐ A big problem 2 ☐ A small problem 3 ☐ Not a problem 1 didn't look for information from my health plan in the last 12 months		6	7 8 9 10	Best health plan possible				
					PREVENTIVE CARE				
45.	In the last 12 months, did you call your health plan's customer service to get information or help?								
	1 ☐ Yes 2 ☐ No → Go to Question 47	ma	intain you vsical or b	ur good i	nedical care you receive that is health or prevent a future med essure screening are example	lical problem. A			
46.	In the last 12 months, how much of a problem, if any, was it	50.	When o	did you	last have a blood pressure re	eading?			
	to get the help you needed when you called your health		3 🔲	Less	than 12 months ago	H09048			
	plan's customer service? H09045A See Note 13_V3		2 1	1 to 2	2 years ago than 2 years ago				
	2 A small problem	F4	! ! !		f your blood pressure is too I	-! L O			
	Not a problem I didn't call my health plan's customer service in the	51.	! !						
	last 12 months		1	No, it	it is too high : is not too high : know	H09049			
47.	In the last 12 months, did you have to fill out any paperwork	52.	 		last have a flu shot?				
	for your health plan? H09046A See Note 14_V3	02.	1 1 1	•		H09050			
	1 ☐ Yes 2 ☐ No → <i>Go to Question 49</i>		4	1-2 y More	than 12 months ago ears ago than 2 years ago r had a flu shot				
48.	In the last 12 months, how much of a problem, if any, did you	53.	! ! !		smoked at least 100 cigarett	es in vour entire			
	have with paperwork for your health plan?		life?	o o . o .	H09051	See Note 15_V3			
	1 ☐ A big problem H09047A See Note 14_V3		1 🗖	Yes	<u> </u>				
	2 ☐ A small problem 3 ☐ Not a problem		2 □ -5 □	No Don't	→ Go to Questionknow → Go to Question				
	-6 ☐ I didn't have any experiences with paperwork for my			Dont	NIOW - GO to Question	37			
	health plan in the last 12 months	54.	Do you	now sn	noke every day, some days o	or not at all?			
				F	udov Co to Overation 5	•			
			4 □ 3 □		y day → Go to Question 56 e days → Go to Question 56				
			2 🗖	Not a	at all 🔵 🕳 Go to Question 55	,			
			-5 🗖	Don't	know Go to Question 59				
		I			H09052	See Note 15_V3			

