

# What is the Acute Concussion Care Pathway?

Traumatic Brain Injury Center of Excellence

PROVIDERS

The Acute Concussion Care Pathway is one of the DHA Director's [Quadruple Aim Performance Plan](#) projects. The intent is to equip providers with state-of-the-science tools to standardize concussion assessment and care across the MHS. It is supported by the [DHA Procedural Instruction 6490.04](#) which establishes the infrastructure to ensure patients achieve optimal concussion clinical outcomes.

## ACC Pathway

### QPP Aims

- Improved Readiness
- Better Health
- Better Care
- Lower Cost



### Potentially Concussive Event



Perform **MACE 2** and clinical assessment as close to the time of injury as possible\*



Concussion diagnosed?

Yes

- Initiate 24-hour SIQ/Quarters
- Document primary TBI diagnostic code, S06.ELSE

No

- Instruct follow-up with PCM as needed
- If deployed, initiate mandatory 24-hour SIQ/Quarters (per DODI 6490.11)



### Perform Initial Concussion Management



### Follow up 24–72 hours later!\*

- Initiate **Progressive Return to Activity**\*
- Review instructions for progression, provide the **Patient and Leadership Guide**, and enter chit/profile into patient's record.
- Track patient reported outcomes using the **Neurobehavioral Symptom Inventory**.

\*Specific components of the ACC Pathway that should be clearly documented in the EHR



**Why 24–72 hour follow-up?** Following up 24-hours after initial assessment is recommended to provide patient education, set recovery expectations, and review the PRA. Due to potential scheduling limitations, the DHA extended the follow-up window to 72 hours.

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