55.	How long has it been since you <u>quit smoking</u> cigarettes?	01.	cigarettes, such as cigars, pipes, bidis, kreteks, or any other
	3 ☐ Less than 12 months → Go to Question 56		tobacco product?
1	2 ☐ 12 months or more → Go to Question 59		Note: Bidis are small, brown, hand-rolled cigarettes from India
	-5 □ Don't know → Go to Question 59		and other southeast Asian countries. Kreteks are clove
	H09054A See Note 15_V3		cigarettes made in Indonesia that contain clove extract and tobacco.
56.	In the last 12 months, on how many visits were you advised		S09D03
	to quit smoking by a doctor or other health provider in your		1 Yes
!	plan? H09053 See Notes 15_V3 and 18		2 □ No -5 □ Don't know
į	1 None		5 Don't Milow
1	2 1 visit	62.	If you use tobacco products other than cigarettes, on how
	3 □ 2 to 4 visits		many visits in the last 12 months were you advised to quit
	4 D 5 to 9 visits		by a doctor or other health provider in your plan?
	5 ☐ 10 or more visits -6 ☐ I had no visits in the last 12 months		1 □ None S09D04
	That no visits in the last 12 months		2 1 visit
57.	On how many visits was medication recommended or		3 □ 2 to 4 visits
	discussed to assist you with quitting smoking (for example:		4 D 5 to 9 visits
	nicotine gum, patch, nasal spray, inhaler, prescription		5 10 or more visits -6 I had no visits in the last 12 months
	medication)? H09054 See Notes 15_V3 and 18		-7 Ido not use other tobacco products
	1 □ None		
	2 1 visit		
	3 D 2 to 4 visits	63.	Are you male or female? H09056 See Note 19A
	4 5 to 9 visits 5 10 or more visits		1 ☐ Male → Go to Question 70
	-6 I had no visits in the last 12 months		2 Female
58.	On how many visits did your doctor or health provider	64.	When did you last have a Pap smear test? H09057
	recommend or discuss methods and strategies (other than medication) to assist you with quitting smoking?		
			4
	1 ☐ None H09055 See Notes 15_V3 and 18 2 ☐ 1 visit		More than 3 but less than 5 years ago
	3		5 or more years ago Never had a Pap smear test
	4 □ 5 to 9 visits		Never had a r ap sinear test
	5 🔲 10 or more visits	65.	Are you under age 40?
	-6 ☐ I had no visits in the last 12 months		1 □ Yes → Go to Question 67 H09058
59	Have you ever used or tried any smokeless tobacco		lo D No
	products such as chewing tobacco or snuff?		See Notes 19A, 19B, and 20
	S09D01 See Note 18A1	66.	When was the last time your breasts were checked by
	1 ☐ Yes → Go to Question 60		mammography? H09059 See Notes 19A, 19B, and 20
	2 ☐ No → Go to Question 61 -5 ☐ Don't know → Go to Question 61		5 Within the last 12 months
	-3 DOIT KNOW - GO to Question of		4 1 to 2 years ago
60.	Do you currently use chewing tobacco or snuff every day,		3 ☐ More than 2 years ago but less than 5 years ago
	some days, or not at all?		2 ☐ 5 or more years ago 1 ☐ Never had a mammogram
	S09D02		Never had a manimogram
	1 ☐ Every day 2 ☐ Some days See Note 18A1	67.	Have you been pregnant in the last 12 months or are you
	3 Not at all		pregnant now? H09060 See Notes 19A, 19B, and 21
	-5 □ Don't know		
			 Yes, I am currently pregnant → Go to Question 68 No, I am not currently pregnant, but have been pregnant
			in the past 12 months → Go to Question 69
			No, I am not currently pregnant, and have not been
		•	

68	In what	trimester is vour nrec	mancy?		72	. How ta	II are you in feet a			shoes on	? Pleas	e give yo	ur
00.	iii wiiat	n what trimester is your pregnancy?			diswer in rect and menes.				H09069F, H09069I				
	1 🗖	First trimester (up to		r 1st day of last		Example:							
	1 1	period)				Height				Height			l
	2 🗖	Second trimester (1:				Feet	Ind	ches		Feet	In	ches	l
	3 🗖	Third trimester (28th	week until deli	very)		5	_	6	_		_		}
	 	H09061	See Notes	19A, 19B, and 21		□1		1 0		□1	[1 0	
69.	In which	n trimester did you fir	st receive prer	natal care?		□ 2] 1		2		1	
	1 1 1					□ 3		1 2		□ 3		1 2	l
	4 🗆	First trimester (up t	o 12 weeks aft	er 1st day of last		<u> 4</u>		3		<u> </u>		3	
	_	period)				☑ 5		14		□ 5		1 4	
	3 🗖	Second trimester (<u> </u>		1 5		<u> </u>	_	1 5	l
	2 🔲 1 🔲	Third trimester (28th Did not receive pre		livery)		1 7		1 6		1 7		1 6	l
	· •		nalai care] 7			_	⊒ 7 ⊒ 8	l
		H09062	See Notes	19A, 19B, and 21				1 9					
								1 10				<u>= </u>	l
		ABOUT	VOLL					1 11		□ 11			l
70.	In gener 5	ral, how would you ra Excellent Very good Good Fair Poor	te <u>your overal</u>	I health now? H09063	[Exa	ample: Weight			at your		9070	
	. .	1 001				1	6	0					
74								☑ 0					
/1.		limited in any way in ent or health problen		because of any		☑ 1	1	1		1	1	□ 1	
				H09064		2	2	□ 2		2	2	2	
	2 🗆	Yes No				3	3	3		3	3	3	
	1						4	□ 4			4	4	
							5	5			5	5	
							☑ 6	□ 6			1 6	□ 6	
							1 7	□ 7			1 7	1 7	
							□ 8	□8			□ 8	□ 8	
							□ 9	□9			□ 9	□ 9	l

74.	What is the highest grade or level of school that you have	80. Currently, are you covered by Medicare supplemental
	completed?	insurance? Medicare supplemental insurance, also called Medigap or MediSup, is usually obtained from private insurance
	1 ☐ 8th grade or less	companies and covers some of the costs not paid for by
	2 ☐ Some high school, but did not graduate	Medicare. H09074
	3 ☐ High school graduate or GED	
	4 ☐ Some college or 2-year degree 5 ☐ 4-year college graduate	1 Yes, I am now covered by Medicare supplemental insurance
	□ More than 4-year college degree	2 No, I am not covered by Medicare supplemental
		insurance
75.	Are you of Hispanic or Latino origin or descent?	
	H09071, H09071A-H09071E See Note 24	81. If you were free to choose between civilian and military
	(Mark "NO" if not Spanish/Hispanic/Latino.)	facilities for all of your health care, which would you prefer?
	A □ No, not Spanish, Hispanic, or Latino	Would you say
	Yes, Mexican, Mexican American, Chicano	S09N11
	c ☐ Yes, Puerto Rican	1 ☐ All care from military facilities 2 ☐ All care from civilian facilities
	□ Yes, Cuban	Some care from both military and civilian facilities
	E ☐ Yes, other Spanish, Hispanic, or Latino	4 ☐ Or, no preference
76.	What is your race?	•
	Made ONE OR MORE recents indicate what you consider	THANK YOU FOR TAKING THE TIME TO COMPLETE THE
	(Mark ONE OR MORE races to indicate what you consider yourself to be.)	SURVEY! Your generous contribution will greatly aid efforts to
	SRRACEA-SRRACEE	improve the health of our military community.
	A ☐ White	Return your survey in the postage-paid envelope. If the
	Black or African American	envelope is missing, please send to:
	C ☐ American Indian or Alaska Native D ☐ Asian (e.g., Asian Indian, Chinese, Filipino,	
	Japanese, Korean, Vietnamese)	Office of the Assistant Secretary of Defense (HA)
	E ☐ Native Hawaiian or other Pacific Islander	TMA/HPAE c/o Synovate Survey Processing Center
	(e.g., Samoan, Guamanian, or Chamorro)	PO Box 5030
77.	What is your age now?	Chicago, IL 60680-4138
	SBACE	
	18 10 24	
	2	
	4 □ 45 to 54	
	5 □ 55 to 64	
	6 65 to 74 7 75 or older	
	75 of older	
78.	Currently, are you covered by Medicare Part A? Medicare is	
	the federal health insurance program for people aged 65 or older	
	and for certain persons with disabilities. Medicare Part A helps	
	pay for inpatient hospital care. H09072	
	1 ☐ Yes, I am now covered by Medicare Part A	
	2 ☐ No, I am not covered by Medicare Part A	
70	Currently, are you covered by Medicare Part B? Medicare is	
17.	the federal health insurance program for people aged 65 or	
	older and for certain persons with disabilities. Medicare Part B	
	helps pay for doctor's services, outpatient hospital services, and	
	certain other services. H09073	
	Yes, I am now covered by Medicare Part B	
	2 D No Lam not covered by Medicare Part B	

Questions about the survey?

Email: survey-dodq2@synovate.net

Toll-free phone (in the US, Puerto Rico and Canada):

1-877-236-2390, available 24 hours a day

Toll-free fax (in the US and Canada): 1-800-409-7681

International Toll-Free numbers:

Germany: 0 800 182 1532 Great Britain: 008 234 7139 Japan: 0053 11 30 814 South Korea: 003 0813 1286 Mexico: 001 877 238 5171 Philippines: 1 800 1116 2366

When calling or writing, please provide your name, address, and the 8-digit number above your address on the envelope.

Questions about your TRICARE coverage?

For additional information on TRICARE, or if you are not sure about your benefits, or if you don't have a primary care manager; contact the TRICARE Service Center in your region:

North: 1-877-874-2273 South: 1-800-444-5445 West: 1-888-874-9378 Outside the US: 1-888-777-8343

The website is:

www.tricare.osd.mil/tricareservicecenters

Veterans: Contact the US Department of Veterans Affairs at

1-877-222-VETS; or go to www.va.gov